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REVIEW

Open Access

Health-related quality of life questionnaires in lung cancer trials: a systematic literature review

Kathrin Damm^{1*}, Nicole Roeske¹ and Christian Jacob²

Abstract

Background: Lung cancer is one of the leading causes of cancer deaths. Treatment goals are the relief of symptoms and the increase of overall survival. With the rising number of treatment alternatives, the need for comparable assessments of health-related quality of life (HRQoL) parameters grows. The aim of this paper was to identify and describe measurement instruments applied in lung cancer patients under drug therapy.

Methods: We conducted a systematic literature review at the beginning of 2011 using the electronic database Pubmed.

Results: A total of 43 studies were included in the review. About 17 different measurement instruments were identified, including 5 generic, 5 cancer-specific, 4 lung cancer-specific and 3 symptom-specific questionnaires. In 29 studies at least 2 instruments were used. In most cases these were cancer and lung cancer-specific ones. The most frequently used instruments are the EORTC QLQ-C30 and its lung cancer modules LC13 or LC17. Only 5 studies combined (lung) cancer-specific questionnaires with generic instruments.

Conclusions: The EORTC-C30 and EORTC-LC13 are the most frequently used health-related quality of life measurement instruments in pharmacological lung cancer trials.

Keywords: Lung cancer, Health-related quality of life, Questionnaires, Health economics, Utility measurement

Review

Introduction

Lung cancer is one of the most frequent cancers in Germany. With more than 47,000 new cases in 2006, lung cancer ranks third among malignant tumors; with a 5-year survival rate of about 15% [1]. Symptoms include cough, coughing up blood, shortness of breath, chronic lung inflammation, chest pain, weakness or loss of appetite. Due to a long term symptom-free course of the disease and non-specific complaints at first, lung cancer in contrast to other tumours is often diagnosed at an advanced stage. Therefore, treatment goals for these patients are symptom relief and an increased overall survival [2]. At the same time therapies that improve survival time are often accompanied by burdensome (toxic) side effects.

Because of the increasing number of therapy lines and treatment alternatives, the declining differences in clinical effectiveness and cost of drugs, the importance of consistent and comparable health-related quality of life (HRQoL)

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parameters grows - both for medical and health economic evaluation. Up to today, their inclusion in clinical lung cancer trials is generally neglected [2-4].

The questionnaire-based measurement of HRQoL has become standard. To assess the HRQoL in patients with lung cancer, about 50 different instruments are available that directly address to the patient or apply to the practitioner [4]. In general, criteria used to distinguish the various instruments are the aggregated or disaggregated scores, ordinal measures or cardinal scales and the disease specificity (see Table 1) [5].

In addition to former research by Liu et al. [3], who reviewed and summarized HRQoL measures in kidney cancer, hepatocellular carcinoma, and leukemia, the aim of this systematic literature review is to investigate which questionnaires are applied in lung cancer patients treated with drugs. Using this approach, we examine whether the variety of possible lung cancer measurement instruments is also reflected by research practice.

Methods

Research and documentation were carried out in accordance with the guideline PRISMA (Preferred Reporting Items for



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| Table | 1 | Classification | of | HRQoL-questionnaires | 5 |
|-------|---|----------------|----|----------------------|---|
|-------|---|----------------|----|----------------------|---|

| Classification of HRQoL-questionnaires | | | | | | | |
|-------------------------------------------------------|---------------------------------------------|--------------------------------------------|---------------------------------------------|--------------------------------------------|---------------------------------------------|--|--|
| Aggregation o | f results | Disease | specificity | Scaling | | | |
| Separate measurement of different dimensions of HRQoL | Aggregation to an index | Comparison within a group of patients | Comparison between patient groups | Determining a rank order | Determining relative distances | | |
| Particularly suitable for medical purposes | Particularly suitable for economic purposes | Particularly suitable for medical purposes | Particularly suitable for economic purposes | Particularly suitable for medical purposes | Particularly suitable for economic purposes | | |

Source: Based on Schöffski O (2007) [5].

Systematic Reviews and Meta-Analyses) [6]. We searched the database PubMed combining the following search terms: "Biological Therapy" (MeSH), "Chemicals and Drugs Category" (MeSH), "Drug Therapy" (MeSH), "Individualized Medicine" (MeSH), "Lung Neoplasms" (MeSH), "Outcome and Process Assessment (Health Care)" (MeSH Major Topic), "Quality of Life" (MeSH Major Topic), "Symptom Palliation" (Free text search, Major Topic). The quality of life associated key words were defined as major topic, to exclude articles that deal with the issue only as a secondary aspect. In addition, a manual search was carried out. In order to focus on current publications, the present review includes literature published in English and German language between 2001 and 2011. Titles, abstracts and full-texts of the identified studies were reviewed independently by three researchers. Exclusion criteria are documented in Figure 1. The identified studies were analyzed concerning the HRQoL results and used questionnaires.

Results

A total of 43 studies on the HRQoL measurement in lung cancer patients treated with drugs were identified (see Figure 1). The language restriction led only to small deviations from the overall number of identified studies.

Most of the identified literature presents results of phase III clinical trials (see Table 2). In 27 studies HRQoL is a primary endpoint. The majority of studies (n=38) includes patients with non-small cell lung cancer (NSCLC), mainly



Table 2 Identified literature overview

| Author (Year) Study, Phase tumor type stadium | | Treatment outline | HRQoL endpoints | QoL outcome | QoL instruments |
|--------------------------------------------------|---------------------------------------|--------------------------------------------------------------------------------------------------------------|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Agteresch HJ et al. (2002) [7] | Clinical trial NSCLC IIIB/IV | Adenosine 5'-Triphosphate (ATP) vs. non | secondary | No change in appetite and body comparison in the ATP group. Control group lost weight and appetite. | Rotterdam Symptom Checklist (RSCL) |
| Baka S et al. (2005) [8] | Clinical trial, II NSCLC IIIB/IV | Comparison of two different treatment schedules for Gemcitabine | primary | Significant improvement in performance from baseline, no sign. difference between treatment schedules. | Subset Scale from the EORTC QLQ-C30 and LC13, Karnofsky performance scale |
| Belani C et al. (2006) [9] | Clinical trial, III NSCLC IIIB/ IV | Comparison of two Docetaxel-platinum regimens with Vinorelbine/Cisplatin | primary | Patients treated with Docetaxel-containing regimen had better QoL and relieved symptoms. | LCSS, EQ-5D |
| Bezjak A et al. (2008) [10] | Clinical trial, III NSCLC IB/II | Adjuvant chemotherapy (Cisplatin and Vinorelbine vs. non) | secondary | After chemotherapy QoL returned to baseline by 9 months compared to 3 months in the control group. | EORTC QLQ-C30 |
| Bezjak A et al. (2006) [11] | Clinical trial, III NSCLC advanced | Erlotinib vs. placebo after prior chemotherapy | secondary | Sign. Improvement in physical and global QoL, dypnea, cough, pain, emotional functioning, deterioration in sore mouth and hairloss compared to baseline. | EORTC QLQ-C30,-LC13 |
| Bianco V et al. (2001) [12] | Clinical trial NSCLC IIIB/IV | Gemcitabine as single agent therapy in advanced NSCLC in elderly patients (>65) | primary | Improvement in QoL, reduction of symptoms. | Spitzer-Index, Instrumental Activities of Daily Living Scale (IADL), EORTC QLQ-C30,-LC13 |
| Booton R et al. (2006) [13] | Clinical trial, III NSCLC III/IV | Docetaxel/Carboplatin vs. Mitomycin C/Cisplatin/Vinblastine vs. Ifosfamide/Cisplatin | secondary | No superiority of one regimen. | Hospital Anxiety and Depression Scale (HADS), EORTC QLQ-C30,-LC13 |
| Bozcuk H et al. (2006) [14] | Clinical trial NSCLC IIIB/IV | Examining determinants of a QoL improvement with chemotherapy in patients with advanced NSCLC. | primary | Age, baseline QoL and chemotherapy administration influence the degree of change in QoL. | EORTC QLQ-C30 |
| Brown J et al. (2005) [15] | Clinical trial NSCLC IV | Supportive care with vs. without additional chemotherapy | primary | No sign. difference in QoL. | EORTC QLQ-C30,-LC17 |
| Cella D et al. (2005) [16] | Clinical trial, II NSCLC advanced | Comparison of two different treatment dosages Gefitinib in heavily pretreated patients | primary and secondary | QoL improvements were correlated with tumor response. | FACT-L |
| Chen ML. (2008) [17] | Clinical trial NSCLC IIIB/IV, SCLC | Examining the impact of sleep disturbance of lung cancer patients undergoing chemotherapy on their QoL | primary | Sign. impact on the cognitive function and functional status. | HADS, Pittsburgh Sleep Quality Index (PSQI), Brief Pain Inventory (BPI), EORTC QLQ-C30,-LC13 |
| Dancey J et al. (2004) [18] | Clinical trial, III NSCLC IIIB/ IV | Docetaxel second-line vs. Best Supportive Care (BSC) | secondary | A trend towards less deterioration in QoL compared to BSC | LCSS EORTC QLQ-C30,-LC13 |
| de Marinis F et al. (2008) [19] | Clinical trial, III NSCLC III/IV | Pemetrexed vs. Docetaxel | secondary | Positive response on chemotherapy correlates with symptom improvement. | LCSS |
| Gelibter A et al. (2005) [20] | "Compassionate-Use" NSCLC III/IV | Gefitinib | primary | Improvements in fatigue, insomnia, and pain, deterioration in sore mouth, chest-pain, diarrhea. | EORTC QLQ-C30,-LC13 |
| Gridelli C et al. (2003) [21] | Clinical trial, III NSCLC IIIB/ IV | Gemcitabine/Vinorelbine vs. Gemcitabine/ Cisplatin vs. Vinorelbine/Cisplatin | primary | Global QoL is not improved with Gemcitabine/Vinorelbine. | EORTC QLQ-C30,-LC13 |
| Grønberg BH et al. (2009) [22] | Clinical trial, III NSCLC IIIB/IV | First-line Pemetrexed/Carboplatin vs. Gemcitabine/Carboplatin | primary | Pemetrexed/Carboplatin provides similar HRQoL with less need for supportive care. | EORTC QLQ-C30,-LC13 |

Table 2 Identified literature overview (Continued)

| Helbekkmo N et al. (2009) [23] | Clinical trial, III NSCLC IIIB/IV | Carboplatin Chatelut AUC/Vinorelbine or Carboplatin/Gemcitabine in patients with a performance status (PS) 2 compared to patients with PS 0/1 | primary | PS 2 patients had a more profound improvement of global HRQoL. | EORTC QLQ-C30,-LC13 |
|------------------------------------------|---------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Hensing TA et al. (2003) [24] | Clinical trial, III NSCLC IIIB/IV | 4 cycles of Carboplatin/Paclitaxel or until disease progression in patients younger than age 70 compared to those aged 70 years and older | primary | No difference in QoL outcomes. | FACT-L |
| LeCaer H et al. (2005) [25] | Clinical trial, II NSCLC IIIB/IV | Docetaxel monotherapy in elderly patients | primary | QoL remained stable during treatment. | Spitzer-Index EORTC QLQ-C30,-LC13 |
| Leighl NB et al. (2005) [26] | Clinical trial, III NSCLC IIIB/ IV | Paclitaxel/Carboplatin with or without BMS-275291 | secondary | No detailed results presented. | EORTC QLQ-C30,-LC13 |
| Lilenbaum R et al. (2007) [27] | Clinical trial, II NSCLC IIIB/IV | Erlotinib vs. Paclitaxel/Carboplatin in patients with a performance status (PS) of 2 | secondary | No sign. differences. | EORTC QLQ-LC13 |
| Maione P et al. (2005) [28] | Clinical trial, III NSCLC IIIB/ IV | The prediction of pretreated QoL on the survival of elderly NSCLC patients treated with chemotherapy | primary | Pretreatments global QoL has a sign. prognostic value for survival of elderly patients with advanced NSCLC treated with chemotherapy. | EORTC QLQ-C30,-LC13 |
| McQuellon R P et al. (2002) [29] | Clinical trial, III NSCLC, SCLC | Megestrol Acetate vs. placebo in patients undergoing radiation therapy | primary | No sign. difference in overall QoL. | FACT-General, FACT-L |
| Mohan A et al. (2008) [30] | QoL-study NSCLC III/IV | Cisplatin/Etoposide | primary | Sign. improvement in cough, shortness of breath, pain but not in QoL. | WHOQOL-BREF, Hindi |
| Moinpour CM et al. (2002) [31] | Clinical trial, III NSCLC IIIB/ IV | Cisplatin/Vinorelbine vs. Carboplatin/Paclitaxel | secondary | No sign. difference in QoL. | FACT-L |
| Morita S et al. (2003) [32] | Clinical trial, III NSCLC IIIB/ IV | Cisplatin/Irinotecan vs. Cisplatin/Vindesine vs. Irinotecan | secondary | Clinical parameters have a sign. effect on QoL in patients undergoing chemotherapy. | QoL questionnaire for cancer patients treated with anti-cancer drugs (QOL-ACD) |
| Movsas B et al. (2005) [33] | Clinical trial NSCLC II/IIIA/B | Paclitaxel/Carboplatin with or without Amifostine | secondary | QoL was not sign. different between the arms. | EORTC QLQ-C30,-LC13 |
| Mu XL et al. (2004) [34] | "Compassionate-Use" NSCLC III/IV | Gefitinib | primary | Symptom relief and improvement in QoL. | EORTC QLQ-C30,-LC13 |
| Natale RB (2004) [35] | Clinical trial, II NSCLC advanced | Different treatment dosages Gefitinib | secondary | Improvements in symptoms and QoL. | FACT-L |
| O'Brian MER et al. (2006) [36] | Clinical trialSCLC | Best Supportive Care with or without Topotecan in patients with relapsed SCLC | secondary | Slower QoL deterioration and greater symptom control. | Patient self assessment similar to the LCSS, EQ-5D |
| Paccagnella A et al. (2004) [37] | Clinical trial, III NSCLC IIIB/ IV | Mitomycin/Vinblastine/Cisplatin vs. Mitomycin/Vinblastine/Carboplatin | primary | Spitzer's questionnaire showed an improved QoL index for Carboplatin. | Spitzer-Index, EORTC QLQ-C30,-LC13 |
| Pijls-Johannesma M et al. (2009) [38] | QoL-study NSCLC I – III, SCLC | Radiotherapy with or without chemotherapy | primary | Overall QoL increases back to baseline within 3 months. | EORTC QLQ-C30,-LC13 |
| Reck M et al. (2006) [39] | Clinical trial, III SCLC | Paclitaxel/Carboplatin/Etoposide phosphate vs. Carboplatin/Etoposide phosphate/Vincristine | primary | Paclitaxel-containing regimen sign. improved QoL parameters like global overall QoL. | EORTC QLQ-C30 |
| Sarna L et al. (2008) [40] | Clinical trial, III NSCLC II/III | Paclitaxel/Carboplatin with or without Amifostin | primary | QoL was not sign. different between the arms. | EORTC QLQ-C30,-LC13 |
| | Clinical trial, III NSCLC III | | primary | | EORTC QLQ-C30,-LC13 |

Table 2 Identified literature overview (Continued)

| Schumacher A et al. (2003) [41] | | Cisplatin/Etoposide followed by either surgery before radiotherapy or radio-chemotherapy before surgery | | On QoL no sign. effect was found in or between the two treatments. | |
|--------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------------|-----------------------------------------------------------|
| Sekine I et al. (2009) [42] | Clinical trial, III NSCLC IIIB/ IV | Gefitinib vs. Docetaxel | secondary | Gefitinib improved aspects of QoL over Docetaxel. | FACT-L |
| Sirisinha T et al. (2005) [43] | N/A NSCLC II-IV | Docetaxel after failure with platinum-based chemotherapy | secondary | No negative impact on overall QoL. | FACT-L |
| Thatcher N et al. (2005) [44] | Clinical trial SCLC | lfosfamide/Carboplatin/Etoposid/Vincristine vs. standard chemotherapy | primary | No sign. differences regarding QoL. | Rotterdam Symptom Checklist, HADS, EORTC QLQ-C30,-LC13 |
| Tian JH et al. (2010) [45] | Clinical trial NSCLC IIIB/IV | Chemotherapy vs. "Feiji Recipe" vs. Chemotherapy/"Feiji Recipe" | primary | "Feiji Recipe" alone or in combination might partially improve QoL. | EORTC QLQ-C30 |
| Vilmar A et al. (2010) [46] | Clinical trial, III NSCLC III/IV | Chemotherapy; Determination of biomarker ERCC1 | primary | QoL deteriorated sign. among survival-favourable ERCC1-neg. patients | EORTC QLQ-C30,-LC13 |
| von Plessen C et al. (2006) [47] | Clinical trial NSCLC IIIB/IV | Optimal duration of palliative Carboplatin with Vinorelbine treatment | primary | No sign. differences between the arms. | EORTC QLQ-C30,-LC13 |
| Wu WY et al. (2006) [48] | QoL-study NSCLC IIIB/IV | Gemcitabine/Cisplatin with or without Shenfu Injektion | primary | Shengfu Injektion could improve QoL in patients with Gemcitabine/Cisplatin treatment. | Functional Living Index-Cancer, EORTC QLQ-C30 |
| Zhang XT et al. (2005) [49] | "Compassionate-Use" NSCLC III/IV | Gefitinib | primary | Symptom relief and improvement in QoL. | EORTC QLQ-C30,-LC13 |

EORTC QLQ -C30 = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire-Core (30 Items); EORTC QLQ-LC13 = EORTC QLQ-Lung Cancer (13 Items); EQ-5D = EuroQol-5 Dimensions; FACT-G = Functional Assessment of Cancer Therapy-General; FACT-L = FACT-Lung; HADS = Hospital Anxiety and Depression Scale; LCSS = Lung Cancer Symptom Scale; NSCLC = Non-Small Cell Lung Cancer; QoL=Quality of Life, SCLC = Small Cell Lung Cancer; sign.= significant; WHOQOL = World Health Organization Quality of Life assessment instrument. in stages III/IV. Two studies include patients with small cell lung cancer (SCLC) in all stages. In three studies both NSCLC and SCLC patients entered. Mainly platinumbased drug combinations are trialed. Eight studies investigate EGFR inhibitors: 6 studies examine the effect of gefitinib, 2 the effect of erlotinib.

Identified health-related quality of life (HRQoL) questionnaires

Overall, 17 different measurement instruments were identified within the included studies (see Figure 2). Five of them are generic, such as the EQ-5D of the EuroQol group or the Spitzer Quality of Life Index. Another 5 instruments are cancer-specific, like the general quality of life questionnaires of the European Organization for Research and Treatment of Cancer (EORTC QLQ-C30) or the FACT-G (Functional Assessment of Cancer Therapy-General) questionnaire. Four instruments are lung cancer-specific, like the lung cancer modules of the EORTC and the FACT-L (Lung) questionnaire as well as the Lung Cancer Symptom Scale (LCSS). The remaining 3 questionnaires are symptom-specific, such as the Hospital Anxiety and Depression Scale (HADS) or the Brief Pain Index (BPI).

The most frequently used instrument is the EORTC QLQ-C30 (n = 29), a general questionnaire designed for (self- or interviewer administration) use in cancer patient populations [50]. This 30-item multi-dimensional questionnaire is available in over 60 languages and contains 4 domains (functional and symptom scales, global quality of life, and single items) requested by 4-point Likert or visual analogue scales. Its lung cancer specific module LC13 (13 additional items) is also used widely.

The FACT questionnaires are less frequently used (n = 8). Here, the FACT-G (General) contains 27 multi-dimensional items (physical, emotional, social and functional well-being) scored on 4-point scales [51], available in more than 50 languages. The lung cancer questionnaire (FACT-L) is a combination of the FACT-G and disease specific items (in total 37). Further information about the questionnaires as well as comparisons of possible instruments for lung cancer patients can e.g. be found on PROQOLID [52], and in Liu et al.[3], Camps et al.[4] or Damm et al. [53].



In 29 of our identified studies (67%) at least two instruments were used, mostly cancer and lung cancer-specific ones (see Table 2). In 23 studies (53%) the EORTC QLQ-C30 in conjunction with the LC13 module was used. Five studies combined disease-specific (cancer or lung cancer) questionnaires with generic instruments; two times the EQ-5D was applied.

Content-related results of the identified literature

Because of the different study populations and treatment regimes it is not possible to compare all the different studies in terms of HRQoL (see Table 2). However we tried to arrange some groups of HRQoL findings.

A majority of the included trials comparing various agent regimes shows no significant differences between treatment arms [13,15,21,29,31,41,44,47]. Another group of studies report cautious assumptions of HRQoL improvements [18,22,37]. Solely, Belani et al. and Reck et al. could show HRQoL-regarded superiority for paclitaxel or docetaxel containing regimes compared to vincristine or vinorelbine/cisplatin [9,39].

With regard to the EGFR inhibitors Gelibter et al.,

Mu et al., and Zhang et al. all demonstrated symptom relief and improvement in HRQoL by the compassionate use of gefitinib in highly advanced NSCLC patients [20,34,49]. Cella et al. and Natale et al. reported on HRQoL improvements after the administration of gefitinib, compared to baseline in heavily pretreated patients and the correlation of these improvements to the tumour response [16,35].

In terms of erlotinib, Lilenbaum et al. could not show significant improvements in progression-free survival, median survival, and HRQoL in comparison to standard chemotherapy [27]. Bezjak et al. showed significant improvements in HRQoL, if erlotinib was given as second line treatment after chemotherapy [11].

Three studies investigated the application of cytostatic agents in elderly patients. Bianco et al. showed improvements in HRQoL for gemcitabine as a single agent therapy [12], Hensing et al. demonstrated that the application of carboplatin/paclitaxel has no significantly different impact on HRQoL between younger (<70 years) and elderly patients [24]. LeCaer et al. showed stable HRQoL values during docetaxel monotherapy [25].

Movsas et al. and Sarna et al. reported no significant HRQoL differences between treatment regimes in combination with or without amifostine [33,40].

A last group of studies showed influences on HRQoL values, e.g. age and baseline quality of life (QoL) [Bozcuk et al.], the cognitive function [Chen], as well as clinical parameters Morita et al. [14,17,32].

Discussion

The present study continues the work of previous reviews like the one of Liu et al. for the indication of lung cancer [3].

HRQoL measurement obtains a twofold meaning in the field of lung cancer medication. This is due to the often severe (toxic) therapeutic side effects, but also because of the high demand for symptom palliation. However, the measurement of HRQoL in respective trials is still not consistent and barely comparable [2-4].

By far the most frequently used questionnaire is the EORTC QLQ-C30 in conjunction with the lung cancerspecific module LC13. In comparison, even other lung cancer specific instruments like the FACT-L and the lung cancer symptom scale (LCSS) are only used in relatively few studies [4]. The same applies to the generic instruments. Especially the EQ-5D, which is relevant for health economic evaluations, is rarely used. However, it turns out that, besides the dominant EORTC instruments, a broad portfolio of other questionnaires is applied in different varieties and combinations. This also includes highly sensitive symptom-specific questionnaires. The comparability of these study results thereby is restricted.

A comparison with further literature shows that our results are e.g. in line with Liu et al. and also with Salvo et al. [3,54]. The latter conducted a literature review, published in 2009, searching for quality of life measurement instruments in cancer patients receiving palliative radiotherapy for symptomatic lung cancer. The authors also concluded that EORTC QLQ-C30 was the most commonly used questionnaire (in 13 of 20 trials). Of those 13 studies, 8 also used the LC13 module. The FACT-L was used in only 2 of the included 20 trials. Salvo et al. furthermore considered that HRQoL was of low priority as an endpoint and that measures created for lung cancer patients were underused.

Montazeri et al. identified the EORTC QLQ-C30 and the EORTC QLQ-LC13 as the most sophisticated questionnaires, compared to 50 other instruments to measure the HRQoL in lung cancer patients [55]. This might be one reason for their common use. Another might be the specific symptoms of the lung cancer disease. Moreover, the disease-specific, ordinal scaled profile instruments allow a separate evaluation of therapeutic effects for various dimensions. However, for the comparing of costs and effectiveness in health economic evaluations, an index value is required.

Many of the identified questionnaires allow for the aggregation into one index value, but this is by simply summarising the dimension values. Thus, it is based on an arbitrary weighting of individual aspects of quality of life. Such a value is met with the criticism of being barely interpretable and informative. In addition, the ordinal scaling of the items is inadequate for the economic

evaluation of treatment alternatives. Here it is crucial, whether significant improvements in HRQoL can be achieved in the situation of relatively expensive therapy. The EQ-5D is the only identified questionnaire in this study that measures the quality of life in a cardinal index value and thus meets the requirements of cost-utility analyzes. However, as a generic instrument, the EQ-5D is limited by the disadvantage of a relatively low sensitivity in the measurement of small changes in quality of life. This is probably one reason for its relatively rare use in lung cancer studies.

Nevertheless, there are ways in which the identified questionnaires could be used in economic evaluations. One possibility is to transform the most widely used questionnaires EORTC QLQ-C30 and QLQ-LC13 into preference-based versions, similar to the development of the SF-36. This was already considered by the EORTC in the early 90s [50].

In what follows, we highlight some limitations with respect to our research strategy and the results of literature reviews in general. One major limitation of literature reviews is the publication bias. We only considered published full-text study results, no short reports, no conference presentations or study protocols. A comparison with the database clinicaltrials.gov might be a more complete research approach.

Furthermore the restriction of the publication time period might also be a limitation. However, we wanted to analyse the actual situation. In addition, the developments in the fields of HRQoL questionnaires could lead to problems of interpretation.

Our literature search was performed in the Pubmed database only. This is another limitation of our work. Nevertheless, we tried to limit this bias by conducting an additional manual search.

Conclusions

The cancer-specific EORTC QLQ-C30 with the lung cancer-specific LC13 module are the dominant instruments in HRQoL measurement in lung cancer studies. Besides these instruments, a broad spectrum of other questionnaires is used in different varieties and combinations. Only a small number of studies used generic instruments like the EQ-5D.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

KD and NR conducted the literature search. All authors reviewed the studies and wrote the manuscript. All authors read and approved the final manuscript.

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