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Online Appendix

Breastfeeding and Child Development

BY EMLA FITZSIMONS AND MARCOS VERA-HERNÁNDEZ

Appendix A: Measurements

Cognitive Development

The first cognitive test is the British Ability Scales (BAS), which is measured directly from the child at ages 3, 5 and 7 (MCS2,3,4). Six different BAS tests have been administered across the MCS sweep. The BAS Naming Vocabulary test is a verbal scale which assesses spoken vocabulary (MCS2,3). Children are shown a series of coloured pictures of objects one at a time which they are asked to name. The scale measures the children's expressive language ability. In the BAS Pattern Construction Test, the child constructs a design by putting together flat squares or solid cubes with black and yellow patterns on each side (MCS3,4). The child's score is based on both speed and accuracy in the task. The BAS Picture Similarity Test assesses pictorial reasoning (MCS3). The BAS Word Reading Test the child reads aloud a series of words presented on a card (MCS4).

The second measure of cognitive ability is the Bracken School Readiness Assessment. This is used to assess the conceptual development of young children across a wide range of categories, each in separate subtests (Bracken 2002). MCS2 employs six of the subtests which specifically evaluate: colours, letters, numbers/counting, sizes, comparisons, and shapes. The test result used is a composite score based on the total number of correct answers across all six subtests.

Non-Cognitive Development

The behavioural development of children is measured using the Strengths and Difficulties Questionnaire (SDQ). This is a validated behavioural screening tool which has been shown to compare well with other measures for identifying hyperactivity and attention problems (Goodman 1997). It consists of 25 items which generate scores for five subscales measuring: conduct problems; hyperactivity;

emotional symptoms; peer problems; and pro-social behaviour. The child's behaviour is reported by a parent, normally the mother, in the computer assisted self-completion module of the questionnaire. At age 4 an age appropriate adapted version of the SDQ was used and at ages 5 and 7 the 4 - 15 years version was used.

Health

Various dimensions of child health are reported by the mother. At the 9-month survey she is asked whether the child has suffered any of the following list of health problems that resulted in him/her being taken to the GP, Health Centre or Health visitor, or to Casualty, or that resulted in a phone call to NHS direct: chest infections, ear infections, wheezing/asthma, skin problems, persistent or severe vomiting, and/or persistent or severe diarrhoea.

At ages 3, 5 and 7, the mother is asked whether the child has any long-standing health condition, asthma (ever), eczema (ever), hay fever (ever) (note eczema and hay fever are pooled at age 3), wheezing/whistling in chest (ever). At age 3 we also observe whether the child has had recurring ear infections.

Maternal Behaviour/Parenting Activities

We measure three dimensions of maternal behaviour and investments. The first is the warmth of the relationship between the mother and child at three years from a self-reported instrument completed by mothers that assesses her perceptions of her relationship with her child (Pianta 1992).

The second is maternal mental health. At child age 9 months, it is measured from the Malaise Inventory (Rutter, Tizard, and Whitmore, 1970), a set of self-completion questions which combine to measure levels of psychological distress, or depression. It is a shortened version of the original 24-item scale that was developed from the Cornell Medical Index Questionnaire which comprises of 195 self-completion questions (Brodman et al. 1952; Brodman, Erdmann, and Wolff 1949). This self completion measure has been used widely in general population studies. In the MCS, the following 9 of the original 24 items of the Malaise Inventory were used: tired most of time; often miserable or depressed; often worried about things; easily upset or irritated; every little thing gets on your nerves and wears you out; often get into a

violent rage; suddenly scared for no good reason; constantly keyed up or jittery; heart often races like mad. Yes/No answers are permitted, making total score of 9. At ages 3, 5 and 7, the Kessler 6 scale was used (Kessler et al. 2003). Both main and partner respondents used a computerised self-completion form. The six questions ask how often in the past 30 days the respondent had felt i) 'so depressed that nothing could cheer you up' ii) 'hopeless' iii) 'restless or fidgety' iv) 'that everything you did was an effort' v) 'worthless' vi) 'nervous'. For each question respondents score between 0 (none of the time) and 3 (most or all of the time) making a total scale of 18.

Finally, we observe the home learning environment (HLE, based on activities carried out with the child in the home, see Bradley 1995) at ages 3, 5 and 7. In particular, at age 3 we observe frequency of: reading to the child, library visits, learn the ABC or alphabet, numbers or counting, songs, poems or nursery rhymes, painting or drawing. At ages 5 and 7 we observe the frequency of: reading, stories, musical activities, drawing/painting, physically active games, indoor games, park/playground. We consider these activities separately (coded as 0/1 dummy variables, where 1=whether the activity took place every day) and also combine the responses on frequency into a score "Home learning environment" ranging from 0 (do not perform any of said activities at all) to 42 (perform each of said activities every day).

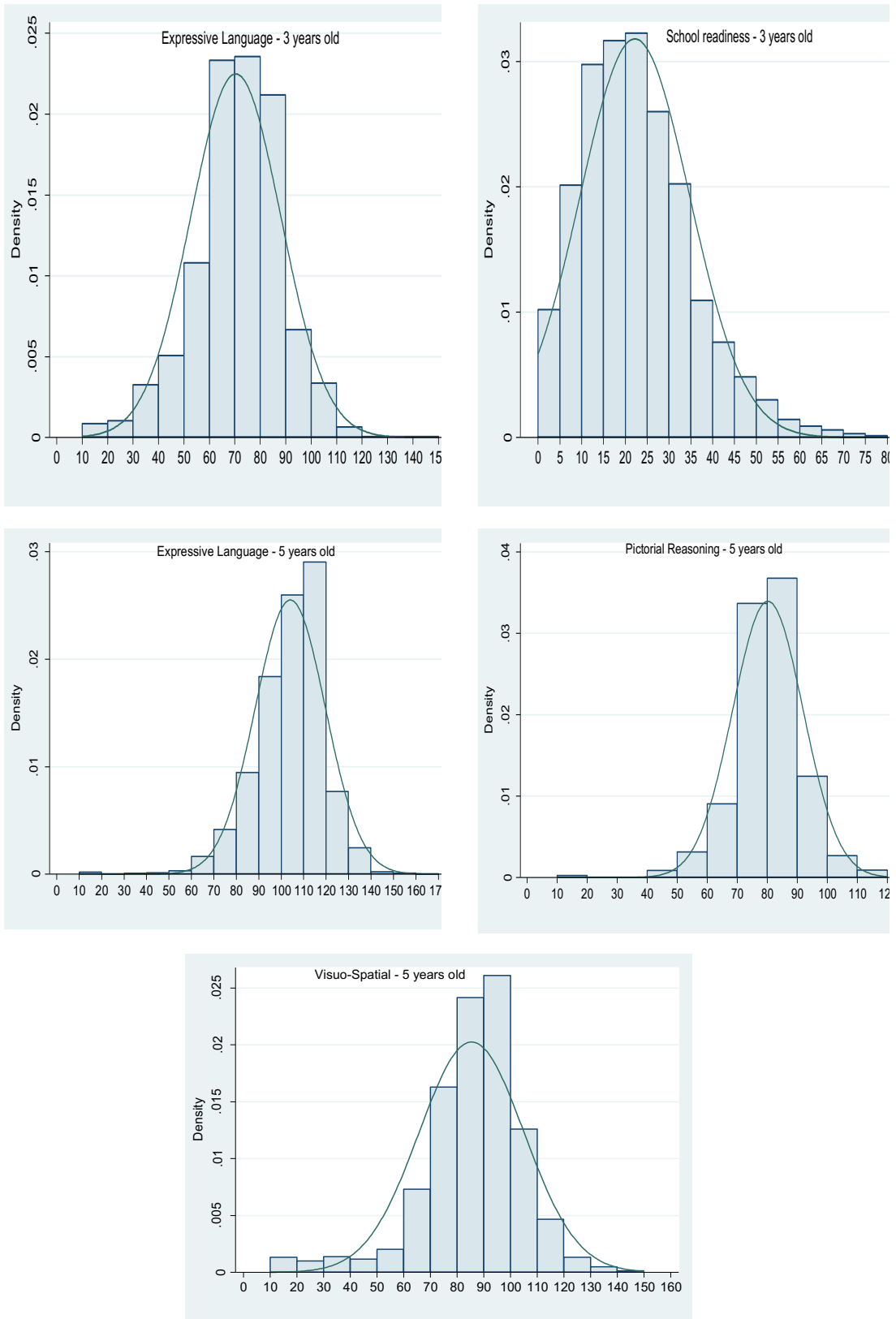


FIGURE A1. HISTOGRAMS OF COGNITIVE MEASURES. LOW EDUCATED MOTHERS.

Notes: Sample excludes Northern Ireland, planned-C, emergency-C, ICU.

Source: Millennium Cohort Study.

Appendix B: Balance

This Appendix expands section IIIC of the paper on the validity of our exclusion restriction. Tables B1 to B3 report balance between our main source of variation and other important events or variables: Table B1 provides the distribution (by day of birth) of emergency C-sections and Intensive Care Unit (ICU) stays, Table B2 extends the balance analysis of Table 2 to additional characteristics included in the MCS dataset, and Table B3 shows the distribution (by day of birth or day of admission) of adverse events to the mother and child within 30 days of discharge as recorded in the Hospital Episode Statistics.

Table B4 explores whether the variation in *Exposure* among cases of induced labour is potentially exogenous or not. As reported in Table 2, we reject at 1% that the correlation between *Exposure* and induced labour is null. This is potentially worrisome because the timing of inductions might not be exogenous. In Table B4, we show results of a series regressions in which induction of labour is the dependent variable. The first column shows that *Exposure* and induction of labour are positively correlated, as we had reported in Table 2. The second column adds to the list of regressors all those of Table 2 and B2 (except the ones related to the child's birth), but with the socio-economic variables combined into an index (SES). The third column includes the same covariates as the second plus interactions of the covariates with *Exposure*.

The second column of the table B4 below shows that the SES index is only weakly correlated with inductions ($p=0.107$) but most importantly, the correlation between induction and *Exposure* is practically identical to the one on the first column, hence the correlation between induction and *Exposure* does not reflect socio-demographic differences between those whose labour is induced or not, at least as measured by observed characteristics. To prove this further, the third column shows that neither of the interactions of *Exposure* with the covariates (including the SES index) are statistically significant. Hence, this should provide some reassurance that the variation in exposure among cases of induced labour is exogenous.

In the remaining tables of this Appendix, we show the comparability of babies (and their mothers) according to a cubic polynomial in *Hour* and a dummy variable of *Exposure*. In Tables B5-B8, we show the balance (1) comparing the mothers' and infants' characteristics according to whether their value of *Exposure* is null or positive (2) the p-value of joint significance of the maternal and child characteristics over a third order polynomial of *hour*. In the case of (1), we also report the standardised difference, which is the preferred measure of balance (Imbens and Wooldridge 2009). Standardised differences of 0.2 or larger are usually

considered problematic. Hence, we complement the evidence shown in Tables 2 and B2, in which we showed the balance using the correlation of mothers' and infants' characteristics with *Exposure*.

We also show the balance in other samples of interest using characteristics from the MCS: the sample of high-educated mothers (Tables B9-B14), and the sample of low educated women with emergency C-sections and children in intensive care (Tables B17-B22). In Tables B23-B28, we also report the balance in the sample that we use to obtain our main result (Table 5 col. 1 in the main text), which is different from those in Tables 2 and B2 (and Tables B5 to B8) because of some attrition between the first and subsequent waves.

TABLE B1 — DISTRIBUTION OF EMERGENCY C-SECTIONS AND INTENSIVE CARE UNIT (ICU) STAYS, BY DAY OF BIRTH

Day of Birth ↓	[1]	[2]	[3]	[4]	[5]	[6]
	Emergency Caesarean	ICU	ICU among Vaginal Deliveries	Emergency Caesarean	ICU	ICU among Vaginal Deliveries
(Difference with respect to Monday)						
Sun	12.03%	8.93%	6.29%	-0.012 (0.016)	0.013 (0.013)	-0.001 (0.013)
Mon	13.23%	7.62%	6.39%			
Tue	11.82%	7.24%	5.54%	-0.014 (0.015)	-0.004 (0.012)	-0.009 (0.012)
Wed	12.16%	9.17%	5.08%	-0.011 (0.015)	0.016 (0.012)	-0.013 (0.012)
Thurs	13.49%	9.34%	6.03%	0.003 (0.015)	0.017 (0.012)	-0.004 (0.012)
Fri	11.12%	8.82%	6.58%	-0.021 (0.015)	0.012 (0.012)	0.002 (0.012)
Sat	11.12%	7.25%	5.53%	-0.021 (0.015)	-0.004 (0.012)	-0.009 (0.012)
P-value Joint	0.56	0.31	0.85	0.556	0.313	0.845
P-value Fri-Sun	0.44	0.42	0.82	0.442	0.416	0.815
Observations	7,058	7,058	5,566	7,058	7,058	5,566

Notes: Columns 1 to 3 show, by day of birth, the distribution of the variable listed in the heading of each column. Columns 4 to 6 show estimates from separate OLS regressions (Monday omitted). Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean section. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE B2 — BALANCE BY EXPOSURE TO WEEKEND (CONTINUOUS) - LOW EDUCATED MOTHERS

Variable	Correlation with Exposure	P-value	Variable	Correlation w/ Exp. to Weekend	P-value
<i>Mother's characteristics</i>			Presence of rubbish and litter in the area		
Mother's Mother is still alive	-0.013	0.330	Very common	-0.008	0.550
Lived away from home before 17	-0.011	0.407	Fairly common	0.000	0.977
If mother has ever had			Not very common	0.010	0.460
Migraine	0.005	0.728	Not at all common	-0.004	0.768
Hay fever or persistent runny nose	-0.033	0.011	Vandalism and damage to property in the area		
Bronchitis	0.004	0.782	Very common	0.003	0.802
Asthma	-0.002	0.879	Fairly common	0.003	0.829
Eczema	0.010	0.443	Not very common	-0.005	0.699
Back Pain/lumbago/sciatica	-0.017	0.188	Not at all common	0.001	0.947
Fits/convulsions/epilepsy	-0.030	0.024	Garden		
Diabetes	-0.001	0.956	Own garden	-0.008	0.553
Cancer	-0.014	0.289	Shared garden	-0.003	0.805
Digestive or Bowel disorders	-0.039	0.003	Social Assistance		
Diabetes during pregnancy	-0.001	0.912	Child Tax Credit	-0.007	0.609
Live in house	0.004	0.771	Working Families Tax Credit	0.001	0.961
# rooms	-0.006	0.644	Income Support	-0.002	0.901
Own outright	0.001	0.955	Jobseekers Allowance	-0.013	0.311
Rent from Local Authority	0.014	0.295	Housing Benefit	0.024	0.068
Rent from Housing Association	0.001	0.951	Council Tax Benefit	0.025	0.060
Rent privately	-0.004	0.736	Invalid Care Allowance	-0.011	0.416
Live with parents	0.010	0.448	<i>Delivery</i>		
Live rent free	-0.005	0.691	Type Delivery:		
Heating			Normal	-0.014	0.277
Open fire	0.005	0.698	Forceps	0.015	0.245
Gas/electric fire	-0.006	0.643	Vacuum	0.003	0.819
Central	-0.011	0.407	Other	0.025	0.059
No heating	0.004	0.754	Labour duration (hours)	0.003	0.792
Damp or condensation at home	-0.016	0.222	Pain relief: Gas and air	0.007	0.576
Assets			Pain relief: Pethidine	0.008	0.526
Telephone	-0.009	0.499	Pain relief: Epidural	0.020	0.136
Dishwasher	-0.007	0.610	Pain relief: General anaesthetic	0.015	0.268
Own computer	-0.012	0.355	Pain relief: TENS	0.004	0.748
Tumble dryer	-0.006	0.647	Pain relief: Other	0.010	0.441
Own/access to car	-0.008	0.525	Complication: Breech	0.005	0.677
Noisy Neighbours			Complication: Other abnormal	0.008	0.551
Very common	-0.020	0.121	Complication: Very long labour	0.009	0.509
Fairly common	0.022	0.100	Complication: Very rapid labour	-0.017	0.192
Not very common	0.001	0.922	Complication: Foetal distress (heart)	-0.007	0.584
Not at all common	-0.004	0.769	Complication: Foetal distress (meconium)	-0.016	0.212
			Complication: Other	0.012	0.357

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B3 —ADVERSE EVENTS WITHIN 30 DAYS OF DISCHARGE

	Excluding planned c-sections (%)			Excluding all c-sections and babies in intensive care (%)		
	Babies deaths and hospital readmissions (2000-01)	Mother deaths and hospital readmissions (2000-01)	Babies hospital outpatient appointments (2003-04)	Babies deaths and hospital readmissions (2000-01)	Mother deaths and hospital readmissions (2000-01)	Babies hospital outpatient appointments (2003-04)
Monday	3.89	0.90	2.36	3.73	0.86	2.22
Tuesday	3.89	0.92	2.49	3.70	0.87	2.30
Wednesday	3.97	0.90	2.40	3.81	0.85	2.20
Thursday	4.01	0.98	2.41	3.84	0.94	2.17
Friday	3.87	0.91	2.47	3.74	0.89	2.27
Saturday	3.96	0.88	2.38	3.76	0.86	2.19
Sunday	4.03	0.90	2.45	3.85	0.83	2.29
Average weekday	3.94	0.93	2.42	3.77	0.88	2.22
Average weekend (Fri-Sun.)	3.95	0.90	2.44	3.78	0.86	2.25
P-value	0.89	0.36	0.65	0.90	0.46	0.54
Observations	491,351	497,126	537,058	450,663	450,837	471,979

Notes: The P-value refers to the difference between the weekday and weekend rate. The 2003-04 outpatient dataset has been released under "experimental status" and might suffer quality problems.

Source: Authors' own computations using the Hospital Episode Statistics for births between 1st September 2000 and 31st August 2001, or between 1st September 2003 and 31st August 2004.

TABLE B4 — RELATION BETWEEN LABOUR INDUCTION, EXPOSURE, AND SOCIO-ECONOMIC AND DEMOGRAPHIC CHARACTERISTICS. LOW EDUCATED MOTHERS.

	Without controls	With controls	With controls and their interaction with Exposure
Exposure	0.062 (0.0152)	0.065 (0.0150)	-0.649 (0.630)
SES index		0.013 (0.00807)	0.008 (0.0116)
Exposure*SES index			0.011 (0.0205)
P-value interaction between SES Index and Exposure			0.608
P-value interaction between Antenatal variables and Exposure			0.695
P-value interaction between Birth related variables and Exposure			0.754
P-value interaction between mothers' age, ethnicity, and religion with Exposure			0.689
P-value interaction between mother's health variables and Exposure			0.283
P-value interaction between all variables (including SES index) and Exposure			0.694

Notes: Robust standard errors in parenthesis. Dependent variable is induction of labour. The socio-economic (SES) index is computed using mother's welfare benefits, labour supply during pregnancy, education, assets, and housing conditions. Column 2 and 3 also include as controls those variables in Table 2 and Appendix Table B2 (except the ones related to type of delivery, pain relief, and complications at birth) which are not combined in the socio-economic index. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery.

Source: Millennium Cohort Study.

TABLE B5 — BALANCE BY CUBIC POLYNOMIAL IN HOUR - LOW EDUCATED MOTHERS

Variable	p-value	Variable	p-value
<i>Antenatal</i>		Back Pain/lumbago/sciatica	0.528
Received ante-natal care	0.663	Fits/convulsions/epilepsy	0.108
<i>First ante-natal was before:</i>		Diabetes	0.914
0-11 weeks	0.737	Cancer	0.557
12-13 weeks	0.442	Digestive or Bowel disorders	0.034
≥ 14 weeks	0.997	Diabetes during pregnancy	0.952
Don't know	0.366		
Attended ante-natal classes	0.495	<i>Mothers Socioeconomic Status</i>	
Received fertility treatment	0.154	Working during pregnancy	0.223
Planned parenthood	0.826	Live in house	0.399
		# rooms	0.406
		Own outright	0.829
<i>Baby</i>		Rent from Local Authority	0.615
Female	0.605	Rent from Housing Association	0.188
Birth weight (kg)	0.618	Rent privately	0.735
Premature	0.558	Live with parents	0.627
Length of gestation (days)	0.416	Live rent free	0.118
Present at birth		Heating	
Father	0.699	Open fire	0.696
Mother's friend	0.540	Gas/electric fire	0.453
Grandmother (in law)	0.489	Central	0.037
Someone else	0.518	No heating	0.575
		Damp or condensation at home	0.116
<i>Mothers Demographics</i>		Assets	
Age	0.685	Telephone	0.091
Had attained expected educ qual. at age 16	0.863	Dishwasher	0.925
Married	0.454	Own computer	0.823
Religion		Tumble dryer	0.940
No religion	0.689	Own/access to car	0.684
Catholic	0.398	Noisy Neighbours	
Protestant	0.805	Very common	0.274
Anglican	0.924	Fairly common	0.265
Another type of Christian	0.997	Not very common	0.622
Hindu	0.993	Not at all common	0.599
Muslim	0.137	Presence of rubbish and litter in the area	
Other	0.727	Very common	0.730
Ethnicity		Fairly common	0.979
White	0.601	Not very common	0.853
Mixed	0.158	Not at all common	0.709
Indian	0.536	Vandalism and damage to property in the area	
Pakistani/Bangladeshi	0.137	Very common	0.866
Black	0.860	Fairly common	0.936
Other	0.430	Not very common	0.753
Mother's Mother is still alive	0.605	Not at all common	0.852
Lived away from home before 17	0.500	Garden	
		Own garden	0.298
<i>Mothers Health and Lifestyle</i>		Shared garden	0.963
Smoked during pregnancy (# avg. cig per day)	0.490	Social Assistance	
Drank during pregnancy	0.213	Child Tax Credit	0.372
Longstanding illness	0.736	Working Families Tax Credit	0.690
Limiting longstanding illness	0.356	Income Support	0.863
If mother has ever had		Jobseekers Allowance	0.087
Migraine	0.911	Housing Benefit	0.080
Hay fever or persistent runny nose	0.054	Council Tax Benefit	0.092
Bronchitis	0.562	Invalid Care Allowance	0.632
Asthma	0.983		
Eczema	0.099		

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B6 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - LOW EDUCATED MOTHERS

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference	Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<u>Antenatal</u>					Back Pain/lumbago/sciatica	0.206	0.229	0.054	-0.039
Received ante-natal care	0.949	0.955	0.343	-0.019	Fits/convulsions/epilepsy	0.023	0.033	0.045	-0.042
<u>First ante-natal was before:</u>					Diabetes	0.011	0.010	0.763	0.006
0-11 weeks	0.395	0.404	0.525	-0.013	Cancer	0.010	0.011	0.556	-0.012
12-13 weeks	0.340	0.340	0.973	-0.001	Digestive or Bowel disorders	0.074	0.084	0.186	-0.027
≥ 14 weeks	0.188	0.184	0.716	0.007	Diabetes during pregnancy	0.008	0.006	0.420	0.016
Don't know	0.027	0.027	0.936	-0.002	<u>Mothers Socioeconomic Status</u>				
Attended ante-natal classes	0.243	0.244	0.919	-0.002	Working during pregnancy	0.501	0.522	0.137	-0.030
Received fertility treatment	0.014	0.016	0.600	-0.011	Live in house	0.829	0.818	0.309	0.021
Planned parenthood	0.453	0.449	0.776	0.006	# rooms	5.011	5.034	0.546	-0.012
<u>Baby</u>					Own outright	0.028	0.024	0.475	0.014
Female	0.500	0.486	0.310	0.021	Rent from Local Authority	0.293	0.280	0.299	0.021
Birth weight (kg)	3.362	3.350	0.393	0.017	Rent from Housing Association	0.101	0.110	0.337	-0.020
Premature	0.046	0.044	0.746	0.007	Rent privately	0.097	0.104	0.386	-0.018
Length of gestation (days)	279.0	279.3	0.432	-0.016	Live with parents	0.058	0.056	0.821	0.005
Present at birth					Live rent free	0.016	0.019	0.356	-0.019
Father	0.795	0.789	0.592	0.011	Heating				
Mother's friend	0.048	0.052	0.509	-0.013	Open fire	0.035	0.033	0.650	0.009
Grandmother (in law)	0.251	0.247	0.757	0.006	Gas/electric fire	0.306	0.301	0.711	0.007
Someone else	0.110	0.110	0.964	0.001	Central	0.884	0.895	0.197	-0.026
<u>Mothers Demographics</u>					No heating	0.011	0.007	0.184	0.026
					Damp or condensation at home	0.159	0.179	0.060	-0.038
Age	26.446	26.496	0.771	-0.006	Assets				
Expected educ. at age 16	0.564	0.570	0.713	-0.007	Telephone	0.943	0.940	0.607	0.010
Married	0.447	0.460	0.370	-0.018	Dishwasher	0.194	0.196	0.895	-0.003
Religion					Own computer	0.388	0.386	0.878	0.003
No religion	0.557	0.549	0.604	0.010	Tumble dryer	0.593	0.596	0.815	-0.005
Catholic	0.045	0.041	0.517	0.013	Own/access to car	0.729	0.727	0.839	0.004
Protestant	0.023	0.031	0.081	-0.036	Noisy Neighbours				
Anglican	0.094	0.097	0.729	-0.007	Very common	0.087	0.094	0.438	-0.016
Another type of Christian	0.035	0.038	0.603	-0.011	Fairly common	0.124	0.116	0.359	0.018
Hindu	0.010	0.009	0.618	0.010	Not very common	0.396	0.405	0.522	-0.013
Muslim	0.066	0.072	0.428	-0.016	Not at all common	0.392	0.385	0.620	0.010
Other	0.009	0.007	0.493	0.014	Presence of rubbish and litter in the area				
Ethnicity					Very common	0.151	0.153	0.835	-0.004
White	0.845	0.838	0.476	0.014	Fairly common	0.220	0.226	0.632	-0.010
Mixed	0.012	0.009	0.255	0.022	Not very common	0.364	0.375	0.435	-0.016
Indian	0.021	0.022	0.731	-0.007	Not at all common	0.264	0.246	0.133	0.030
Pakistani/Bangladeshi	0.081	0.089	0.304	-0.021	Vandalism and damage to property in the area				
Black	0.028	0.031	0.565	-0.012	Very common	0.111	0.107	0.680	0.008
Other	0.013	0.011	0.554	0.012	Fairly common	0.156	0.168	0.270	-0.022
Mother's Mother is still alive	0.930	0.936	0.427	-0.016	Not very common	0.399	0.403	0.745	-0.007
Lived away from home before 17	0.200	0.212	0.299	-0.021	Not at all common	0.334	0.322	0.348	0.019
<u>Mothers Health and Lifestyle</u>					Garden				
Smoked during pregnancy (# avg. cig. per day)	3.590	3.624	0.842	-0.004	Own garden	0.823	0.820	0.777	0.006
Drank during pregnancy	0.246	0.250	0.718	-0.007	Shared garden	0.044	0.047	0.589	-0.011
Longstanding illness	0.201	0.201	0.944	0.001	Social Assistance				
Limiting longstanding illness	0.102	0.089	0.115	0.031	Child Tax Credit	0.129	0.128	0.987	0.000
If mother has ever had					Working Families Tax Credit	0.245	0.251	0.594	-0.011
Migraine	0.222	0.218	0.689	0.008	Income Support	0.299	0.301	0.865	-0.003
Hay fever or persistent runny nose	0.228	0.258	0.017	-0.048	Jobseekers Allowance	0.044	0.047	0.648	-0.009
Bronchitis	0.071	0.067	0.545	0.012	Housing Benefit	0.260	0.246	0.260	0.023
Asthma	0.172	0.180	0.471	-0.015	Council Tax Benefit	0.243	0.228	0.222	0.025
Eczema	0.181	0.181	0.974	-0.001	Invalid Care Allowance	0.015	0.013	0.651	0.009

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference." Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms. Number of observations 5,810.

Source: Millennium Cohort Study.

TABLE B7 — BALANCE BY CUBIC POLYNOMIAL IN
 HOUR - LOW EDUCATED MOTHERS

Variable	p-value
<i>Delivery:</i>	
Labour induced	0.000
Labour duration (hours)	0.335
Type Delivery:	
Normal	0.148
Forceps	0.392
Vacuum	0.562
Other	0.426
Pain relief:	
None	0.283
Gas and air	0.293
Pethidine	0.541
Epidural	0.052
General anaesthetic	0.353
TENS	0.922
Other	0.720
Complication:	
None	0.938
Breech	0.916
Other abnormal	0.357
Very long labour	0.709
Very rapid labour	0.382
Foetal distress (heart)	0.598
Foetal distress (meconium)	0.586
Other	0.614

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B8 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - LOW EDUCATED

Variable	Exposure > 0	Exposure = 0	p-value diff	Standardised Difference
<i>Delivery</i>				
Labour induced	0.313	0.289	0.063	0.037
Labour duration (hours)	8.830	8.780	0.864	0.003
<i>Type Delivery:</i>				
Normal	0.902	0.899	0.761	0.006
Forceps	0.039	0.035	0.481	0.014
Vacuum	0.063	0.067	0.561	-0.012
Other	0.008	0.006	0.420	0.016
<i>Pain relief:</i>				
None	0.100	0.106	0.470	-0.015
Gas and air	0.796	0.792	0.742	0.007
Pethidine	0.356	0.361	0.704	-0.008
Epidural	0.206	0.198	0.484	0.014
General anaesthetic	0.003	0.001	0.120	0.029
TENS	0.073	0.073	0.981	0.000
Other	0.035	0.030	0.348	0.019
<i>Complication:</i>				
None	0.761	0.760	0.941	0.001
Breech	0.003	0.004	0.556	-0.012
Other abnormal	0.020	0.019	0.799	0.005
Very long labour	0.049	0.045	0.507	0.013
Very rapid labour	0.024	0.028	0.396	-0.017
Foetal distress (heart)	0.071	0.076	0.479	-0.014
Foetal distress (meconium)	0.037	0.040	0.586	-0.011
Other	0.081	0.074	0.373	0.018

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference." Sample comprises low educated mothers, and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B9 — BALANCE BY CUBIC POLYNOMIAL IN HOUR - SUBSAMPLE OF HIGH EDUCATED MOTHERS

Variable	p-value	Variable	p-value
<u>Antenatal</u>			
Received ante-natal care	0.379	Back Pain/lumbago/sciatica	0.618
First ante-natal was before:		Fits/convulsions/epilepsy	0.804
0-11 weeks	0.935	Diabetes	0.619
12-13 weeks	0.482	Cancer	0.512
≥ 14 weeks	0.247	Digestive or Bowel disorders	0.259
Don't know	0.377	Diabetes during pregnancy	0.925
Attended ante-natal classes	0.841	<u>Mothers Socioeconomic Status</u>	
Received fertility treatment	0.775	Working during pregnancy	0.928
Planned parenthood	0.035	Live in house	0.789
<u>Baby</u>			
Female	0.241	# rooms	0.202
Birth weight (kg)	0.911	Own outright	0.728
Premature	0.981	Rent from Local Authority	0.158
Length of gestation (days)	0.477	Rent from Housing Association	0.517
Present at birth		Rent privately	0.052
Father	0.320	Live with parents	0.237
Mother's friend	0.504	Live rent free	0.633
Grandmother (in law)	0.032	Heating	
Someone else	0.196	Open fire	0.707
<u>Mothers Demographics</u>			
Age	0.642	Gas/electric fire	0.002
High education (NVQ level 4 or more)	0.995	Central	0.575
Married	0.162	No heating	0.731
Religion		Damp or condensation at home	0.377
No religion	0.760	Assets	
Catholic	0.537	Telephone	0.900
Protestant	0.681	Dishwasher	0.497
Anglican	0.434	Own computer	0.578
Another type of Christian	0.223	Tumble dryer	0.145
Hindu	0.864	Own/access to car	0.527
Muslim	0.831	Noisy Neighbours	
Other	0.596	Very common	0.713
Ethnicity		Fairly common	0.326
White	0.049	Not very common	0.294
Mixed	0.182	Not at all common	0.464
Indian	0.758	Presence of rubbish and litter in the area	
Pakistani/Bangladeshi	0.674	Very common	0.608
Black	0.111	Fairly common	0.859
Other	0.713	Not very common	0.543
Mother's Mother is still alive	0.363	Not at all common	0.780
Lived away from home before 17	0.759	Garden	
<u>Mothers Health and Lifestyle</u>			
Smoked during pregnancy (# avg. cig per day)	0.249	Own garden	0.792
Drank during pregnancy	0.938	Shared garden	0.497
Longstanding illness	0.847	Social Assistance	
Limiting longstanding illness	0.678	Child Tax Credit	0.138
If mother has ever had		Working Families Tax Credit	0.960
Migraine	0.711	Income Support	0.710
Hay fever or persistent runny nose	0.331	Jobseekers Allowance	0.957
Bronchitis	0.823	Housing Benefit	0.527
Asthma	0.145	Council Tax Benefit	0.908
Eczema	0.906	Invalid Care Allowance	0.738

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises high educated mothers (NVQ level 3 or more), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B10 — BALANCE BY EXPOSURE TO WEEKEND (CONTINUOUS) - SUBSAMPLE OF HIGH EDUCATED MOTHERS

Variable	Correlation with Exposure	P-value	Variable	Correlation with Exposure	P-value
<u>Antenatal</u>					
Received ante-natal care	-0.011	0.428	Back Pain/lumbago/sciatica	-0.016	0.244
<i>First ante-natal was before:</i>					
0-11 weeks	0.000	0.988	Fits/convulsions/epilepsy	0.006	0.663
12-13 weeks	-0.009	0.510	Diabetes	-0.013	0.335
≥ 14 weeks	0.000	0.982	Cancer	0.019	0.157
Don't know	0.019	0.167	Digestive or Bowel disorders	-0.025	0.069
Attended ante-natal classes	0.015	0.278	Diabetes during pregnancy	0.002	0.907
Received fertility treatment	-0.013	0.347	<u>Mothers Socioeconomic Status</u>		
Planned parenthood	-0.037	0.006	Working during pregnancy	0.013	0.353
<u>Baby</u>					
Female	0.025	0.071	Live in house	0.000	0.983
Birth weight (kg)	0.004	0.755	# rooms	0.006	0.636
Premature	-0.006	0.684	Own outright	-0.015	0.287
Length of gestation (days)	0.020	0.149	Rent from Local Authority	-0.018	0.191
Present at birth			Rent from Housing Association	0.016	0.232
Father	0.004	0.768	Rent privately	0.003	0.808
Mother's friend	-0.018	0.180	Live with parents	-0.017	0.203
Grandmother (in law)	0.032	0.020	Live rent free	0.015	0.284
Someone else	0.014	0.320	Heating		
<u>Mothers Demographics</u>					
Age	-0.016	0.244	Open fire	0.003	0.851
High education (NVQ level 4 or more)	0.008	0.580	Gas/electric fire	0.023	0.087
Married	-0.030	0.028	Central	-0.011	0.428
Religion			No heating	0.010	0.476
No religion	-0.005	0.737	Damp or condensation at home	-0.022	0.113
Catholic	-0.019	0.156	Assets		
Protestant	0.015	0.269	Telephone	-0.007	0.620
Anglican	0.007	0.591	Dishwasher	0.004	0.795
Another type of Christian	0.017	0.226	Own computer	0.018	0.189
Hindu	0.015	0.285	Tumble dryer	0.028	0.038
Muslim	-0.004	0.747	Own/access to car	-0.013	0.356
Other	-0.004	0.789	Noisy Neighbours		
Ethnicity			Very common	0.001	0.951
White	0.031	0.023	Fairly common	0.010	0.477
Mixed	-0.028	0.044	Not very common	-0.019	0.164
Indian	-0.006	0.669	Not at all common	0.013	0.357
Pakistani/Bangladeshi	-0.008	0.547	Presence of rubbish and litter in the area		
Black	-0.029	0.034	Very common	-0.001	0.967
Other	-0.002	0.902	Fairly common	-0.005	0.734
Mother's Mother is still alive	0.021	0.132	Not very common	-0.004	0.759
Lived away from home before 17	0.003	0.826	Not at all common	0.008	0.541
<u>Mothers Health and Lifestyle</u>					
			Vandalism and damage to property in the area		
			Very common	-0.013	0.356
			Fairly common	-0.009	0.524
			Not very common	-0.010	0.476
			Not at all common	0.021	0.123
			Garden		
			Own garden	-0.001	0.928
Smoked during pregnancy (# avg. cig per day)	0.017	0.210	Shared garden		
Drank during pregnancy	0.005	0.705	Social Assistance	0.008	0.545
Longstanding illness	0.012	0.383	Child Tax Credit	-0.024	0.082
Limiting longstanding illness	0.006	0.673	Working Families Tax Credit	0.007	0.629
If mother has ever had			Income Support	-0.005	0.719
Migraine	-0.007	0.627	Jobseekers Allowance	-0.002	0.867
Hay fever or persistent runny nose	-0.011	0.405	Housing Benefit	-0.011	0.410
Bronchitis	-0.007	0.614	Council Tax Benefit	0.003	0.851
Asthma	0.008	0.582	Invalid Care Allowance	0.009	0.512
Eczema	-0.011	0.436			

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises high educated mothers (NVQ level 3 or more), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B11 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - SUBSAMPLE OF HIGH EDUCATED MOTHERS

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference	Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<i>Antenatal</i>					Back Pain/lumbago/sciatica	0.194	0.200	0.582	-0.012
Received ante-natal care	0.975	0.979	0.298	-0.022	Fits/convulsions/epilepsy	0.021	0.016	0.168	0.028
<i>First ante-natal was before:</i>					Diabetes	0.009	0.013	0.192	-0.029
0-11 weeks	0.442	0.434	0.576	0.012	Cancer	0.009	0.006	0.243	0.024
12-13 weeks	0.358	0.379	0.150	-0.031	Digestive or Bowel disorders	0.086	0.095	0.333	-0.021
≥ 14 weeks	0.153	0.147	0.520	0.014	Diabetes during pregnancy	0.008	0.009	0.896	-0.003
Don't know	0.021	0.020	0.796	0.005	<i>Mothers Socioeconomic Status</i>				
Attended ante-natal classes	0.428	0.417	0.423	0.017	Working during pregnancy	0.722	0.737	0.262	-0.024
Received fertility treatment	0.023	0.022	0.786	0.006	Live in house	0.862	0.855	0.473	0.015
Planned parenthood	0.615	0.657	0.004	-0.061	# rooms	5.586	5.590	0.931	-0.002
<i>Baby</i>					Own outright	0.042	0.044	0.732	-0.007
Female	0.508	0.486	0.149	0.031	Rent from Local Authority	0.105	0.103	0.808	0.005
Birth weight (kg)	3.431	3.439	0.614	-0.011	Rent from Housing Association	0.056	0.049	0.297	0.022
Premature	0.026	0.028	0.616	-0.011	Rent privately	0.072	0.054	0.012	0.052
Length of gestation (days)	280.249	280.045	0.482	0.015	Live with parents	0.038	0.040	0.664	-0.009
Present at birth					Live rent free	0.020	0.018	0.543	0.013
Father	0.898	0.886	0.199	0.027	Heating				
Mother's friend	0.028	0.037	0.104	-0.035	Open fire	0.063	0.061	0.793	0.006
Grandmother (in law)	0.142	0.121	0.030	0.045	Gas/electric fire	0.264	0.236	0.030	0.046
Someone else	0.068	0.058	0.158	0.029	Central	0.929	0.932	0.703	-0.008
<i>Mothers Demographics</i>					No heating	0.006	0.007	0.726	-0.008
Age	29.277	29.463	0.244	-0.025	Damp at home	0.114	0.120	0.528	-0.013
High education (NVQ level 4 or more)	0.675	0.695	0.157	-0.031	Assets				
Married	0.697	0.725	0.038	-0.044	Telephone	0.981	0.984	0.357	-0.019
Religion					Dishwasher	0.392	0.401	0.543	-0.013
No religion	0.380	0.379	0.980	0.001	Own computer	0.657	0.661	0.828	-0.005
Catholic	0.069	0.070	0.899	-0.003	Tumble dryer	0.624	0.602	0.127	0.032
Protestant	0.047	0.041	0.358	0.019	Own/access to car	0.892	0.901	0.318	-0.021
Anglican	0.125	0.137	0.263	-0.024	Noisy Neighbours				
Another type of Christian	0.079	0.066	0.094	0.035	Very common	0.049	0.048	0.843	0.004
Hindu	0.019	0.019	0.924	0.002	Fairly common	0.091	0.083	0.388	0.018
Muslim	0.073	0.078	0.565	-0.012	Not very common	0.379	0.389	0.497	-0.014
Other	0.017	0.016	0.811	0.005	Not at all common	0.481	0.480	0.925	0.002
Ethnicity					Presence of rubbish and litter in the area				
White	0.810	0.795	0.228	0.026	Very common	0.091	0.089	0.785	0.006
Mixed	0.009	0.016	0.052	-0.043	Fairly common	0.192	0.181	0.365	0.019
Indian	0.038	0.037	0.914	0.002	Not very common	0.362	0.377	0.305	-0.022
Pakistani/Bangladeshi	0.073	0.077	0.572	-0.012	Not at all common	0.355	0.353	0.889	0.003
Black	0.043	0.044	0.799	-0.005	Vandalism and damage to property in the area				
Other	0.028	0.030	0.660	-0.009	Very common	0.050	0.049	0.934	0.002
Mother's Mother is still alive	0.944	0.928	0.032	0.047	Fairly common	0.133	0.127	0.566	0.012
Lived away from home before 17	0.117	0.113	0.664	0.009	Not very common	0.387	0.398	0.424	-0.017
<i>Mothers Health and Lifestyle</i>					Not at all common	0.431	0.425	0.716	0.008
Smoked during pregnancy (# avg. cig per day)	1.271	1.175	0.376	0.019	Garden				
Drank during pregnancy	0.328	0.334	0.708	-0.008	Own garden	0.860	0.850	0.354	0.020
Longstanding illness	0.186	0.183	0.792	0.006	Shared garden	0.038	0.048	0.094	-0.036
Limiting longstanding illness	0.073	0.077	0.595	-0.011	Social Assistance				
If mother has ever had					Child Tax Credit	0.181	0.202	0.078	-0.038
Migraine	0.192	0.203	0.348	-0.020	Working Families Tax Credit	0.166	0.161	0.684	0.009
Hay fever or persistent runny nose	0.255	0.263	0.547	-0.013	Income Support	0.103	0.088	0.092	0.035
Bronchitis	0.079	0.080	0.901	-0.003	Jobseekers Allowance	0.025	0.024	0.890	0.003
Asthma	0.151	0.149	0.895	0.003	Housing Benefit	0.098	0.088	0.279	0.023
Eczema	0.172	0.172	0.971	-0.001	Council Tax Benefit	0.094	0.078	0.061	0.039
					Invalid Care Allowance	0.009	0.009	0.871	-0.003

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference". Sample comprises high educated mothers (NVQ level 3 or more), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B12 — BALANCE BY CUBIC POLYNOMIAL IN HOUR -
SUBSAMPLE OF HIGH EDUCATED MOTHERS

Variable	p-value
<i>Delivery:</i>	
Labour induced	0.000
Labour duration (hours)	0.880
Type Delivery:	
Normal	0.793
Forceps	0.970
Vacuum	0.804
Other	0.103
Pain relief:	
None	0.257
Gas and air	0.033
Pethidine	0.159
Epidural	0.400
General anaesthetic	0.299
TENS	0.560
Other	0.725
Complication:	
None	0.913
Breech	0.808
Other abnormal	0.993
Very long labour	0.534
Very rapid labour	0.920
Foetal distress (heart)	0.474
Foetal distress (meconium)	0.327
Other	0.955

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises high educated mothers (NVQ level 3 or more), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B13 — BALANCE BY EXPOSURE (CONTINUOUS) TO WEEKEND -
SUBSAMPLE OF HIGH EDUCATED MOTHERS

Variable	Correlation with Exposure	p-value
<i>Delivery:</i>		
Labour induced	0.063	0.000
Labour duration (hours)	0.010	0.455
Type Delivery:		
Normal	0.007	0.604
Forceps	0.002	0.909
Vacuum	-0.003	0.839
Other	-0.027	0.045
Pain relief:		
None	-0.019	0.170
Gas and air	0.038	0.006
Pethidine	0.028	0.043
Epidural	0.017	0.214
General anaesthetic	0.007	0.595
TENS	-0.012	0.374
Other	0.001	0.917
Complication:		
None	0.008	0.579
Breech	0.011	0.411
Other abnormal	-0.005	0.698
Very long labour	-0.004	0.785
Very rapid labour	-0.007	0.631
Foetal distress (heart)	-0.006	0.654
Foetal distress (meconium)	0.009	0.510
Other	-0.002	0.879

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises high educated mothers (NVQ level 3 or more), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B14 — BALANCE BY EXPOSURE (BINARY) TO WEEKEND - SUBSAMPLE OF HIGH EDUCATED MOTHERS

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<i>Delivery:</i>				
Labour induced	0.301	0.263	0.005	0.060
Labour duration (hours)	9.648	9.453	0.506	0.014
Type Delivery:				
Normal	0.861	0.845	0.143	0.031
Forceps	0.063	0.063	0.929	-0.002
Vacuum	0.090	0.104	0.140	-0.032
Other	0.006	0.013	0.029	-0.050
Pain relief:				
None	0.078	0.087	0.279	-0.023
Gas and air	0.812	0.781	0.011	0.054
Pethidine	0.312	0.302	0.446	0.016
Epidural	0.256	0.245	0.386	0.018
General anaesthetic	0.002	0.002	0.810	-0.005
TENS	0.182	0.198	0.160	-0.030
Other	0.048	0.051	0.722	-0.008
Complication:				
None	0.729	0.714	0.264	0.024
Breech	0.002	0.003	0.633	-0.010
Other abnormal	0.027	0.034	0.181	-0.029
Very long labour	0.063	0.072	0.239	-0.025
Very rapid labour	0.028	0.026	0.650	0.010
Foetal distress (heart)	0.089	0.107	0.046	-0.043
Foetal distress (meconium)	0.059	0.052	0.328	0.020
Other	0.074	0.076	0.776	-0.006

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference". Sample comprises high educated mothers (NVQ level 3 or more), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B15 — BALANCE OF VARIABLES FROM THE THE MATERNITY USERS SURVEY

Variable	Fri- Sun	Mon-Thurs	p-value diff
Had newborn exam before discharge	0.942	0.942	0.997
Newborn exam carried out by			
Doctor (vs. midwife, other or not checked)	0.707	0.707	0.973
Doctor or midwife (vs. other or not checked)	0.883	0.876	0.502
Room very clean	0.534	0.557	0.122
Toilets very clean	0.511	0.520	0.526
Mother given food choice at hospital	0.653	0.667	0.296
Mother says that she was given too little food	0.236	0.223	0.284
Mother rates food in hospital as good or very good	0.436	0.451	0.339
Mother stayed in hospital two days or more	0.371	0.389	0.196
Mother says that hospital stay was too short	0.115	0.121	0.542
Received enough information about post-natal recovery	0.853	0.872	0.053
During postnatal care...			
Always spoken to in a way that I could understand	0.728	0.726	0.870
Always treated with respect	0.695	0.711	0.228
Always treated with kindness	0.681	0.694	0.326
Always given the information I needed	0.644	0.639	0.738
In the six weeks after the birth of the baby, the mother received help and advice from health professionals about:			
Baby's crying	0.677	0.692	0.344
Baby's sleeping position	0.814	0.823	0.505
Feeding the baby	0.862	0.880	0.082
Baby's skin care	0.719	0.739	0.152
Baby's health and progress	0.905	0.914	0.264
Midwife visited the baby's home 5 or more times	0.385	0.395	0.482
Last time that baby was visited (by a midwife at home), he/she was 11 days old or older	0.509	0.544	0.015
Mother says that she would have liked to see the midwife more often	0.195	0.193	0.858
Mother received a postnatal check-up of her health	0.855	0.859	0.738
Mother was given information or offered advice about contraception from a health professional	0.909	0.910	0.928

Notes: Figures in columns titled "Fri-Sun" and "Mon-Thurs" are sample means of the variable listed under the column titled "Variable" (note exposure not possible to compute in this data source). The p-value of the test that the two means are equal is shown under the column titled "p-value diff". Sample comprises low educated mothers, and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. All variables are dummy variables.

Source: Maternity Users Survey 2007.

TABLE B16 — BALANCE TABLE OF VARIABLES AVAILABLE IN THE MATERNITY USERS SURVEY -
SAMPLE OF HIGH EDUCATED MOTHERS

Variable	Fri- Sun	Mon-Thurs	p-value diff	Standardized diff
Had newborn exam before discharge	0.945	0.944	0.739	0.004
Newborn exam carried out by				
Doctor vs. Midwife, other or not checked	0.737	0.745	0.312	-0.013
Doctor or Midwife vs. Other or not checked	0.898	0.903	0.361	-0.011
Received enough info about your recovery	0.829	0.838	0.191	-0.017
During postnatal care...				
Always spoken to in a way that I could understand	0.740	0.745	0.461	-0.009
Always treated with respect	0.675	0.674	0.910	0.001
Always Treated with kindness	0.639	0.640	0.883	-0.002
Always given the info needed	0.574	0.584	0.231	-0.015

Notes: Figures in columns titled "Fri-Sun" and "Mon-Thurs" are sample means of the variable listed under the column titled "Variable". The p-value of the test that the the two means are equal is shown under the column titled "p-value diff". The standardized difference between the Friday-Sunday means and the Monday-Thursday means is reported in the last column. Sample comprises high educated mothers, and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. All variables are dummy variables.

Source: Maternity Users Survey 2007.

TABLE B17 — BALANCE BY CUBIC POLYNOMIAL IN HOUR - MAIN SAMPLE BUT INCLUDING EMERGENCY CAESAREAN AND ICU

Variable	p-value	Variable	p-value
<i>Antenatal</i>			
Received ante-natal care	0.929	Back Pain/lumbago/sciatica	0.668
<i>First ante-natal was before:</i>		Fits/convulsions/epilepsy	0.136
0-11 weeks	0.840	Diabetes	0.566
12-13 weeks	0.636	Cancer	0.481
≥ 14 weeks	0.803	Digestive or Bowel disorders	0.103
Don't know	0.576	Diabetes during pregnancy	0.979
Attended ante-natal classes	0.441	<i>Mothers Socioeconomic Status</i>	
Received fertility treatment	0.854	Working during pregnancy	0.208
Planned parenthood	0.950	Live in house	0.369
		# rooms	0.341
		Own outright	0.984
<i>Baby</i>			
Female	0.812	Rent from Local Authority	0.614
Birth weight (kg)	0.135	Rent from Housing Association	0.295
Premature	0.246	Rent privately	0.740
Length of gestation (days)	0.354	Live with parents	0.549
Present at birth		Live rent free	0.117
Father	0.446	Heating	
Mother's friend	0.735	Open fire	0.875
Grandmother (in law)	0.434	Gas/electric fire	0.249
Someone else	0.435	Central	0.015
		No heating	0.506
		Damp or condensation at home	0.202
<i>Mothers Demographics</i>			
Age	0.735	Assets	
Had attained expected educ qual. at age 16	0.795	Telephone	0.042
Married	0.235	Dishwasher	0.471
Religion		Own computer	0.724
No religion	0.723	Tumble dryer	0.596
Catholic	0.286	Own/access to car	0.328
Protestant	0.519	Noisy Neighbours	
Anglican	0.566	Very common	0.350
Another type of Christian	0.845	Fairly common	0.445
Hindu	0.920	Not very common	0.492
Muslim	0.081	Not at all common	0.906
Other	0.900	Presence of rubbish and litter in the area	
Ethnicity		Very common	0.891
White	0.743	Fairly common	0.943
Mixed	0.072	Not very common	0.819
Indian	0.573	Not at all common	0.650
Pakistani/Bangladeshi	0.109	Vandalism and damage to property in the area	
Black	0.670	Very common	0.517
Other	0.459	Fairly common	0.808
Mother's Mother is still alive	0.831	Not very common	0.644
Lived away from home before 17	0.730	Not at all common	0.603
		Garden	
		Own garden	0.324
		Shared garden	0.729
<i>Mothers Health and Lifestyle</i>			
Smoked during pregnancy (# avg. cig per day)	0.685	Social Assistance	
Drank during pregnancy	0.017	Child Tax Credit	0.393
Longstanding illness	0.471	Working Families Tax Credit	0.709
Limiting longstanding illness	0.187	Income Support	0.527
If mother has ever had		Jobseekers Allowance	0.395
Migraine	0.874	Housing Benefit	0.017
Hay fever or persistent runny nose	0.039	Council Tax Benefit	0.021
Bronchitis	0.716	Invalid Care Allowance	0.487
Asthma	0.975		
Eczema	0.179		

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean sections. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B18 — BALANCE BY EXPOSURE TO WEEKEND (CONTINUOUS) - MAIN SAMPLE BUT INCLUDING EMERGENCY CAESAREAN AND ICU

Variable	Correlation with Exposure	p-value	Variable	Correlation with Exposure	
				with Exposure	p-value
<i>Antenatal</i>					
Received ante-natal care	-0.004	0.707	Back Pain/lumbago/sciatica	-0.009	0.464
<i>First ante-natal was before:</i>			Fits/convulsions/epilepsy	-0.024	0.047
0-11 weeks	-0.001	0.957	Diabetes	0.004	0.755
12-13 weeks	-0.004	0.755	Cancer	-0.013	0.268
≥ 14 weeks	-0.001	0.962	Digestive or Bowel disorders	-0.028	0.020
Don't know	0.008	0.491	Diabetes during pregnancy	-0.003	0.823
Attended ante-natal classes	-0.002	0.885	<i>Mothers Socioeconomic Status</i>		
Received fertility treatment	-0.011	0.344	Working during pregnancy	-0.010	0.384
Planned parenthood	-0.002	0.853	Live in house	0.008	0.499
			# rooms	-0.004	0.729
			Own outright	-0.001	0.921
<i>Baby</i>			Rent from Local Authority	0.016	0.180
Female	-0.004	0.765	Rent from Housing Association	0.002	0.865
Birth weight (kg)	-0.006	0.631	Rent privately	-0.012	0.305
Premature	0.020	0.089	Live with parents	0.005	0.671
Length of gestation (days)	-0.015	0.199	Live rent free	0.009	0.450
Present at birth			Heating		
Father	-0.007	0.545	Open fire	0.002	0.863
Mother's friend	-0.003	0.826	Gas/electric fire	0.002	0.861
Grandmother (in law)	0.016	0.173	Central	-0.013	0.278
Someone else	0.011	0.336	No heating	0.000	0.974
			Damp or condensation at home	-0.007	0.546
<i>Mothers Demographics</i>			Assets		
Age	-0.009	0.475	Telephone	-0.009	0.440
Had attained expected educ qual. at age 16	0.001	0.945	Dishwasher	-0.010	0.391
Married	-0.022	0.067	Own computer	-0.009	0.448
Religion			Tumble dryer	-0.001	0.905
No religion	0.008	0.520	Own/access to car	-0.011	0.365
Catholic	0.008	0.477	Noisy Neighbours		
Protestant	-0.005	0.690	Very common	-0.013	0.279
Anglican	-0.012	0.330	Fairly common	0.019	0.104
Another type of Christian	-0.006	0.614	Not very common	-0.001	0.936
Hindu	-0.001	0.913	Not at all common	-0.004	0.707
Muslim	-0.015	0.198	Presence of rubbish and litter in the area		
Other	0.002	0.836	Very common	0.001	0.931
Ethnicity			Fairly common	-0.001	0.928
White	0.001	0.921	Not very common	-0.001	0.912
Mixed	0.023	0.050	Not at all common	0.002	0.892
Indian	-0.007	0.550	Vandalism and damage to property in the area		
Pakistani/Bangladeshi	-0.006	0.610	Very common	0.016	0.192
Black	-0.001	0.917	Fairly common	0.007	0.572
Other	0.000	0.971	Not very common	-0.008	0.496
Mother's Mother is still alive	-0.005	0.654	Not at all common	-0.007	0.549
Lived away from home before 17	-0.008	0.524	Garden		
			Own garden	-0.002	0.885
			Shared garden	-0.009	0.460
<i>Mothers Health and Lifestyle</i>			Social Assistance		
Smoked during pregnancy (# avg. cig per day)	-0.001	0.964	Child Tax Credit	-0.015	0.194
Drank during pregnancy	-0.017	0.162	Working Families Tax Credit	0.004	0.750
Longstanding illness	0.007	0.560	Income Support	0.008	0.521
Limiting longstanding illness	0.021	0.080	Jobseekers Allowance	-0.006	0.598
If mother has ever had			Housing Benefit	0.028	0.018
Migraine	0.011	0.356	Council Tax Benefit	0.029	0.013
Hay fever or persistent runny nose	-0.032	0.007	Invalid Care Allowance	-0.004	0.707
Bronchitis	0.000	0.979			
Asthma	0.000	0.973			
Eczema	0.009	0.465			

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean sections. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B19 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - MAIN SAMPLE BUT INCLUDING EMERGENCY CAESAREAN AND ICU

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference	Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<u>Antenatal</u>					Back Pain/lumbago/sciatica	0.212	0.224	0.232	-0.022
Received ante-natal care	0.951	0.954	0.591	-0.010	Fits/convulsions/epilepsy	0.026	0.031	0.186	-0.025
<u>First ante-natal was before:</u>					Diabetes	0.017	0.014	0.408	0.015
0-11 weeks	0.398	0.408	0.427	-0.015	Cancer	0.009	0.011	0.427	-0.015
12-13 weeks	0.343	0.342	0.909	0.002	Digestive or Bowel disorders	0.078	0.084	0.372	-0.016
≥ 14 weeks	0.183	0.176	0.490	0.013	Diabetes during pregnancy	0.010	0.008	0.433	0.014
Don't know	0.027	0.028	0.795	-0.005	<u>Mothers Socioeconomic Status</u>				
Attended ante-natal classes	0.262	0.265	0.822	-0.004	Working during pregnancy	0.521	0.535	0.288	-0.019
Received fertility treatment	0.017	0.018	0.769	-0.005	Live in house	0.825	0.818	0.494	0.013
Planned parenthood	0.456	0.447	0.511	0.012	# rooms	5.005	5.030	0.475	-0.013
<u>Baby</u>					Own outright	0.026	0.024	0.534	0.011
Female	0.484	0.481	0.810	0.004	Rent from Local Authority	0.288	0.274	0.224	0.022
Birth weight (kg)	3.317	3.306	0.483	0.013	Rent from Housing Association	0.098	0.108	0.220	-0.023
Premature	0.080	0.076	0.600	0.010	Rent privately	0.096	0.105	0.235	-0.022
Length of gestation (days)	277.305	277.544	0.521	-0.012	Live with parents	0.057	0.059	0.720	-0.007
Present at birth					Live rent free	0.018	0.018	0.907	-0.002
Father	0.787	0.787	0.987	0.000	Heating				
Mother's friend	0.047	0.048	0.835	-0.004	Open fire	0.035	0.035	0.957	0.001
Grandmother (in law)	0.248	0.246	0.890	0.003	Gas/electric fire	0.309	0.303	0.620	0.009
Someone else	0.107	0.106	0.895	0.002	Central	0.885	0.897	0.138	-0.027
<u>Mothers Demographics</u>					No heating	0.011	0.008	0.345	0.017
Age	26.585	26.636	0.747	-0.006	Damp or condensation at home	0.154	0.172	0.068	-0.034
Had attained expected educ qual. at age 16	0.568	0.580	0.345	-0.017	Assets				
Married	0.448	0.464	0.216	-0.023	Telephone	0.943	0.940	0.604	0.010
Religion					Dishwasher	0.195	0.197	0.842	-0.004
No religion	0.558	0.545	0.325	0.018	Own computer	0.392	0.387	0.648	0.008
Catholic	0.047	0.043	0.467	0.013	Tumble dryer	0.599	0.590	0.463	0.013
Protestant	0.024	0.030	0.161	-0.026	Own/access to car	0.733	0.732	0.936	0.001
Anglican	0.095	0.102	0.406	-0.015	Noisy Neighbours				
Another type of Christian	0.035	0.044	0.064	-0.035	Very common	0.087	0.093	0.428	-0.015
Hindu	0.010	0.009	0.819	0.004	Fairly common	0.123	0.118	0.554	0.011
Muslim	0.064	0.067	0.613	-0.009	Not very common	0.395	0.406	0.395	-0.016
Other	0.008	0.007	0.622	0.009	Not at all common	0.395	0.383	0.352	0.017
Ethnicity					Presence of rubbish and litter in the area				
White	0.848	0.843	0.608	0.009	Very common	0.150	0.149	0.874	0.003
Mixed	0.012	0.010	0.485	0.013	Fairly common	0.223	0.225	0.887	-0.003
Indian	0.021	0.021	0.949	0.001	Not very common	0.358	0.377	0.135	-0.027
Pakistani/Bangladeshi	0.078	0.082	0.635	-0.009	Not at all common	0.268	0.249	0.096	0.030
Black	0.029	0.030	0.680	-0.008	Vandalism and damage to property in the area				
Other	0.011	0.013	0.545	-0.011	Very common	0.114	0.105	0.287	0.019
Mother's Mother is still alive	0.930	0.933	0.588	-0.010	Fairly common	0.155	0.162	0.437	-0.014
Lived away from home before 17	0.198	0.209	0.313	-0.019	Not very common	0.398	0.404	0.666	-0.008
<u>Mothers Health and Lifestyle</u>					Not at all common	0.333	0.329	0.724	0.006
Smoked during pregnancy (# avg. cig. per day)	3.555	3.639	0.591	-0.010	Garden				
Drank during pregnancy	0.245	0.258	0.256	-0.021	Own garden	0.822	0.821	0.907	0.002
Longstanding illness	0.212	0.202	0.356	0.017	Shared garden	0.044	0.048	0.544	-0.011
Limiting longstanding illness	0.106	0.091	0.058	0.034	Social Assistance				
If mother has ever had					Child Tax Credit	0.131	0.134	0.766	-0.005
Migraine	0.221	0.219	0.858	0.003	Working Families Tax Credit	0.240	0.245	0.682	-0.008
Hay fever or persistent runny nose	0.229	0.256	0.018	-0.044	Income Support	0.295	0.296	0.932	-0.002
Bronchitis	0.073	0.071	0.802	0.005	Jobseekers Allowance	0.044	0.042	0.747	0.006
Asthma	0.175	0.178	0.781	-0.005	Housing Benefit	0.252	0.236	0.163	0.025
Eczema	0.181	0.180	0.941	0.001	Council Tax Benefit	0.236	0.221	0.153	0.026
					Invalid Care Allowance	0.017	0.014	0.293	0.019

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference." Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean sections. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B20 — BALANCE BY CUBIC POLYNOMIAL IN HOUR - MAIN
SAMPLE BUT INCLUDING EMERGENCY CAESAREAN AND ICU

Variable	p-value
<i>Delivery:</i>	
Labour induced	0.000
Labour duration (hours)	0.145
Type Delivery:	
Normal	0.748
Forceps	0.405
Vacuum	0.920
Emergency	0.579
Other	
Pain relief:	0.332
None	0.146
Gas and air	0.281
Pethidine	0.297
Epidural	0.875
General anaesthetic	0.947
TENS	0.838
Other	
Complication:	0.891
None	0.689
Breech	0.022
Other abnormal	0.877
Very long labour	0.266
Very rapid labour	0.668
Foetal distress (heart)	0.429
Foetal distress (meconium)	0.272
Other	0.270

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean sections. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B21 — BALANCE BY EXPOSURE TO WEEKEND (CONTINUOUS) - MAIN
SAMPLE BUT INCLUDING EMERGENCY CAESAREAN AND ICU

Variable	Correlation with Exposure	p-value
<i>Delivery:</i>		
Labour induced	0.043	0.000
Labour duration (hours)	0.006	0.639
Type Delivery:		
Normal	-0.003	0.788
Forceps	0.014	0.242
Vacuum	0.003	0.827
Emergency	-0.005	0.691
Other	0.015	0.196
Pain relief:		
None	-0.015	0.207
Gas and air	0.005	0.672
Pethidine	0.005	0.669
Epidural	0.008	0.513
General anaesthetic	-0.004	0.717
TENS	0.002	0.888
Other	0.007	0.558
Complication:		
None	0.001	0.935
Breech	0.000	0.997
Other abnormal	0.014	0.224
Very long labour	-0.001	0.918
Very rapid labour	-0.018	0.129
Foetal distress (heart)	0.006	0.603
Foetal distress (meconium)	-0.020	0.091
Other	0.006	0.643

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean sections. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B22 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - MAIN SAMPLE BUT INCLUDING EMERGENCY CAESAREAN AND ICU

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<i>Delivery:</i>				
Labour induced	0.331	0.310	0.080	0.032
Labour duration (hours)	9.416	9.180	0.406	0.015
Type Delivery:				
Normal	0.789	0.787	0.851	0.003
Forceps	0.037	0.031	0.230	0.022
Vacuum	0.059	0.059	0.999	0.000
Emergency	0.121	0.124	0.736	-0.006
Other	0.007	0.006	0.557	0.011
Pain relief:				
None	0.091	0.092	0.817	-0.004
Gas and air	0.767	0.763	0.715	0.007
Pethidine	0.350	0.348	0.903	0.002
Epidural	0.273	0.264	0.429	0.014
General anaesthetic	0.024	0.029	0.212	-0.023
TENS	0.076	0.075	0.862	0.003
Other	0.042	0.037	0.287	0.019
Complication:				
None	0.690	0.694	0.746	-0.006
Breech	0.012	0.013	0.644	-0.009
Other abnormal	0.030	0.025	0.246	0.021
Very long labour	0.065	0.064	0.818	0.004
Very rapid labour	0.025	0.027	0.676	-0.008
Foetal distress (heart)	0.106	0.104	0.809	0.004
Foetal distress (meconium)	0.045	0.046	0.937	-0.001
Other	0.105	0.098	0.369	0.016

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference." Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through planned caesarean sections. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B23 — BALANCE BY CUBIC POLYNOMIAL IN HOUR - SAMPLE USED TO ESTIMATE THE FIRST COLUMN OF TABLE 5

Variable	p-value	Variable	p-value
<u>Antenatal</u>			
Received ante-natal care	0.500	Back Pain/lumbago/sciatica	0.448
<i>First ante-natal was before:</i>			
0-11 weeks	0.476	Fits/convulsions/epilepsy	0.109
12-13 weeks	0.160	Diabetes	0.714
≥ 14 weeks	0.910	Cancer	0.557
Don't know	0.387	Digestive or Bowel disorders	0.046
Attended ante-natal classes	0.328	Diabetes during pregnancy	0.967
Received fertility treatment	0.019	<u>Mothers Socioeconomic Status</u>	
Planned parenthood	0.786	Working during pregnancy	0.168
<u>Baby</u>			
Female	0.522	Live in house	0.408
Birth weight (kg)	0.524	# rooms	0.238
Premature	0.858	Own outright	0.680
Length of gestation (days)	0.669	Rent from Local Authority	0.822
Present at birth		Rent from Housing Association	0.435
Father	0.307	Rent privately	0.786
Mother's friend	0.433	Live with parents	0.678
Grandmother (in law)	0.382	Live rent free	0.113
Someone else	0.386	Heating	
<u>Mothers Demographics</u>			
Age	0.620	Open fire	0.579
Had attained expected educ qual. at age 16	0.672	Gas/electric fire	0.330
Married	0.803	Central	0.028
Religion		No heating	0.479
No religion	0.627	Damp or condensation at home	0.054
Catholic	0.157	Assets	
Protestant	0.666	Telephone	0.222
Anglican	0.936	Dishwasher	0.634
Another type of Christian	0.895	Own computer	0.895
Hindu	0.869	Tumble dryer	0.424
Muslim	0.057	Own/access to car	0.326
Other	0.677	Noisy Neighbours	
Ethnicity		Very common	0.272
White	0.498	Fairly common	0.519
Mixed	0.196	Not very common	0.593
Indian	0.359	Not at all common	0.610
Pakistani/Bangladeshi	0.063	Presence of rubbish and litter in the area	
Black	0.864	Very common	0.629
Other	0.512	Fairly common	0.756
Mother's Mother is still alive	0.756	Not very common	0.718
Lived away from home before 17	0.779	Not at all common	0.800
<u>Mothers Health and Lifestyle</u>			
		Garden	
		Own garden	0.219
Smoked during pregnancy (# avg. cig per day)	0.459	Shared garden	0.975
Drank during pregnancy	0.284	Social Assistance	
Longstanding illness	0.731	Child Tax Credit	0.368
Limiting longstanding illness	0.188	Working Families Tax Credit	0.527
If mother has ever had		Income Support	0.870
Migraine	0.982	Jobseekers Allowance	0.089
Hay fever or persistent runny nose	0.089	Housing Benefit	0.064
Bronchitis	0.463	Council Tax Benefit	0.037
Asthma	0.933	Invalid Care Allowance	0.502
Eczema	0.142		

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B24 — BALANCE BY EXPOSURE TO WEEKEND (CONTINUOUS)- SAMPLE USED TO ESTIMATE THE FIRST COLUMN OF TABLE 5

Variable	Correlation with Exposure	p-value	Variable	Correlation with Exposure	p-value
<i>Antenatal</i>			Back Pain/lumbago/sciatica	-0.017	0.219
Received ante-natal care	-0.011	0.452	Fits/convulsions/epilepsy	-0.035	0.013
<i>First ante-natal was before:</i>			Diabetes	-0.002	0.880
0-11 weeks	-0.009	0.539	Cancer	-0.017	0.234
12-13 weeks	0.010	0.479	Digestive or Bowel disorders	-0.039	0.005
≥ 14 weeks	-0.006	0.660	Diabetes during pregnancy	-0.005	0.737
Don't know	-0.002	0.910	<i>Mothers Socioeconomic Status</i>		
Attended ante-natal classes	0.008	0.577	Working during pregnancy	-0.010	0.469
Received fertility treatment	0.005	0.701	Live in house	0.002	0.896
Planned parenthood	0.006	0.690	# rooms	-0.008	0.570
<i>Baby</i>			Own outright	0.006	0.674
Female	0.019	0.169	Rent from Local Authority	0.010	0.495
Birth weight (kg)	-0.005	0.701	Rent from Housing Association	0.010	0.475
Premature	0.007	0.626	Rent privately	-0.008	0.570
Length of gestation (days)	-0.010	0.492	Live with parents	0.008	0.574
Present at birth			Live rent free	-0.003	0.820
Father	0.004	0.797	Heating		
Mother's friend	-0.007	0.623	Open fire	0.008	0.584
Grandmother (in law)	0.020	0.147	Gas/electric fire	-0.006	0.685
Someone else	0.008	0.565	Central	-0.011	0.423
<i>Mothers Demographics</i>			No heating	0.007	0.606
Age	-0.009	0.525	Damp or condensation at home	-0.026	0.062
Had attained expected educ qual. at age 16	0.003	0.811	Assets		
Married	-0.007	0.617	Telephone	-0.008	0.585
Religion			Dishwasher	-0.017	0.238
No religion	0.012	0.406	Own computer	-0.010	0.499
Catholic	0.021	0.138	Tumble dryer	-0.012	0.401
Protestant	-0.013	0.347	Own/access to car	0.000	0.997
Anglican	0.003	0.828	Noisy Neighbours		
Another type of Christian	0.011	0.448	Very common	-0.013	0.368
Hindu	0.010	0.466	Fairly common	0.017	0.217
Muslim	-0.007	0.645	Not very common	-0.007	0.620
Other	0.011	0.421	Not at all common	0.003	0.843
Ethnicity			Presence of rubbish and litter in the area		
White	0.000	0.977	Very common	-0.009	0.533
Mixed	0.029	0.042	Fairly common	-0.007	0.606
Indian	-0.018	0.212	Not very common	0.016	0.258
Pakistani/Bangladeshi	-0.004	0.785	Not at all common	-0.003	0.805
Black	-0.006	0.656	Vandalism and damage to property in the area		
Other	0.017	0.224	Very common	0.010	0.473
Mother's Mother is still alive	-0.009	0.502	Fairly common	-0.017	0.230
Lived away from home before 17	-0.008	0.556	Not very common	0.002	0.881
<i>Mothers Health and Lifestyle</i>			Not at all common	0.004	0.769
Smoked during pregnancy (# avg. cig per day)	-0.006	0.683	Garden		
Drank during pregnancy	-0.004	0.773	Own garden	-0.015	0.274
Longstanding illness	-0.001	0.956	Shared garden	-0.006	0.696
Limiting longstanding illness	0.023	0.110	Social Assistance		
If mother has ever had			Child Tax Credit	-0.008	0.563
Migraine	-0.002	0.889	Working Families Tax Credit	0.002	0.889
Hay fever or persistent runny nose	-0.030	0.035	Income Support	-0.001	0.971
Bronchitis	0.013	0.348	Jobseekers Allowance	-0.009	0.520
Asthma	0.003	0.843	Housing Benefit	0.026	0.067
Eczema	0.013	0.346	Council Tax Benefit	0.028	0.050
			Invalid Care Allowance	-0.019	0.185

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B25 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - SAMPLE USED TO ESTIMATE THE FIRST COLUMN OF TABLE 5

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference	Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<i>Antenatal</i>					Back	0.208	0.232	0.062	-0.041
Received ante-natal care	0.954	0.957	0.593	-0.012	Pain/lumbago/sciatica	0.022	0.032	0.072	-0.040
<i>First ante-natal was before:</i>					Diabetes	0.012	0.011	0.702	0.008
0-11 weeks	0.399	0.411	0.457	-0.016	Cancer	0.010	0.011	0.716	-0.008
12-13 weeks	0.341	0.332	0.566	0.012	Digestive or Bowel disorders	0.076	0.088	0.143	-0.032
≥ 14 weeks	0.187	0.185	0.896	0.003	Diabetes during pregnancy	0.009	0.007	0.438	0.016
Don't know	0.027	0.029	0.693	-0.009	<i>Mothers Socioeconomic Status</i>				
Attended ante-natal classes	0.249	0.246	0.826	0.005	Working during pregnancy	0.514	0.543	0.057	-0.041
Received fertility treatment	0.015	0.015	0.889	-0.003	Live in house	0.834	0.827	0.537	0.013
Planned parenthood	0.460	0.449	0.481	0.015	# rooms	5.033	5.078	0.284	-0.023
<i>Baby</i>					Own outright	0.028	0.025	0.492	0.015
Female	0.507	0.486	0.170	0.030	Rent from Local Authority	0.284	0.273	0.404	0.018
Birth weight (kg)	3.363	3.352	0.486	0.015	Rent from Housing Association	0.101	0.104	0.740	-0.007
Premature	0.043	0.045	0.746	-0.007	Rent privately	0.094	0.103	0.344	-0.021
Length of gestation (days)	279.179	279.279	0.754	-0.007	Live with parents	0.058	0.056	0.814	0.005
Present at birth					Live rent free	0.016	0.019	0.460	-0.016
Father	0.799	0.798	0.982	0.000	Heating				
Mother's friend	0.047	0.049	0.689	-0.009	Open fire	0.035	0.033	0.672	0.009
Grandmother (in law)	0.249	0.242	0.608	0.011	Gas/electric fire	0.306	0.297	0.528	0.014
Someone else	0.110	0.110	0.940	0.002	Central	0.886	0.899	0.187	-0.028
<i>Mothers Demographics</i>					No heating	0.011	0.007	0.076	0.036
Age	26.568	26.691	0.513	-0.014	Damp or condensation at home	0.157	0.183	0.022	-0.050
Had attained expected educ qual. at age 16	0.577	0.587	0.513	-0.014	Assets				
Married	0.456	0.464	0.611	-0.011	Telephone	0.946	0.943	0.693	0.009
Religion					Dishwasher	0.200	0.206	0.594	-0.012
No religion	0.553	0.542	0.483	0.015	Own computer	0.399	0.396	0.795	0.006
Catholic	0.045	0.038	0.244	0.025	Tumble dryer	0.595	0.608	0.401	-0.018
Protestant	0.024	0.032	0.103	-0.036	Own/access to car	0.744	0.735	0.502	0.015
Anglican	0.100	0.101	0.874	-0.003	Noisy Neighbours				
Another type of Christian	0.038	0.040	0.657	-0.010	Very common	0.087	0.087	0.963	-0.001
Hindu	0.010	0.008	0.397	0.018	Fairly common	0.122	0.115	0.502	0.014
Muslim	0.067	0.068	0.886	-0.003	Not very common	0.395	0.415	0.185	-0.029
Other	0.009	0.007	0.418	0.017	Not at all common	0.397	0.383	0.356	0.020
Ethnicity					Presence of rubbish and litter in the area				
White	0.851	0.846	0.648	0.010	Very common	0.151	0.152	0.929	-0.002
Mixed	0.012	0.009	0.285	0.023	Fairly common	0.217	0.231	0.273	-0.024
Indian	0.019	0.024	0.262	-0.025	Not very common	0.367	0.375	0.587	-0.012
Pakistani/Bangladeshi	0.081	0.083	0.744	-0.007	Not at all common	0.265	0.242	0.081	0.038
Black	0.026	0.030	0.490	-0.015	Vandalism and damage to property in the area				
Other	0.012	0.009	0.285	0.023	Very common	0.113	0.104	0.384	0.019
Mother's Mother is still alive	0.932	0.934	0.792	-0.006	Fairly common	0.148	0.175	0.020	-0.051
Lived away from home before 17	0.202	0.208	0.668	-0.009	Not very common	0.406	0.404	0.898	0.003
<i>Mothers Health and Lifestyle</i>					Not at all common	0.333	0.317	0.254	0.025
Smoked during pregnancy (# avg. cig. per day)	3.559	3.621	0.734	-0.007	Garden				
Drank during pregnancy	0.249	0.254	0.725	-0.008	Own garden	0.830	0.833	0.789	-0.006
Longstanding illness	0.207	0.205	0.862	0.004	Shared garden	0.042	0.045	0.605	-0.011
Limiting longstanding illness	0.104	0.088	0.071	0.039	Social Assistance				
If mother has ever had					Child Tax Credit	0.130	0.135	0.666	-0.009
Migraine	0.225	0.225	0.994	0.000	Working Families Tax Credit	0.249	0.256	0.618	-0.011
Hay fever or persistent runny nose	0.229	0.260	0.018	-0.052	Income Support	0.288	0.290	0.870	-0.004
Bronchitis	0.076	0.068	0.316	0.022	Jobseekers Allowance	0.044	0.043	0.793	0.006
Asthma	0.174	0.178	0.745	-0.007	Housing Benefit	0.255	0.237	0.155	0.031
Eczema	0.182	0.181	0.913	0.002	Council Tax Benefit	0.240	0.219	0.104	0.035
					Invalid Care Allowance	0.014	0.015	0.828	-0.005

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference." Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and # rooms.

Source: Millennium Cohort Study.

TABLE B26 — BALANCE BY CUBIC POLYNOMIAL IN
 HOUR - SAMPLE USED TO ESTIMATE THE FIRST COLUMN
 OF TABLE 5

Variable	p-value
<i>Delivery:</i>	
Labour induced	0.000
Labour duration (hours)	0.534
Type Delivery:	
Normal	0.086
Forceps	0.728
Vacuum	0.362
Other	0.481
Pain relief:	
None	0.292
Gas and air	0.281
Pethidine	0.327
Epidural	0.174
General anaesthetic	0.552
TENS	0.914
Other	0.811
Complication:	
None	0.978
Breech	0.906
Other abnormal	0.101
Very long labour	0.817
Very rapid labour	0.377
Foetal distress (heart)	0.670
Foetal distress (meconium)	0.302
Other	0.815

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B27 —BALANCE BY EXPOSURE TO WEEKEND - SAMPLE USED TO ESTIMATE THE FIRST COLUMN OF TABLE 5

Variable	Correlation with Exposure	p-value
<i>Delivery:</i>		
Labour induced	0.052	0.000
Labour duration (hours)	0.004	0.797
Type Delivery:		
Normal	-0.006	0.696
Forceps	0.009	0.531
Vacuum	-0.002	0.881
Other	0.025	0.081
Pain relief:		
None	-0.019	0.168
Gas and air	0.015	0.288
Pethidine	0.007	0.608
Epidural	0.010	0.471
General anaesthetic	0.014	0.336
TENS	0.004	0.787
Other	0.012	0.385
Complication:		
None	0.002	0.870
Breech	0.002	0.900
Other abnormal	0.007	0.607
Very long labour	0.006	0.651
Very rapid labour	-0.015	0.297
Foetal distress (heart)	-0.008	0.583
Foetal distress (meconium)	-0.022	0.115
Other	0.005	0.749

Notes: Figures report the correlation between the variable to the left and the Exposure variable, as well as the P-value that the correlation is equal to zero. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

TABLE B28 — BALANCE BY EXPOSURE TO WEEKEND (BINARY) - SAMPLE USED
TO ESTIMATE THE FIRST COLUMN OF TABLE 5

Variable	Exposure > 0	Exposure = 0	p-value diff	Std. Difference
<i>Delivery</i>				
Labour induced	0.314	0.287	0.056	0.041
Labour duration (hours)	8.817	8.707	0.729	0.007
Type Delivery:				
Normal	0.904	0.897	0.448	0.017
Forceps	0.037	0.036	0.815	0.005
Vacuum	0.062	0.066	0.547	-0.013
Other	0.009	0.007	0.476	0.015
Pain relief:				
None	0.100	0.105	0.573	-0.012
Gas and air	0.801	0.791	0.444	0.017
Pethidine	0.360	0.369	0.559	-0.013
Epidural	0.202	0.198	0.712	0.008
General anaesthetic	0.003	0.001	0.233	0.024
TENS	0.076	0.078	0.827	-0.005
Other	0.035	0.031	0.426	0.017
Complication:				
None	0.758	0.754	0.764	0.007
Breech	0.003	0.005	0.463	-0.017
Other abnormal	0.019	0.020	0.952	-0.001
Very long labour	0.048	0.043	0.372	0.019
Very rapid labour	0.026	0.029	0.571	-0.012
Foetal distress (heart)	0.073	0.080	0.406	-0.018
Foetal distress (meconium)	0.037	0.043	0.341	-0.021
Other	0.080	0.078	0.728	0.008

Notes: Figures in columns titled "Exposure>0" and "Exposure=0" are sample means of the variable listed under the column titled "Variable". The p-value of the test of the difference between the two means is shown under the column titled "p-value diff". The standardized difference of the difference between the two means is shown under the column titled "Std. Difference." Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. All variables are dummy variables, with the exception of labour duration.

Source: Millennium Cohort Study.

Appendix C: Monte Carlo Experiment

Given our sample and First-Stage estimates, what estimates (or bias) should we expect if the true effect of breastfeeding on children's development is zero? And analogously, what should we expect if the true effect is positive? To answer these questions, as well as investigate the finite sample properties of NTSLS, which is still relatively new in empirical practice, we perform a Monte Carlo simulation. We use our model estimates as well as our sample to define the data generating process so that the results are relevant for our subsequent empirical analysis.

C1. Design of the Monte Carlo Experiment

We design the Monte Carlo experiment such that the Monte Carlo samples closely resemble the analysis sample. With this objective, we specify the Data Generating Process (DGP) of the Monte Carlo simulation using the sample and parameter values (both of the First Stage and of the outcome equation) that we obtain when we estimate the model with the cognitive index as the outcome variable (Table 5 column 1 if we use *Exposure* as exclusion restriction, and Table 5 column 4 if we use the cubic polynomial in *Hour*). Moreover, we choose the value of the correlation between the error term of the breastfeeding and the outcome equation so that the average OLS estimate across the Monte Carlo samples equals the OLS estimate obtained using the analysis sample (Table 5). In what follows, we describe in detail the Monte Carlo exercise using *Exposure*, but we also report the results of when we use the cubic polynomial in *Hour*.

The Monte Carlo design keeps the sample of (N=5,015) observations, \mathbf{X}_i and $Exposure_i$ variables fixed. We carry out seven different Monte Carlo simulations, one for each different value of α_1 : 0, 0.05, 0.10, 0.15, 0.25, 0.35, 0.46 (this latter one corresponds to the one estimated using actual data and reported in column 1 of Table 5). The steps below require that we specify a value for ρ , the correlation between the unobservables of the breastfeeding equation and of the cognitive development equation, $(\varepsilon_i, \vartheta_i)$. We define a grid of possible values for ρ , and carry out the steps below for each value of the grid (for ease of notation, we omit the sub index of ρ, α , and the Monte Carlo replica sub index) and then choose the final results to report

according to the criteria specified in Step 8. The steps of the Monte Carlo design are as follow:

Step 1a: Estimate a Probit First Stage model (see equation 3) using actual data: $Exposure_i$, \mathbf{X}_i and B_i (Breastfeeding). The estimates $[\hat{\beta}_0, \hat{\beta}_1, \hat{\beta}_2]$ are saved, to be used in the steps below. Note that this step is independent of the chosen values of α_1 and ρ .

Step 2a: Use NTSLs to estimate the parameters of the outcome equation (equation 2) on actual data: $Exposure_i$, \mathbf{X}_i , B_i (breastfeeding), \mathbf{h}_j (hospital fixed effect), Y_{ij} (cognitive index). The estimates $[\hat{\alpha}_0, \hat{\alpha}_1, \hat{\alpha}_2, \hat{h}_j, \hat{\sigma}_\varepsilon^2]$ are saved, to be used in the steps below. The estimate of $[\hat{\alpha}_1]$ is the one reported in Table 5 col. 1 (Table 5 col. 4 if using *Hour*). Note that this step is also independent of the chosen values of α_1 and ρ .

Step 3a: Obtain $\{\tilde{\varepsilon}_i, \tilde{\vartheta}_i\}_{i=1}^N$ draws of the bivariate normal distribution with variances $(\sigma_\varepsilon^2, 1)$ and correlation coefficient ρ .

Step 4a: Using the parameter values of the First Stage Probit model from step 1a, $[\hat{\beta}_0, \hat{\beta}_1, \hat{\beta}_2]$, we obtain simulated values for breastfeeding, \tilde{B}_i , as $\tilde{B}_i = 1 [\hat{\beta}_0 + \hat{\beta}_1 Exposure_i + \hat{\beta}_2 \mathbf{X}_i + \tilde{\vartheta}_i > 0]$.

Step 5a: Using the parameter values of the outcome equation obtained in step 2a, $[\hat{\alpha}_0, \hat{\alpha}_2, \hat{h}_j, \hat{\sigma}_\varepsilon^2]$, we obtain simulated values for \tilde{Y}_{ij} as $\tilde{Y}_{ij} = \hat{\alpha}_0 + \alpha_1 \tilde{B}_i + \hat{\alpha}_2 \mathbf{X}_i + \hat{h}_j + \tilde{\varepsilon}_i$, where \tilde{B}_i comes from Step 4a and α_1 depends on the specific Monte Carlo simulation ($\alpha_1: 0, 0.05, 0.10, 0.15, 0.25, 0.35, 0.46$).

Step 6a: Using the 5015 observations of $Exposure_i$, X_i , and associated simulated values of \tilde{B}_i (from step 4a), and \tilde{Y}_{ij} (from step 5a), the second stage IV regression (equation 2) is estimated using NTSLs and TSLs to obtain $\bar{\alpha}_1^{NTSLs}$ and $\bar{\alpha}_1^{TSLs}$. The values of $\bar{\alpha}_1^{NTSLs}$, $\bar{\alpha}_1^{TSLs}$ are saved, as well as their estimated standard errors. In this step, we also compute the OLS estimator of equation (2) and save $\bar{\alpha}_1^{OLS}$.

Step 7a: Repeat steps 3a-6a 1,000 times, keeping $Exposure_i$, \mathbf{X}_i , \mathbf{h}_j , the values of α_1 , ρ , and the parameters from steps 1 and 2 fixed.

Step 8a: Report the results for which ρ is such that the average of $\bar{\alpha}_1^{OLS}$ across the 1,000 simulations is equal to the actual OLS estimate of α_1 ($= 0.057$).¹

¹ We report the results for which ρ is such that the average of $\bar{\alpha}_1^{OLS}$ across the 1,000 simulations equals the actual OLS estimate so that the Monte Carlo samples resemble closely our study sample. Because the DGP for breastfeeding follows a non-linear process, there is no closed form solution to obtain such a value of ρ , and hence we implement a grid search.

C2. Monte Carlo Experiment Results

Table C1 compares the descriptive statistics of the cognitive index and breastfeeding in the actual data with those of the simulated data (for the case of case of $\alpha_1 = 0.46$) to check that the simulated data replicates the empirical patterns of the actual data.

TABLE C1 — MONTE CARLO: COMPARISON OF ACTUAL AND SIMULATED DATA

	Actual Data	Simulated Data- Exposure to weekend	Simulated Data - Polynomial in hours
<i>Cognitive Index</i>			
Average	0.0050	0.0048	0.0075
SD	0.5559	0.5553	0.5544
<i>Breastfed</i>			
Average	0.2389	0.2388	0.2388

Notes. The first column of the Table reports descriptive statistics for the variables cognitive index and breastfeeding for at least 90 days, for the sample used to estimate the first column of Table 5. The second and third columns report the same descriptive statistics across 1000 Monte Carlo simulations in which the parameters of the Data Generating Process, both first and second stage, including the sample size and control variables correspond to the ones obtained using the cognitive index as dependent variable (Table 5, cognitive index, NTSLs), using exposure to weekend or the polynomial in hours as exclusion restrictions. The first and second stage equations of the Data Generating Process assume bivariate normality with correlation coefficient chosen so that the average OLS estimate of breastfeeding on the cognitive index across the 1000 Monte Carlo simulations match the OLS estimate reported in the third row and first column of Table 5.

For each value of α_1 , Table C2 reports the average, median, and standard deviation (SD) of $\bar{\alpha}_1^{NTSLs}$ and $\bar{\alpha}_1^{TSLs}$ across the 1,000 Monte Carlo samples, as well as the average across the 1,000 estimated standard errors of $\bar{\alpha}_1^{NTSLs}$ and $\bar{\alpha}_1^{TSLs}$. When the true effect of breastfeeding on cognitive development is set to zero ($\alpha_1 = 0$), both the NTSLs and TSLs averages and medians are centered at zero. The difference between the two methods is in the dispersion of the parameter estimates. The SD of $\hat{\alpha}_1$ is three times larger when we use TSLs than NTSLs. Hence, given the parameter estimates of our First Stage (which we use to simulate the data), we should expect $\hat{\alpha}_1$ to be close to zero if there is truly no effect of breastfeeding (but dispersion will be much higher when using TSLs than NTSLs). Similar results (i.e. averages/medians being very close to the true effect but dispersion being much smaller with NTSLs than TSLs) are found for values of α_1 up to 0.15.

TABLE C2 — MONTE CARLO: COMPARISON NTSLS VS. TSLS. EXCLUSION RESTRICTION EXPOSURE TO WEEKEND

	True $\alpha_1 = 0$		True $\alpha_1 = 0.05$		True $\alpha_1 = 0.10$		True $\alpha_1 = 0.15$	
	NTSLS	TSLS	NTSLS	TSLS	NTSLS	TSLS	NTSLS	TSLS
Average of $\hat{\alpha}_1$	0.017	-0.027	0.051	0.060	0.090	0.151	0.127	0.179
Median of $\hat{\alpha}_1$	0.021	-0.012	0.051	0.062	0.091	0.101	0.121	0.173
SD of $\hat{\alpha}_1$	0.146	0.677	0.145	0.680	0.146	0.667	0.153	0.679
Average of Standard Error of $\hat{\alpha}_1$	0.149	0.813	0.149	0.764	0.149	0.795	0.149	0.730
MSE	0.221	0.699	0.192	0.625	0.161	0.543	0.137	0.541
	True $\alpha_1 = 0.25$		True $\alpha_1 = 0.35$		True $\alpha_1 = 0.46$			
	NTSLS	TSLS	NTSLS	TSLS	NTSLS	TSLS		
Average of $\hat{\alpha}_1$	0.197	0.270	0.268	0.403	0.354	0.538		
Median of $\hat{\alpha}_1$	0.190	0.230	0.267	0.355	0.353	0.469		
SD of $\hat{\alpha}_1$	0.151	0.666	0.148	0.670	0.146	0.674		
Average of Standard Error of $\hat{\alpha}_1$	0.148	0.861	0.148	0.721	0.147	0.732		
MSE	0.094	0.481	0.060	0.452	0.033	0.459		

Notes. The first row reports the average across 1000 Monte Carlo simulations of the estimate of breastfeeding for at least 90 days in equation (2). The column heading indicates the effect of breastfeeding as assumed in the Monte Carlo simulations (the value of 0.46 correspond to the one estimated using actual data in Table 5). The rest of the parameters of the Data Generating Process, both first and second stage, including the sample size and control variables correspond to the ones obtained using the cognitive index as dependent variable (Table 5, cognitive index, NTSLS). The error terms of the first and second stage are assumed to be bivariate normal with correlation coefficient chosen so that the average OLS estimate of breastfeeding across 1000 simulations is equal to the one estimated in the actual data (0.057, see Table 5). The estimation method, NTSLS (Non-Linear Two Stage Least Squares) or TSLS (Two Stage Least Squares), is noted in the column heading. The second (third) row corresponds to the median (standard deviation) of the estimate of breastfeeding across the 1000 Monte Carlo simulations. The fourth row reports the average across the 1000 simulations of the estimated standard error of the breastfeeding coefficient. The fifth row reports the Mean Square Error of the breastfeeding coefficient.

The columns for values of α_1 ranging from 0.25 to 0.46 show that both TSLS and NTSLS estimators are biased towards zero, with the size of the bias larger for NTSLS (which means that NTSLS estimates are particularly conservative).² The larger α_1 is, the larger the bias (towards zero) is. This is because the larger α_1 , the further away α_1 is from its OLS estimate of 0.057, and hence the larger the endogeneity (correlation between the error terms of the equations) is. For a given strength of the First Stage, the larger the endogeneity is, the worse are the properties of the instrumental variables estimators (Shea 1997; Hall, Rudebusch, and Wilcox 1996). Note however that the far smaller dispersion of NTSLS with respect to TSLS is independent of the true value of α_1 . Similar results are obtained using the third order polynomial in *Hour* instead of *Exposure* as exclusion restriction (see Table C3).

² Newey (1990a) also reports a larger bias with NTSLS than with TSLS even when he uses the prediction obtained with the true Probit model instead of the estimated one, as us.

TABLE C3 — MONTE CARLO: COMPARISON NTSLS VS. TSLS. EXCLUSION RESTRICTION POLYNOMIAL IN HOUR

	True $\alpha_1 = 0$		True $\alpha_1 = 0.05$		True $\alpha_1 = 0.10$		True $\alpha_1 = 0.15$	
	NTSLS	TSLs	NTSLS	TSLs	NTSLS	TSLs	NTSLS	TSLs
Average of $\hat{\alpha}_1$	0.018	0.003	0.052	0.061	0.091	0.098	0.126	0.153
Median of $\hat{\alpha}_1$	0.021	0.005	0.051	0.061	0.093	0.090	0.124	0.144
SD of $\hat{\alpha}_1$	0.138	0.412	0.139	0.417	0.141	0.398	0.144	0.420
Average of Standard Error of $\hat{\alpha}_1$	0.142	0.423	0.142	0.419	0.141	0.409	0.142	0.419
MSE	0.208	0.372	0.179	0.327	0.151	0.283	0.127	0.266
	True $\alpha_1 = 0.25$		True $\alpha_1 = 0.35$		True $\alpha_1 = 0.46$			
	NTSLS	TSLs	NTSLS	TSLs	NTSLS	TSLs		
Average of $\hat{\alpha}_1$	0.198	0.232	0.267	0.322	0.352	0.425		
Median of $\hat{\alpha}_1$	0.197	0.213	0.267	0.309	0.347	0.390		
SD of $\hat{\alpha}_1$	0.145	0.401	0.140	0.392	0.137	0.442		
Average of Standard Error of $\hat{\alpha}_1$	0.141	0.414	0.141	0.408	0.140	0.423		
MSE	0.086	0.209	0.054	0.170	0.029	0.196		

Notes: The first row reports the average across 1000 Monte Carlo simulations of the estimate of breastfeeding for at least 90 days in equation (2). The column heading indicates the effect of breastfeeding as assumed in the Monte Carlo simulations. The rest of the parameters of the Data Generating Process, both first and second stage, including the sample size and control variables correspond to the ones obtained using the cognitive index as dependent variable (Table 5, cognitive index, NTSLS). The error terms of the first and second stage are assumed to be bivariate normal with correlation coefficient chosen so that the average OLS estimate of breastfeeding across 1000 simulations is equal to the one estimated in the actual data (0.057, see Table 5). The estimation method, NTSLS (Non-Linear Two Stage Least Squares) or TSLs (Two Stage Least Squares), is noted in the column heading. The second (third) row corresponds to the median (standard deviation) of the estimate of breastfeeding across the 1000 Monte Carlo simulations. The fourth row reports the average across the 1000 simulations of the estimated standard error of the breastfeeding coefficient. The fifth row reports the Mean Square Error of the breastfeeding coefficient.

Source: Millennium Cohort Study.

It is known that weak instruments might result in the estimated standard errors being too small. However, the Monte Carlo results indicate that this is not a problem in our case. Indeed, the standard errors are correctly estimated (independently of the true value of α_1 , the SD across the $\hat{\alpha}_1$ estimates matches the average estimated standard error of $\hat{\alpha}_1$ across the 1,000 Monte Carlo samples with either NTSLS or TSLs). For the case of *Exposure*, TSLs produces a few very large outlier values of $\bar{\alpha}_1^{TSLs}$ which we eliminate (around 20) when computing Table C2. This explains why the standard errors of $\bar{\alpha}_1^{TSLs}$ are slightly overestimated. Note that this is not a problem when we use NTSLS, nor when we use the cubic polynomial in *Hour*.

In summary, using our sample and parameter estimates (including our First Stage estimates) to simulate data, we find that (1) both NTSLS and TSLs are consistent if the true effect of breastfeeding is relatively small (including zero), (2) both NTSLS and TSLs are biased towards zero if the true effect is large, (3) the standard errors are correctly estimated. This means that our estimates are conservative and that, if

anything, our estimates will be lower bounds. We also find that NTLS is far more precise than TSLS.

C3. Departures from Normality

It is natural to ask how the NTLS will perform *vis-à-vis* TSLS if the true DGP for the breastfeeding binary variable is not normal, yet a Probit model is used, as we currently do. To study this, we conduct a new Monte Carlo experiment, which we specify below (for simplicity we keep α_1 to be 0.46). In the design below, the degree of endogeneity of Breastfeeding will be measured by the parameter π , which we define below precisely below. As we did with ρ in the previous design, we compute the simulation below for a grid of values of π and then choose the final results to report according to the criteria specified in Step 8b below. The steps of the Monte Carlo experiment are as follow:

Step 1b: Choose one of the following distributions for the error term of (3): a t -distribution with three degrees of freedom (which generates a symmetric distribution with fat tails),³ a mixture of two normal with means -2 and +2 and standard deviation of 1 (which provides a symmetric but bimodal distribution), and a generalized logistic distribution, where the location is 0, the scale parameter is 1, and shape parameter is 0.4 (which generates a distribution skewed to the left). Under the chosen non-normal distribution, estimate (through Maximum Likelihood) the discrete choice model (3) using the same sample and variables that we use for the analysis.

Step 2b: Simply recover the value of the estimates of $[\hat{\alpha}_0, \hat{\alpha}_1, \hat{\alpha}_2, \hat{\mathbf{h}}_y, \hat{\sigma}_\varepsilon^2]$, which were obtained in Step 2a of section C1 of this Appendix. Note that $\hat{\alpha}_1$ will be equal to 0.46.

Step 3b: Draw $\{\tilde{\vartheta}_i\}_{i=1}^N$ from the non-Normal distribution selected in Step 1(b), and draw $\{\tilde{v}_i\}_{i=1}^N$ from a $N(0, \sigma_v^2)$. Compute $\tilde{\varepsilon}_i = \pi \tilde{\vartheta}_i + \tilde{v}_i$, using values of σ_v^2 such that the variance of $\tilde{\varepsilon}_i$ corresponds to $\hat{\sigma}_\varepsilon^2$.

³ When choosing these distributions, we follow Westerlund and Hjertstrand (2014), who study the properties of a semi-parametric binary choice estimator. Westerlund and Hjertstrand (2014) use a t -distribution with 1 instead of 3 degrees of freedom because the one with 1 degree of freedom generates many outliers when estimating the second stage, probably because the variance the t distribution with 1 or 2 degrees is not defined. This is probably not an issue for Westerlund and Hjertstrand (2014) because they only estimate the binary choice model, and do not have a linear second stage as we have.

Step 4b: Using the parameter values of the discrete choice model estimated in Step 1b and the corresponding draws, $\{\tilde{\vartheta}_i\}_{i=1}^N$, obtain simulated values for breastfeeding, \tilde{B}_i using (3). Note that $\{\tilde{\vartheta}_i\}_{i=1}^N$ do not follow a Normal distribution.

Step 5b: Using the parameter values of the outcome equation obtained in Step 2b, $[\hat{\alpha}_0, \hat{\alpha}_2, \hat{\mathbf{h}}_j]$, and the $\{\tilde{\varepsilon}_i\}_{i=1}^N$ draws, obtain simulated values for \tilde{Y}_{ij} as $\tilde{Y}_{ij} = \hat{\alpha}_0 + \alpha_1 \tilde{B}_i + \hat{\alpha}_2 \mathbf{X}_i + \hat{\mathbf{h}}_j + \tilde{\varepsilon}_i$, where \tilde{B}_i comes from Step 4 (b) and α_1 equals 0.46.

Step 6b: Using the 5015 observations of $Exposure_i$, \mathbf{X}_i , and associated simulated values of \tilde{B}_i (from Step 4b), and \tilde{Y}_{ij} (from Step 5b), the second stage IV regression (equation 2) is estimated using NTSLs (using the Probit prediction as instrument) and TSLS to obtain $\bar{\alpha}_1^{NTSLS}$ and $\bar{\alpha}_1^{TSLS}$. The values of $\bar{\alpha}_1^{NTSLS}$, $\bar{\alpha}_1^{TSLS}$ are saved, as well as their estimated standard errors. In this step, we also compute the OLS estimator of equation (2) and save $\bar{\alpha}_1^{OLS}$.

Step 7b: Repeat steps 3-6 1,000 times, keeping $Exposure_i$, \mathbf{X}_i , \mathbf{h}_j , the values of α_1 , ρ , and the parameters from steps 1b (including the distributional assumptions) and 2b fixed.

Step 8b: Report the results for which π is such that the average of $\bar{\alpha}_1^{OLS}$ across the 1,000 simulations is equal to the actual OLS estimate of α_1 (= 0.057).

Table C4 reports the results of the Monte Carlo experiment when the true error term of the discrete choice model of Breastfeeding does not follow a Normal distribution, but still we use NTSLs (with the prediction of breastfeeding from a Probit model as instrument). The first row shows that the NTSLs estimate of α_1 is still biased towards zero (as in Tables C2 and C3). The third and fourth row shows that the estimated standard errors are also unbiased for NTSLs. Also, independently of the true distribution of the error term of the discrete choice model, the NTSLs estimates of α_1 using a Probit model are much less dispersed than when TSLS (linear prediction) is used. So neither our interpretation that the estimates obtained using NTSLs are conservative, nor our main conclusions on the advantages of the NTSLs *vis-à-vis* TSLS, depend on the true distribution of the error term being Normal.

TABLE C4 — SIMULATIONS: COMPARISON NTSLS VS. TSLS. EXCLUSION RESTRICTION EXPOSURE TO WEEKEND

	Error Distribution					
	t-student		generalized logistic		mix of normals	
	NTSLS	TSLS	NTSLS	TSLS	NTSLS	TSLS
True $\alpha_1 = 0.46$						
Average of $\hat{\alpha}_1$	0.402	0.524	0.346	0.517	0.242	0.527
Median of $\hat{\alpha}_1$	0.398	0.481	0.346	0.422	0.230	0.464
SD of $\hat{\alpha}_1$	0.119	0.674	0.148	0.661	0.226	0.712
Average of Standard Error of $\hat{\alpha}_1$	0.125	0.799	0.151	0.709	0.228	0.839
MSE	0.018	0.457	0.036	0.440	0.101	0.510

Notes. The first row reports the average across 1000 Monte Carlo simulations of the estimate of breastfeeding for at least 90 days in equation (2). The column heading indicates the distribution of the error term of the breastfeeding discrete choice model. The estimation method, NTSLS (Non-Linear Two Stage Least Squares) or TSLS (Two Stage Least Squares), is noted in the column heading. NTSLS always uses a Probit model for Breastfeeding, independently of the true distribution of the discrete choice model, which is indicated in the column heading. The second (third) row corresponds to the median (standard deviation) of the estimate of breastfeeding across the 1000 Monte Carlo simulations. The fourth row reports the average across the 1000 simulations of the estimated standard error of the breastfeeding coefficient. The fifth row reports the Mean Square Error of the breastfeeding coefficient.

Appendix D: Results by Age

In this appendix, we report results on the effects of breastfeeding on children's development separately by age and measures. This not only provides insight into the magnitude of the effects, but also helps to see where the effects are most concentrated (and whether the index is masking effects at specific ages/for specific subtests). Note that in the tables in this appendix, effects are presented in terms of coefficient estimates, and the mean and standard deviation of the outcome variables are shown in the table for scaling purposes. As before, the tables report the NTSLS estimates along with the TSLS and OLS estimates.

Table D1 extends the results contained in Table 6 (main text), with the results for age 7. Because attrition is substantially higher at age 7, we also report results correcting for attrition using Inverse Propensity Weighing (IPW) in columns 9-11. At age 7, we do not find effects of breastfeeding in children cognitive development, although it must be said that our estimates are even more imprecise than for age 3 and 5 (which can be seen by comparing the standard error of the estimates to the standard deviation reported at the bottom of the table).

TABLE D1 — EFFECT OF BREASTFEEDING ON COGNITIVE OUTCOMES AT AGES 3, 5 AND 7 YEARS

	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]	[9]	[10]	[11]
	3 years		5 years			7 years			7 years (IPW)		
	Expressive Language	School Readiness	Expressive Language	Pictorial Reasoning	Visuo-Spatial	Numerical	Reading	Visuo-Spatial	Numerical	Reading	Visuo-Spatial
NTSLS	9.883 (5.037)	8.259 (3.707)	8.583 (5.164)	3.212 (4.162)	4.892 (6.753)	0.942 (1.120)	-11.844 (11.970)	8.548 (6.163)	1.103 (1.188)	-4.122 (12.478)	11.904 (6.715)
TSLs	21.979 (21.872)	7.336 (12.345)	22.183 (19.729)	14.443 (15.538)	23.256 (25.323)	-0.228 (2.827)	-11.958 (28.565)	-9.145 (17.007)	-0.064 (2.262)	5.799 (22.810)	-6.568 (13.602)
OLS	2.062 (0.623)	1.038 (0.456)	1.579 (0.544)	1.100 (0.442)	1.119 (0.727)	0.358 (0.114)	2.375 (1.218)	1.671 (0.681)	0.292 (0.120)	1.467 (1.257)	1.624 (0.724)
F statistic	4.696	6.539	5.386	5.570	5.498	6.395	7.538	6.457	6.395	7.538	6.457
P-value	0.030	0.011	0.020	0.018	0.019	0.012	0.006	0.011	0.012	0.006	0.011
Mean	70.38	22.19	104.10	80.24	85.43	9.12	101.10	114.00	9.12	101.10	114.00
SD	17.74	12.56	15.64	11.75	19.70	2.87	30.96	16.68	2.87	30.96	16.68
Observations	4,212	4,004	4,349	4,355	4,333	3,888	3,840	3,872	3,888	3,840	3,872

Notes. Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TSLs denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. The exclusion restriction from the second-stage regressions is exposure to weekend. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

We next turn to the effects on children’s non-cognitive skills, as measured by the widely used Strengths and Difficulties Questionnaire. Estimates are shown in Table D2. The effects on this domain are considerably weaker than the effects on cognition: at no age are the effects statically distinguishable from zero at conventional levels.

TABLE D2 — EFFECT OF BREASTFEEDING ON NON-COGNITIVE OUTCOMES AT AGES 3, 5 AND 7 YEARS

	3 years	5 years	7 years
	Strengths and Difficulties	Strengths and Difficulties	Strengths and Difficulties
NTSLS	2.059 (1.674)	-0.701 (1.350)	0.613 (1.445)
TOLS	-3.103 (5.599)	2.343 (3.641)	0.727 (3.614)
OLS	0.754 (0.175)	0.375 (0.136)	0.566 (0.164)
F statistic	5.748	6.598	8.277
P-value	0.017	0.010	0.004
Mean	24.98	23.70	24.48
SD	4.880	3.602	4.122
Observations	4,127	4,213	3,818

Notes: Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TOLS denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. The exclusion restriction from the second-stage regressions is exposure to weekend. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is jointly zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

The final dimension of child development we consider is health, which we additionally observe at wave 1, when the child is approximately 9 months old. Hence, Tables D3 - D6 report results for 9 months, 3, 5 and 7 years of age. Our results are in line with those of the randomized trial conducted by Kramer et al. (2001), which found only weak effects on health, as well as Baker and Milligan (2008).¹ It is also worth stressing that we are unlikely to pick up any health effect of breastfeeding that is present only during the period when the mother

¹ Clearly, this result is not relevant for developing countries where hygienic conditions are very different and children who are not breastfed are at much higher risk of infection.

breastfeeds the child (and that ceases once breastfeeding discontinues).² This is because 2 out of 3 mothers who breastfed for at least 3 months are not breastfeeding by 9 months, the time when health outcomes are observed. Another limitation of the health outcomes is that, except for obesity, they are self-reported by the mother, rather than assessed directly by a trained interviewers (as is the case for the cognitive outcomes).

TABLE D3 — EFFECT OF BREASTFEEDING ON PHYSICAL OUTCOMES AT 9 MONTHS OF AGE

	[1]	[2]	[3]	[4]	[5]	[6]	[7]
	Obesity	Chest infections	Ear infections	Wheezing or asthma	Skin problems	Persistent or severe vomiting	Persistent or severe diarrhea
NTSLS	-0.033 (0.086)	0.066 (0.161)	0.04 (0.102)	-0.098 (0.098)	0.011 (0.143)	0.133 (0.097)	-0.007 (0.096)
TOLS	0.437 (0.295)	-0.223 (0.453)	0.277 (0.312)	0.368 (0.297)	0.012 (0.379)	0.131 (0.262)	-0.095 (0.267)
OLS	-0.024 (0.008)	-0.009 (0.015)	0.004 (0.010)	-0.013 (0.008)	0.015 (0.013)	-0.001 (0.009)	-0.022 (0.009)
F statistic	8.024	7.725	7.725	7.725	7.725	7.725	7.725
P-value	0.005	0.005	0.005	0.005	0.005	0.005	0.005
Mean	0.066	0.290	0.088	0.075	0.171	0.070	0.078
SD	0.248	0.454	0.283	0.263	0.377	0.254	0.268
Observations	5,578	5,808	5,808	5,808	5,808	5,808	5,808

Notes. Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TOLS denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. The exclusion restriction from the second-stage regressions is exposure to weekend. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

² It is plausible that breastfeeding improves health while the child is being breastfed, due to the transmission of the mother's antibodies to the child, protecting him/her from infections, but that this benefit ceases once breastfeeding is discontinued.

TABLE D4 — PHYSICAL OUTCOMES AT 3 YEARS OF AGE

	[1]	[2]	[3]	[4]	[5]	[6]
	Obesity	Long standing health condition	Recurring ear infections	Asthma (ever)	Eczema/ Hay fever (ever)	Wheezing/ whistling in chest (ever)
NTSLS	-0.146 (0.083)	-0.143 (0.133)	0.009 (0.097)	-0.164 (0.135)	-0.250 (0.173)	-0.061 (0.164)
TSLS	0.067 (0.292)	-0.755 (0.596)	-0.035 (0.305)	-0.618 (0.503)	-0.038 (0.580)	0.397 (0.614)
OLS	0.000 (0.010)	-0.01 (0.014)	0.008 (0.010)	-0.023 (0.012)	-0.021 (0.018)	-0.023 (0.017)
F statistic	5.061	5.162	5.245	5.666	5.186	5.162
P-value	0.025	0.023	0.022	0.017	0.023	0.023
Mean	0.060	0.158	0.064	0.139	0.367	0.323
SD	0.237	0.365	0.245	0.346	0.482	0.468
Observations	4,209	4,487	4,484	4,412	4,440	4,487

Notes. Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TSLS denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. The exclusion restriction from the second-stage regressions is exposure to weekend. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE D5 — PHYSICAL OUTCOMES AT 5 YEARS OF AGE

	[1]	[2]	[3]	[4]	[5]	[6]	[7]
	Obesity	Excellent health	Long standing health condition	Asthma (ever)	Eczema (ever)	Hay fever (ever)	Wheezing/whistling in chest (ever)
NTSLS	-0.255 (0.098)	-0.031 (0.188)	0.171 (0.154)	0.015 (0.141)	-0.112 (0.178)	0.095 (0.123)	0.193 (0.175)
TOLS	-0.072 (0.289)	-0.139 (0.538)	-0.162 (0.434)	0.380 (0.436)	-0.102 (0.510)	0.586 (0.434)	0.200 (0.499)
OLS	-0.018 (0.009)	0.023 (0.019)	0.027 (0.016)	-0.003 (0.014)	0.01 (0.018)	0.009 (0.013)	-0.019 (0.017)
F statistic	5.712	6.532	6.508	6.582	6.719	6.060	6.603
P-value	0.017	0.011	0.011	0.010	0.010	0.014	0.010
Mean	0.062	0.478	0.194	0.169	0.329	0.107	0.301
SD	0.240	0.500	0.395	0.375	0.470	0.309	0.459
Observations	4,343	4,398	4,397	4,380	4,394	4,381	4,396

Notes. Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TOLS denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. The exclusion restriction from the second-stage regressions is exposure to weekend. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE D6 —PHYSICAL OUTCOMES AT 7 YEARS OF AGE

	[1]	[2]	[3]	[4]	[5]	[6]
	Obesity	Long standing health condition	Asthma (ever)	Eczema (ever)	Hay fever (ever)	Wheezing/whistling in chest (ever)
NTSLS	-0.187 (0.117)	-0.099 (0.149)	-0.008 (0.141)	0.054 (0.174)	0.214 (0.142)	0.029 (0.164)
TOLS	-0.123 (0.301)	-0.244 (0.378)	0.378 (0.389)	0.393 (0.489)	0.353 (0.371)	0.397 (0.450)
OLS	-0.011 (0.012)	0.011 (0.016)	-0.008 (0.015)	0.011 (0.020)	0.003 (0.015)	-0.006 (0.018)
F statistic	6.769	7.616	7.705	7.296	7.008	7.587
P-value	0.009	0.006	0.006	0.007	0.008	0.006
Mean	0.100	0.186	0.176	0.335	0.155	0.260
SD	0.300	0.389	0.381	0.472	0.362	0.439
Observations	3,895	3,944	3,937	3,941	3,920	3,945

Notes: Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TOLS denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. The exclusion restriction from the second-stage regressions is exposure to weekend. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

Appendix E: Attrition

Attrition is known to be non-negligible across cohort studies worldwide. In the US Early Childhood Longitudinal Study-Birth Cohort attrition is around 21% by the time children are aged 3, while attrition is 40% in the Canadian National Longitudinal Survey of Children and Youth by the time children are 4 or 5 years old. In the MCS, a substantial effort is made to reduce attrition and children are followed up in subsequent waves even if they could not be reached in one of them. As a consequence, attrition is a non-absorbing state, and a child can return to the sample after exiting (Figure E1 shows the sample flow between waves 1 and 4).

For the purpose of the paper, the most important issue is whether attrition renders our identification strategy invalid. For this, it is necessary to establish whether the characteristics of the attriters differ by timing of birth. *A priori*, it is unlikely to be a problem - attrition is much more likely to be related to parent's mobility and availability than to the day the child was born. In Table E1 we show that the difference in the attrition rate of children exposed to the weekend versus those who are not is practically zero (ranging between -1.1% and +0.06%). In Tables E2, we show that attrition is also uncorrelated with the exclusion restrictions that we use in the analysis: *Exposure* and the cubic polynomial in *Hour*. In Tables E3-E8 we extend the balance exercise that we reported in Appendix B but for each MCS wave separately. We conclude that attrition is unrelated to our exclusion restrictions and our identification strategy remains valid for the sample available in each wave.

A different issue from the one discussed in the previous paragraph is whether the effects that we have estimated are also valid for the sample that has attrited. This would only be so if attrition was random, which is unlikely to be the case. In Table E9 we compare the characteristics of attriters (=1 if attrit in at least one wave; 0 if never attrit) with the characteristics of non-attriters. Those who attrit are less likely to attend antenatal classes, and more likely to have received their first prenatal check-up relatively later on in their pregnancy. They are also a little worse off (less likely to have attained the expected qualification at age 16, less likely to own certain assets, etc).

TABLE E1 — DIFFERENCE IN ATTRITION RATES BY WEEKEND EXPOSURE (BINARY)

	Attrition = overall cognitive and non- cognitive indices missing	Attrition = cognitive and non-cognitive indices missing in wave 2	Attrition = cognitive and non-cognitive indices missing in wave 3	Attrition = cognitive and non-cognitive indices missing in wave 4
<i>Panel A: Without Control Variables</i>				
Exposure>0	0.004 (0.009)	-0.011 (0.012)	-0.002 (0.012)	-0.009 (0.013)
Attrition rate	0.128	0.233	0.242	0.319
<i>Panel B: With Control Variables</i>				
Exposure>0	0.006 (0.010)	-0.005 (0.012)	-0.002 (0.012)	-0.007 (0.013)

Notes: Panel A: the top cell reports the coefficient from separate OLS regressions of a dependent variable that takes value 1 if the child has attrited (as defined in the heading of each column) and 0 otherwise on a dummy variable that takes value 1 if the mother and baby are exposed to the weekend during their stay at the Hospital. The bottom cell of Panel A reports the average attrition (as defined in the heading of each column) rate. Panel B reports the same coefficients as the top cell of Panel A but including in the OLS regressions the following control variables: those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total). Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE E2 — RELATION BETWEEN ATTRITION AND THE EXCLUSION RESTRICTIONS

	Attrition = overall cognitive and non- cognitive indices missing	Attrition = cognitive and non-cognitive indices missing in wave 2	Attrition = cognitive and non-cognitive indices missing in wave 3	Attrition = cognitive and non-cognitive indices missing in wave 4
<i>Panel A: Without Control Variables</i>				
(a) Exposure to Weekend	0.0163 (0.011)	0.0061 (0.014)	-0.0010 (0.014)	-0.0059 (0.015)
(b) Polynomial in Hour				
hour	0.0004 (0.001)	0.0021 (0.001)	0.0001 (0.001)	0.0006 (0.001)
(hour ²)/100	-0.0004 (0.001)	-0.0029 (0.002)	-0.0003 (0.002)	-0.0009 (0.002)
(hour ³)/10000	0.0002 (0.000)	0.0012 (0.001)	0.0001 (0.001)	0.0003 (0.001)
P-value Joint	0.285	0.102	0.992	0.960
<i>Panel B: With Control Variables</i>				
(a) Exposure to Weekend	0.0171 (0.011)	0.0092 (0.014)	-0.0045 (0.014)	-0.0080 (0.015)
(b) Polynomial in Hour				
hour	0.0002 (0.001)	0.0015 (0.001)	-0.0001 (0.001)	0.0005 (0.001)
(hour ²)/100	-0.0000 (0.001)	-0.0021 (0.002)	-0.0000 (0.002)	-0.0006 (0.002)
(hour ³)/10000	0.0000 (0.000)	0.0009 (0.001)	0.0001 (0.001)	0.0002 (0.001)
P-value Joint	0.360	0.192	0.955	0.902

Notes: Panel A: the top cell reports the coefficient from separate OLS regressions of a dependent variable that takes value 1 if the child has attrited (as defined in the heading of each column) and 0 otherwise on (a) exposure to weekend or (b) cubic polynomial in hour, where hour² is divided by 100 and hour³ is divided by 10,000. Panel B reports the same coefficients as the top cell of Panel A but including in the OLS regressions the following controls: those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total). Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE E3 — BALANCE BY EXPOSURE TO WEEKEND. SUBSAMPLE NOT ATTRITED IN MCS2

Variable	P-value	Correlation w/ Exposure	Std. Difference (Exposure)	Variable	P-value	Correlation w/ Exposure	Std. Difference (Exposure)	Variable	P-value	Correlation w/ Exposure	Std. Difference (Exposure)
<i>Antenatal</i>				Someone else	0.810	0.004	-0.009	Own outright	0.835	-0.003	0.017
Received ante-natal care	0.637	-0.007	-0.013	<i>Mothers Demographics</i>				Rent from Local Authority	0.699	0.006	0.017
<i>First ante-natal was before:</i>				Mother's age	0.527	-0.009	-0.016	Rent from Housing Association	0.341	0.014	0.002
0-11 weeks	0.632	-0.007	-0.012	Expected qualification at age 16	0.272	0.016	0.008	Rent privately	0.898	0.002	-0.002
12-13 weeks	0.525	0.010	0.011	Married	0.615	-0.008	-0.013	Live with parents	0.371	0.013	0.013
≥ 14 weeks	0.820	-0.003	0.007	Religion				Live rent free	0.360	-0.014	-0.039
Don't know	0.639	-0.007	-0.030	No religion	0.248	0.017	0.022	Heating			
Attended ante-natal classes	0.315	0.015	0.015	Catholic	0.466	0.011	0.016	Open fire	0.470	0.011	0.011
Received fertility treatment	0.811	0.004	-0.008	Protestant	0.185	-0.020	-0.044	Gas/electric fire	0.489	-0.010	0.009
Planned parenthood	0.924	-0.001	0.014	Anglican	0.873	0.002	0.001	Central	0.550	-0.009	-0.029
<i>Delivery</i>				Another type of Christian	0.573	0.008	-0.014	No heating	0.818	0.003	0.034
Labour induced	0.000	0.052	0.050	Hindu	0.572	0.008	0.005	Damp or condensation at home	0.084	-0.026	-0.042
Labour duration (hours)	0.926	0.001	0.005	Muslim	0.500	-0.010	-0.009	Assets			
Type Delivery:				Other	0.121	0.023	0.031	Telephone	0.731	-0.005	-0.002
Normal	0.846	-0.003	0.017	Ethnicity				Dishwasher	0.315	-0.015	-0.012
Forceps	0.504	0.010	0.002	White	0.892	0.002	0.018	Own computer	0.611	-0.008	0.004
Vacuum	0.969	-0.001	-0.008	Mixed	0.160	0.021	0.015	Tumble dryer	0.420	-0.012	-0.016
Other	0.258	0.017	0.008	Indian	0.525	-0.010	-0.016	Own/access to car	0.766	0.004	0.021
Pain relief:				Pakistani/Bangladeshi	0.524	-0.010	-0.020	Noisy Neighbours			
None	0.120	-0.023	-0.014	Black	0.761	-0.005	-0.016	Very common	0.846	-0.003	0.002
Gas and air	0.304	0.015	0.018	Other	0.244	0.017	0.027	Fairly common	0.801	0.004	0.009
Pethidine	0.890	0.002	-0.023	Mother's Mother is still alive	0.823	-0.003	-0.001	Not very common	0.503	-0.010	-0.040
Epidural	0.377	0.013	0.013	Lived away from home before 17	0.460	-0.011	-0.012	Not at all common	0.538	0.009	0.033
General anaesthetic	0.341	0.014	0.025	<i>Mothers Health and Lifestyle</i>				Rubbish and litter in the area			
TENS	0.532	0.009	0.009	Smoked during pregnancy (avg. cigarettes per day)	0.481	-0.011	-0.017	Very common	0.513	-0.010	0.001
Other	0.404	0.013	0.014	Drank during pregnancy	0.853	0.003	0.003	Fairly common	0.651	-0.007	-0.022
Complication:				Longstanding illness	0.916	0.002	0.000	Not very common	0.416	0.012	-0.026
None	0.597	0.008	0.010	Limiting longstanding illness	0.126	0.023	0.039	Not at all common	0.953	0.001	0.049
Breech	0.583	-0.008	-0.026	If mother has ever had				Vandalism and damage to property			
Other abnormal	0.877	0.002	0.001	Migraine	0.714	-0.005	-0.004	Very common	0.551	0.009	0.022
Very long labour	0.741	0.005	0.015	Hay fever or persistent runny nose	0.078	-0.026	-0.056	Fairly common	0.229	-0.018	-0.049
Very rapid labour	0.298	-0.016	-0.013	Bronchitis	0.535	0.009	0.012	Not very common	0.854	0.003	-0.001
Foetal distress (heart)	0.333	-0.015	-0.027	Asthma	0.729	0.005	-0.019	Not at all common	0.724	0.005	0.025
Foetal distress (meconium)	0.310	-0.015	-0.013	Eczema	0.446	0.011	-0.002	Garden			
Other	0.898	0.002	0.007	Back Pain/lumbago/sciatica	0.294	-0.016	-0.044	Own garden	0.191	-0.020	-0.017
<i>Baby</i>				Fits/convulsions/epilepsy	0.017	-0.036	-0.048	Shared garden	0.587	0.008	0.013
Female	0.082	0.026	0.039	Diabetes	0.974	0.000	0.010	Social Assistance			
Birth weight (kg)	0.589	-0.008	0.012	Cancer	0.334	-0.014	0.001	Child Tax Credit	0.544	-0.009	-0.008
Premature	0.358	0.014	0.003	Digestive or Bowel disorders	0.122	-0.023	-0.014	Working Families Tax Credit	0.605	0.008	-0.010
Length of gestation (days)	0.280	-0.016	-0.015	Diabetes during pregnancy (only)	0.713	-0.006	0.014	Income Support	0.915	-0.002	0.004
Present at birth				<i>Mothers Socioeconomic Status</i>				Jobseekers Allowance	0.997	0.000	0.009
Father	0.472	0.011	0.018	Working during pregnancy	0.409	-0.012	-0.049	Housing Benefit	0.056	0.029	0.041
Mother's friend	0.700	-0.006	-0.005	Live in house	0.782	-0.004	0.003	Council Tax Benefit	0.065	0.028	0.044
Grandmother (in law)	0.071	0.027	0.029	# rooms	0.885	-0.002	-0.021	Invalid Care Allowance	0.170	-0.021	-0.004

Notes: The first column reports the P-value of the hypothesis that the coefficient of exposure to weekend is zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". The second column reports the correlation coefficients of each variable with exposure to weekend (continuous). The third column reports the standardised difference between the groups with exposure to weekend versus no exposure. Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned), children placed in intensive care and attriters from MCS2. Attrition variable is defined as equal to one if all the developmental variables have missing values. All variables are dummy variables except for labour duration, birth weight, length of gestation, mother's age and number of rooms.

Source: Millennium Cohort Study.

TABLE E4 — BALANCE BY EXPOSURE TO WEEKEND. SUBSAMPLE NOT ATTRITED IN MCS3

Variable	p-value	Correlation w/ Exposure	Std. Difference (Exposure)	Variable	p-value	Correlation w/ Exposure	Std. Difference (Exposure)	Variable	p-value	Correlation w/ Exposure	Std. Difference (Exposure)
<i>Antenatal</i>				Someone else	0.339	0.014	0.002	Own outright	0.434	0.012	0.006
Received ante-natal care	0.577	-0.008	-0.013	<i>Mothers Demographics</i>				Rent from Local Authority	0.554	0.009	0.026
<i>First ante-natal was before:</i>				Mother's age	0.223	-0.018	-0.027	Rent from Housing Association	0.450	0.011	-0.008
0-11 weeks	0.503	-0.010	-0.025	Expected qualification at age 16	0.813	0.004	-0.014	Rent privately	0.286	-0.016	-0.038
12-13 weeks	0.639	0.007	0.012	Married	0.458	-0.011	-0.015	Live with parents	0.298	0.016	0.010
≥ 14 weeks	0.806	-0.004	0.010	Religion				Live rent free	0.825	0.003	-0.007
Don't know	0.575	0.008	0.002	No religion	0.540	0.009	0.016	Heating			
Attended ante-natal classes	0.635	0.007	-0.003	Catholic	0.164	0.021	0.035	Open fire	0.550	0.009	0.011
Received fertility treatment	0.955	0.001	-0.003	Protestant	0.394	-0.013	-0.038	Gas/electric fire	0.920	-0.002	0.016
Planned parenthood	0.850	-0.003	0.014	Anglican	0.809	-0.004	-0.010	Central	0.206	-0.019	-0.051
<i>Delivery</i>				Another type of Christian	0.468	0.011	-0.007	No heating	0.802	0.004	0.039
Labour induced	0.000	0.063	0.060	Hindu	0.344	0.014	0.019	Damp or condensation at home	0.074	-0.027	-0.046
Labour duration (hours)	0.778	-0.004	0.000	Muslim	0.674	-0.006	-0.008	Assets			
Type Delivery:				Other	0.392	0.013	0.013	Telephone	0.664	-0.007	0.004
Normal	0.795	-0.004	0.019	Ethnicity				Dishwasher	0.273	-0.017	-0.008
Forceps	0.512	0.010	0.004	White	0.815	-0.004	0.007	Own computer	0.712	-0.006	0.015
Vacuum	0.666	-0.007	-0.018	Mixed	0.022	0.034	0.022	Tumble dryer	0.550	-0.009	-0.006
Other	0.092	0.025	0.016	Indian	0.263	-0.017	-0.027	Own/access to car	0.935	0.001	0.026
Pain relief:				Pakistani/Bangladeshi	0.980	0.000	0.001	Noisy Neighbours			
None	0.223	-0.018	-0.011	Black	0.472	-0.011	-0.017	Very common	0.782	-0.004	0.019
Gas and air	0.202	0.019	0.019	Other	0.167	0.021	0.019	Fairly common	0.197	0.019	0.015
Pethidine	0.440	0.012	-0.007	Mother's Mother is still alive	0.438	-0.012	-0.003	Not very common	0.658	-0.007	-0.034
Epidural	0.470	0.011	0.004	Lived away from home before 17	0.291	-0.016	-0.009	Not at all common	0.800	-0.004	0.014
General anaesthetic	0.777	0.004	0.013	<i>Mothers Health and Lifestyle</i>				Rubbish and litter in the area			
TENS	0.782	0.004	-0.002	Smoked during pregnancy (avg. cigarettes per day)	0.427	-0.012	-0.017	Very common	0.961	-0.001	0.012
Other	0.712	0.006	0.012	Drank during pregnancy	0.541	-0.009	-0.014	Fairly common	0.656	-0.007	-0.029
Complication:				Longstanding illness	0.644	-0.007	0.005	Not very common	0.398	0.013	-0.012
None	0.911	0.002	0.005	Limiting longstanding illness	0.330	0.015	0.031	Not at all common	0.636	-0.007	0.032
Breech	0.802	0.004	-0.014	If mother has ever had				Vandalism and damage to property			
Other abnormal	0.486	0.011	0.001	Migraine	0.616	-0.008	-0.006	Very common	0.360	0.014	0.029
Very long labour	0.840	0.003	0.012	Hay fever or persistent runny nose	0.049	-0.030	-0.049	Fairly common	0.260	-0.017	-0.048
Very rapid labour	0.166	-0.021	-0.020	Bronchitis	0.360	0.014	0.023	Not very common	0.935	-0.001	0.000
Foetal distress (heart)	0.523	-0.010	-0.011	Asthma	0.741	0.005	-0.004	Not at all common	0.734	0.005	0.017
Foetal distress (meconium)	0.153	-0.022	-0.023	Eczema	0.845	0.003	-0.003	Garden			
Other	0.731	0.005	0.002	Back Pain/lumbago/sciatica	0.461	-0.011	-0.030	Own garden	0.262	-0.017	-0.016
<i>Baby</i>				Fits/convulsions/epilepsy	0.024	-0.034	-0.034	Shared garden	0.553	-0.009	-0.006
Female	0.100	0.025	0.033	Diabetes	0.654	0.007	0.016	Social Assistance			
Birth weight (kg)	0.483	-0.011	0.008	Cancer	0.124	-0.023	-0.010	Child Tax Credit	0.419	-0.012	-0.012
Premature	0.465	0.011	0.009	Digestive or Bowel disorders	0.002	-0.046	-0.036	Working Families Tax Credit	0.596	0.008	0.004
Length of gestation (days)	0.418	-0.012	-0.023	Diabetes during pregnancy (only)	0.843	0.003	0.023	Income Support	0.956	0.001	-0.004
Present at birth				<i>Mothers Socioeconomic Status</i>				Jobseekers Allowance	0.671	-0.006	0.005
Father	0.763	0.005	0.018	Working during pregnancy	0.382	-0.013	-0.053	Housing Benefit	0.064	0.028	0.033
Mother's friend	0.867	0.003	0.006	Live in house	0.798	-0.004	0.003	Council Tax Benefit	0.066	0.028	0.039
Grandmother (in law)	0.103	0.025	0.001	# rooms	0.340	-0.014	-0.029	Invalid Care Allowance	0.148	-0.022	-0.004

Notes: The first column reports the P-value of the hypothesis that the coefficient of exposure to weekend is zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". The second column reports the correlation coefficients of each variable with exposure to weekend (continuous). The third column reports the standardised difference between the groups with exposure to weekend versus no exposure. Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned), children placed in intensive care and attriters from MCS3. Attrition variable is defined as equal to one if all the developmental variables have missing values. All variables are dummy variables except for labour duration, birth weight, length of gestation, mother's age and number of rooms.

Source: Millennium Cohort Study.

TABLE E5 — BALANCE BY EXPOSURE TO WEEKEND. SUBSAMPLE NOT ATTRITED IN MCS4

Variable	P-value	Correlation w/ Exposure	Std. Difference (Exposure)	Variable	P-value	Correlation w/ Exposure	Std. Difference (Exposure)	Variable	P-value	Correlation w/ Exposure	Std. Difference (Exposure)
<i>Antenatal</i>				Someone else	0.321	0.016	0.004	Own outright	0.420	0.013	0.007
Received ante-natal care	0.774	-0.005	-0.019	<i>Mothers Demographics</i>				Rent from Local Authority	0.649	0.007	0.017
<i>First ante-natal was before:</i>				Mother's age	0.150	-0.023	-0.042	Rent from Housing Association	0.738	0.005	-0.016
0-11 weeks	0.844	-0.003	-0.017	Expected qualification at age 16	0.791	0.004	-0.009	Rent privately	0.601	-0.008	-0.005
12-13 weeks	0.806	0.004	0.010	Married	0.574	-0.009	-0.021	Live with parents	0.319	0.016	0.004
≥ 14 weeks	0.998	0.000	0.005	Religion				Live rent free	0.663	-0.007	-0.014
Don't know	0.637	-0.008	-0.015	No religion	0.853	0.003	0.014	Heating			
Attended ante-natal classes	0.646	-0.007	-0.008	Catholic	0.152	0.023	0.033	Open fire	0.907	0.002	-0.011
Received fertility treatment	0.893	0.002	-0.005	Protestant	0.127	-0.024	-0.053	Gas/electric fire	0.735	0.005	0.028
Planned parenthood	0.629	0.008	0.018	Anglican	0.958	-0.001	-0.005	Central	0.590	-0.009	-0.021
<i>Delivery</i>				Another type of Christian	0.819	0.004	-0.014	No heating	0.939	-0.001	0.026
Labour induced	0.000	0.058	0.033	Hindu	0.453	0.012	0.022	Damp or condensation at home	0.331	-0.015	-0.029
Labour duration (hours)	0.567	0.009	0.018	Muslim	0.859	-0.003	-0.003	Assets			
Type Delivery:				Other	0.362	0.015	0.024	Telephone	0.403	-0.013	-0.001
Normal	0.807	-0.004	0.004	Ethnicity				Dishwasher	0.189	-0.021	-0.019
Forceps	0.714	0.006	0.009	White	0.838	-0.003	0.007	Own computer	0.806	-0.004	0.001
Vacuum	0.771	-0.005	-0.005	Mixed	0.159	0.022	0.013	Tumble dryer	0.249	-0.018	-0.024
Other	0.163	0.022	0.018	Indian	0.477	-0.011	-0.016	Own/access to car	0.740	-0.005	0.005
Pain relief:				Pakistani/Bangladeshi	0.969	0.001	-0.006	Noisy Neighbours			
None	0.295	-0.017	-0.014	Black	0.745	-0.005	-0.014	Very common	0.793	-0.004	0.010
Gas and air	0.370	0.014	0.020	Other	0.364	0.014	0.031	Fairly common	0.432	0.013	0.009
Pethidine	0.682	0.007	-0.006	Mother's Mother is still alive	0.373	-0.014	-0.016	Not very common	0.513	-0.010	-0.042
Epidural	0.467	0.012	0.000	Lived away from home before 17	0.462	-0.012	-0.005	Not at all common	0.776	0.005	0.031
General anaesthetic	0.784	0.004	0.013	<i>Mothers Health and Lifestyle</i>				Rubbish and litter in the area			
TENS	0.658	0.007	0.004	Smoked during pregnancy (avg. cigarettes per	0.931	0.001	0.002	Very common	0.877	-0.002	0.010
Other	0.972	-0.001	0.002	Drank during pregnancy	0.864	-0.003	-0.014	Fairly common	0.319	-0.016	-0.037
Complication:				Longstanding illness	0.575	-0.009	-0.017	Not very common	0.232	0.019	-0.013
None	0.708	0.006	0.012	Limiting longstanding illness	0.523	0.010	0.009	Not at all common	0.801	-0.004	0.042
Breech	0.567	0.009	-0.006	If mother has ever had				Vandalism and damage to property			
Other abnormal	0.901	-0.002	-0.010	Migraine	0.846	-0.003	-0.002	Very common	0.754	0.005	0.019
Very long labour	0.724	0.006	0.019	Hay fever or persistent runny nose	0.044	-0.032	-0.054	Fairly common	0.144	-0.023	-0.055
Very rapid labour	0.130	-0.024	-0.027	Bronchitis	0.458	0.012	0.007	Not very common	0.568	0.009	0.007
Foetal distress (heart)	0.473	-0.011	-0.014	Asthma	0.775	0.005	-0.010	Not at all common	0.754	0.005	0.023
Foetal distress (meconium)	0.174	-0.022	-0.028	Eczema	0.781	0.004	-0.007	Garden			
Other	0.792	0.004	0.007	Back Pain/lumbago/sciatica	0.314	-0.016	-0.042	Own garden	0.463	-0.012	-0.021
<i>Baby</i>				Fits/convulsions/epilepsy	0.031	-0.034	-0.037	Shared garden	0.167	-0.022	-0.022
Female	0.076	0.028	0.029	Diabetes	0.665	0.007	0.017	Social Assistance			
Birth weight (kg)	0.498	-0.011	0.017	Cancer	0.520	-0.010	0.005	Child Tax Credit	0.340	-0.015	-0.017
Premature	0.151	0.023	0.028	Digestive or Bowel disorders	0.000	-0.056	-0.057	Working Families Tax Credit	0.368	0.014	0.001
Length of gestation (days)	0.108	-0.026	-0.041	Diabetes during pregnancy (only)	0.525	0.010	0.034	Income Support	0.495	-0.011	-0.012
Present at birth				<i>Mothers Socioeconomic Status</i>				Jobseekers Allowance	0.775	-0.005	0.034
Father	0.733	0.005	0.014	Working during pregnancy	0.700	-0.006	-0.048	Housing Benefit	0.187	0.021	0.037
Mother's friend	0.548	-0.010	-0.019	Live in house	0.884	-0.002	0.005	Council Tax Benefit	0.150	0.023	0.046
Grandmother (in law)	0.114	0.025	0.009	# rooms	0.368	-0.014	-0.036	Invalid Care Allowance	0.190	-0.021	-0.009

Notes: The first column reports the P-value of the hypothesis that the coefficient of exposure to weekend is zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". The second column reports the correlation coefficients of each variable with exposure to weekend (continuous). The third column reports the standardised difference between the groups with exposure to weekend versus no exposure. Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned), children placed in intensive care and attriters from MCS4. Attrition variable is defined as equal to one if all the developmental variables have missing values. All variables are dummy variables except for labour duration, birth weight, length of gestation, mother's age and number of rooms.

Source: Millennium Cohort Study.

TABLE E6 — RELATION BETWEEN REGRESSORS AND CUBIC POLYNOMIAL IN HOUR. SUBSAMPLE FOR NOT ATTRITED IN MCS2

Variable	p-value	Variable	p-value	Variable	p-value
<i>Antenatal</i>		Someone else	0.559	Own outright	0.813
Received ante-natal care	0.378	<i>Mothers Demographics</i>		Rent from Local Authority	0.913
<i>First ante-natal was before:</i>		Mother's age	0.674	Rent from Housing Association	0.367
0-11 weeks	0.467	Expected qualification at age 16	0.617	Rent privately	0.649
12-13 weeks	0.212	Married	0.663	Live with parents	0.702
≥ 14 weeks	0.946	Religion		Live rent free	0.205
Don't know	0.721	No religion	0.525	Heating	
Attended ante-natal classes	0.337	Catholic	0.357	Open fire	0.768
Received fertility treatment	0.025	Protestant	0.363	Gas/electric fire	0.288
Planned parenthood	0.890	Anglican	0.985	Central	0.101
<i>Delivery:</i>		Another type of Christian	0.952	No heating	0.442
Labour induced	0.000	Hindu	0.933	Damp or condensation at home	0.069
Labour duration (hours)	0.372	Muslim	0.091	Assets	
Type Delivery:		Other	0.263	Telephone	0.105
Normal	0.129	Ethnicity		Dishwasher	0.734
Forceps	0.833	White	0.697	Own computer	0.860
Vacuum	0.399	Mixed	0.487	Tumble dryer	0.761
Other	0.727	Indian	0.648	Own/access to car	0.625
Pain relief:		Pakistani/Bangladeshi	0.316	Noisy Neighbours	
None	0.450	Black	0.746	Very common	0.220
Gas and air	0.171	Other	0.432	Fairly common	0.777
Pethidine	0.584	Mother's Mother is still alive	0.683	Not very common	0.382
Epidural	0.172	Lived away from home before 17	0.625	Not at all common	0.480
General anaesthetic	0.570	<i>Mothers Health and Lifestyle</i>		Rubbish and litter in the area	
TENS	0.872	Smoked during pregnancy (avg. cigarettes per day)	0.609	Very common	0.676
Other	0.656	Drank during pregnancy	0.131	Fairly common	0.605
Complication:		Longstanding illness	0.938	Not very common	0.818
None	0.965	Limiting longstanding illness	0.445	Not at all common	0.667
Breech	0.694	If mother has ever had		Vandalism and damage to property	
Other abnormal	0.221	Migraine	0.940	Very common	0.529
Very long labour	0.822	Hay fever or persistent runny nose	0.081	Fairly common	0.226
Very rapid labour	0.217	Bronchitis	0.513	Not very common	0.747
Foetal distress (heart)	0.637	Asthma	0.882	Not at all common	0.550
Foetal distress (meconium)	0.592	Eczema	0.160	Garden	
Other	0.628	Back Pain/lumbago/sciatica	0.329	Own garden	0.125
<i>Baby:</i>		Fits/convulsions/epilepsy	0.145	Shared garden	0.784
Female	0.330	Diabetes	0.763	Social Assistance	
Birth weight (kg)	0.723	Cancer	0.596	Child Tax Credit	0.246
Premature	0.626	Digestive or Bowel disorders	0.511	Working Families Tax Credit	0.558
Length of gestation (days)	0.499	Diabetes during pregnancy (only)	0.961	Income Support	0.965
Present at birth		<i>Mothers Socioeconomic Status</i>		Jobseekers Allowance	0.206
Father	0.407	Working during pregnancy	0.300	Housing Benefit	0.054
Mother's friend	0.291	Live in house	0.571	Council Tax Benefit	0.028
Grandmother (in law)	0.114	# rooms	0.328	Invalid Care Allowance	0.575

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned), children placed in intensive care and attriters from MCS2. Attrition variable is defined as equal to one if all the developmental variables have missing values. All variables are dummy variables except for labour duration, birth weight, length of gestation, mother's age and number of rooms.

Source: Millennium Cohort Study.

TABLE E7 — RELATION BETWEEN REGRESSORS AND CUBIC POLYNOMIAL IN HOUR. SUBSAMPLE FOR NOT ATTRITED IN MCS3

Variable	p-value	Variable	p-value	Variable	p-value
<i>Antenatal</i>		Someone else	0.437	Own outright	0.213
Received ante-natal care	0.372	<i>Mothers Demographics</i>		Rent from Local Authority	0.637
<i>First ante-natal was before:</i>		Mother's age	0.267	Rent from Housing Association	0.363
0-11 weeks	0.311	Expected qualification at age 16	0.526	Rent privately	0.657
12-13 weeks	0.249	Married	0.694	Live with parents	0.657
≥ 14 weeks	0.779	Religion		Live rent free	0.127
Don't know	0.714	No religion	0.568	Heating	
Attended ante-natal classes	0.580	Catholic	0.248	Open fire	0.658
Received fertility treatment	0.046	Protestant	0.757	Gas/electric fire	0.616
Planned parenthood	0.945	Anglican	0.954	Central	0.006
<i>Delivery</i>		Another type of Christian	0.878	No heating	0.384
Labour induced	0.000	Hindu	0.621	Damp or condensation at home	0.022
Labour duration (hours)	0.429	Muslim	0.041	Assets	
Type Delivery:		Other	0.683	Telephone	0.717
Normal	0.226	Ethnicity		Dishwasher	0.705
Forceps	0.890	White	0.597	Own computer	0.971
Vacuum	0.393	Mixed	0.131	Tumble dryer	0.540
Other	0.553	Indian	0.439	Own/access to car	0.408
Pain relief:		Pakistani/Bangladeshi	0.095	Noisy Neighbours	
None	0.527	Black	0.836	Very common	0.304
Gas and air	0.402	Other	0.718	Fairly common	0.407
Pethidine	0.298	Mother's Mother is still alive	0.792	Not very common	0.629
Epidural	0.374	Lived away from home before 17	0.546	Not at all common	0.505
General anaesthetic	0.359	<i>Mothers Health and Lifestyle</i>		Rubbish and litter in the area	
TENS	0.786	Smoked during pregnancy (avg. cigarettes per day)	0.382	Very common	0.545
Other	0.887	Drank during pregnancy	0.200	Fairly common	0.829
Complication:		Longstanding illness	0.517	Not very common	0.788
None	0.931	Limiting longstanding illness	0.391	Not at all common	0.669
Breech	0.998	If mother has ever had		Vandalism and damage to property	
Other abnormal	0.348	Migraine	0.905	Very common	0.376
Very long labour	0.845	Hay fever or persistent runny nose	0.179	Fairly common	0.576
Very rapid labour	0.176	Bronchitis	0.645	Not very common	0.919
Foetal distress (heart)	0.428	Asthma	0.961	Not at all common	0.494
Foetal distress (meconium)	0.331	Eczema	0.445	Garden	
Other	0.878	Back Pain/lumbago/sciatica	0.832	Own garden	0.156
<i>Baby</i>		Fits/convulsions/epilepsy	0.172	Shared garden	0.927
Female	0.449	Diabetes	0.901	Social Assistance	
Birth weight (kg)	0.789	Cancer	0.168	Child Tax Credit	0.672
Premature	0.682	Digestive or Bowel disorders	0.018	Working Families Tax Credit	0.297
Length of gestation (days)	0.388	Diabetes during pregnancy (only)	0.998	Income Support	0.999
Present at birth		<i>Mothers Socioeconomic Status</i>		Jobseekers Allowance	0.103
Father	0.495	Working during pregnancy	0.070	Housing Benefit	0.208
Mother's friend	0.771	Live in house	0.367	Council Tax Benefit	0.113
Grandmother (in law)	0.504	# rooms	0.061	Invalid Care Allowance	0.357

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned), children placed in intensive care and attriters from MCS3. Attrition variable is defined as equal to one if all the developmental variables have missing values. All variables are dummy variables except for labour duration, birth weight, length of gestation, mother's age and number of rooms.

Source: Millennium Cohort Study.

TABLE E8 — RELATION BETWEEN REGRESSORS AND CUBIC POLYNOMIAL IN HOUR. SUBSAMPLE FOR NOT ATTRITED IN MCS4

Variable	p-value	Variable	p-value	Variable	p-value
<i>Antenatal</i>		Someone else	0.632	Own outright	0.566
Received ante-natal care	0.292	<i>Mothers Demographics</i>		Rent from Local Authority	0.880
<i>First ante-natal was before:</i>		Mother's age	0.312	Rent from Housing Association	0.699
0-11 weeks	0.696	Expected qualification at age 16	0.682	Rent privately	0.828
12-13 weeks	0.257	Married	0.607	Live with parents	0.863
≥ 14 weeks	0.722	Religion		Live rent free	0.301
Don't know	0.370	No religion	0.802	Heating	
Attended ante-natal classes	0.616	Catholic	0.180	Open fire	0.733
Received fertility treatment	0.097	Protestant	0.296	Gas/electric fire	0.730
Planned parenthood	0.847	Anglican	0.905	Central	0.207
<i>Delivery</i>		Another type of Christian	0.939	No heating	0.690
Labour induced	0.000	Hindu	0.795	Damp or condensation at home	0.425
Labour duration (hours)	0.230	Muslim	0.212	Assets	
Type Delivery:		Other	0.521	Telephone	0.800
Normal	0.146	Ethnicity		Dishwasher	0.584
Forceps	0.941	White	0.904	Own computer	0.974
Vacuum	0.275	Mixed	0.376	Tumble dryer	0.671
Other	0.612	Indian	0.360	Own/access to car	0.836
Pain relief:		Pakistani/Bangladeshi	0.328	Noisy Neighbours	
None	0.704	Black	0.598	Very common	0.590
Gas and air	0.577	Other	0.332	Fairly common	0.630
Pethidine	0.246	Mother's Mother is still alive	0.662	Not very common	0.352
Epidural	0.286	Lived away from home before 17	0.791	Not at all common	0.644
General anaesthetic	0.102	<i>Mothers Health and Lifestyle</i>		Rubbish and litter in the area	
TENS	0.948	Smoked during pregnancy (avg. cigarettes per day)	0.593	Very common	0.508
Other	0.943	Drank during pregnancy	0.254	Fairly common	0.455
Complication:		Longstanding illness	0.669	Not very common	0.651
None	0.981	Limiting longstanding illness	0.756	Not at all common	0.852
Breech	0.996	If mother has ever had		Vandalism and damage to property	
Other abnormal	0.184	Migraine	0.999	Very common	0.764
Very long labour	0.573	Hay fever or persistent runny nose	0.132	Fairly common	0.269
Very rapid labour	0.265	Bronchitis	0.512	Not very common	0.812
Foetal distress (heart)	0.537	Asthma	0.935	Not at all common	0.642
Foetal distress (meconium)	0.412	Eczema	0.298	Garden	
Other	0.658	Back Pain/lumbago/sciatica	0.697	Own garden	0.320
<i>Baby</i>		Fits/convulsions/epilepsy	0.199	Shared garden	0.613
Female	0.448	Diabetes	0.855	Social Assistance	
Birth weight (kg)	0.746	Cancer	0.244	Child Tax Credit	0.577
Premature	0.245	Digestive or Bowel disorders	0.005	Working Families Tax Credit	0.429
Length of gestation (days)	0.250	Diabetes during pregnancy (only)	0.939	Income Support	0.889
Present at birth		<i>Mothers Socioeconomic Status</i>		Jobseekers Allowance	0.048
Father	0.368	Working during pregnancy	0.177	Housing Benefit	0.216
Mother's friend	0.343	Live in house	0.366	Council Tax Benefit	0.085
Grandmother (in law)	0.491	# rooms	0.092	Invalid Care Allowance	0.364

Notes: Each cell reports the P-value of the joint hypothesis that the coefficients of a cubic polynomial in hour are jointly zero in a separate OLS regression in which the dependent variable is listed in the columns titled "Variable". Sample comprises low educated mothers (NVQ level 2 or less, or those whose NVQ level is unknown but left school before 17), but excludes children born through caesarean sections (either emergency or planned), children placed in intensive care and attriters from MCS3. Attrition variable is defined as equal to one if all the developmental variables have missing values. All variables are dummy variables except for labour duration, birth weight, length of gestation, mother's age and number of rooms.

Source: Millennium Cohort Study.

TABLE E9 — COMPARISON BETWEEN ATTRITERS AND NON-ATTRITERS

Variable	Non-attriters	Attriters	t-stat diff	Variable	Non-attriters	Attriters	t-stat diff	Variable	Non-attriters	Attriters	t-stat diff
<i>Antenatal</i>				Grandmother (in law)	0.234	0.273	-3.392	Own outright	0.026	0.028	-0.571
Received ante-natal care	0.961	0.937	4.137	Someone else	0.102	0.121	-2.270	Rent from Local Authority	0.256	0.335	-6.520
<i>First ante-natal was before:</i>				<i>Mothers Demographics</i>				Rent from Housing Association	0.092	0.120	-3.341
0-11 weeks	0.416	0.373	3.296	Age	27.249	25.356	11.897	Rent privately	0.086	0.117	-3.846
12-13 weeks	0.340	0.339	0.071	Had attained expected educ qual. at age 16	0.615	0.498	8.860	Live with parents	0.050	0.068	-2.949
≥ 14 weeks	0.180	0.196	-1.509	Married	0.498	0.385	8.628	Live rent free	0.014	0.022	-2.232
Don't know	0.026	0.029	-0.755	Religion				Heating			
Attended ante-natal classes	0.260	0.221	3.381	No religion	0.533	0.584	-3.904	Open fire	0.037	0.031	1.131
Received fertility treatment	0.018	0.010	2.404	Catholic	0.045	0.042	0.557	Gas/electric fire	0.302	0.309	-0.533
Planned parenthood	0.487	0.401	6.538	Protestant	0.029	0.021	1.830	Central	0.896	0.875	2.474
<i>Delivery:</i>				Anglican	0.119	0.061	7.748	No heating	0.010	0.010	0.197
Labour induced	0.303	0.309	-0.504	Another type of Christian	0.041	0.029	2.397	Damp at home	0.161	0.171	-1.017
Labour duration (hours)	8.636	9.066	-1.548	Hindu	0.010	0.008	0.806	Assets			
Type Delivery:				Muslim	0.062	0.076	-2.037	Telephone	0.960	0.917	6.620
Normal	0.898	0.906	-1.071	Other	0.009	0.008	0.525	Dishwasher	0.228	0.148	7.804
Forceps	0.039	0.036	0.501	Ethnicity				Own computer	0.437	0.318	9.341
Vacuum	0.066	0.061	0.793	White	0.863	0.815	4.943	Tumble dryer	0.611	0.571	3.056
Other	0.009	0.006	1.045	Mixed	0.008	0.016	-2.512	Own/access to car	0.773	0.666	8.871
Pain relief:				Indian	0.022	0.021	0.222	Noisy Neighbours			
None	0.102	0.102	-0.051	Pakistani/Bangladeshi	0.075	0.096	-2.752	Very common	0.075	0.110	-4.537
Gas and air	0.797	0.793	0.307	Black	0.023	0.037	-3.139	Fairly common	0.116	0.130	-1.637
Pethidine	0.359	0.354	0.397	Other	0.009	0.016	-2.299	Not very common	0.410	0.382	2.213
Epidural	0.197	0.214	-1.626	Mother's Mother is still alive	0.937	0.925	1.685	Not at all common	0.399	0.378	1.620
General anaesthetic	0.003	0.002	0.459	Lived away from home before 17	0.181	0.236	-5.055	Rubbish and litter in the area			
TENS	0.086	0.053	4.973	<i>Mothers Health and Lifestyle</i>				Very common	0.135	0.176	-4.261
Other	0.037	0.028	2.088	Smoked during pregnancy (# avg. cigarettes per day)	3.350	3.951	-3.709	Fairly common	0.214	0.232	-1.586
Complication:				Drank during pregnancy	0.263	0.224	3.448	Not very common	0.382	0.348	2.610
None	0.752	0.773	-1.856	Longstanding illness	0.216	0.181	3.332	Not at all common	0.269	0.244	2.214
Breech	0.003	0.004	-0.499	Limiting longstanding illness	0.100	0.094	0.759	Vandalism/damage to property in the area			
Other abnormal	0.019	0.020	-0.376	If mother has ever had				Very common	0.101	0.123	-2.685
Very long labour	0.045	0.052	-1.198	Migraine	0.228	0.211	1.577	Fairly common	0.153	0.168	-1.527
Very rapid labour	0.030	0.019	2.787	Hay fever or persistent runny nose	0.237	0.237	0.074	Not very common	0.408	0.388	1.575
Foetal distress (heart)	0.078	0.065	2.005	Bronchitis	0.073	0.064	1.392	Not at all common	0.338	0.321	1.372
Foetal distress (meconium)	0.040	0.035	0.869	Asthma	0.180	0.167	1.374	Garden			
Other	0.083	0.073	1.441	Eczema	0.192	0.166	2.576	Own garden	0.859	0.771	8.415
<i>Baby</i>				Back Pain/lumbago/sciatica	0.223	0.199	2.233	Shared garden	0.032	0.062	-5.186
Female	0.506	0.481	1.938	Fits/convulsions/epilepsy	0.022	0.031	-2.066	Social Assistance			
Birth weight (kg)	3.370	3.341	2.161	Diabetes	0.012	0.009	1.382	Child Tax Credit	0.150	0.098	5.993
Breastfeeding 90 days	0.262	0.185	7.007	Cancer	0.010	0.010	0.149	Working Families Tax Credit	0.255	0.235	1.705
Born during weekend	0.430	0.416	1.068	Digestive or Bowel disorders	0.081	0.071	1.419	Income Support	0.243	0.378	-10.909
Premature	0.043	0.048	-0.883	Diabetes during pregnancy	0.009	0.006	1.045	Jobseekers Allowance	0.044	0.048	-0.703
Length of gestation (days)	279.3	278.8	1.847	<i>Mothers Socioeconomic Status</i>				Housing Benefit	0.220	0.304	-7.152
Present at birth				Working during pregnancy	0.559	0.435	9.416	Council Tax Benefit	0.208	0.281	-6.343
Father	0.822	0.754	6.240	Live in house	0.860	0.777	8.037	Invalid Care Allowance	0.016	0.012	1.420
Mother's friend	0.042	0.060	-3.167	# rooms	5.131	4.859	7.800				

Notes. Figures in columns titled "Non-attriters" and "Attriters" are sample means of the variable listed under the column titled "Variable". The t-statistic of the difference between the means listed in these two columns is shown under the column titled "t-stat diff". Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Attriters=1 if attrit from the survey in at least 1 wave; Non-attriters=1 if never attrit from the survey. All variables are dummy variables, with the exception of birth weight, length of gestation, mother's age, smoked during pregnancy and number of rooms.

Source: Millennium Cohort Study.

TABLE E10 — EFFECT OF BREASTFEEDING ON COGNITIVE OUTCOMES AT AGES 5

	5 years outcomes			5 years outcomes based on sample available at 7 years (MCS4)		
	Expressive Language	Pictorial Reasoning	Visuo-Spatial	Expressive Language	Pictorial Reasoning	Visuo-Spatial
<i>Panel A: Exclusion Restriction Exposure to Weekend</i>						
NTSLS	8.583 (5.164)	3.212 (4.162)	4.892 (6.753)	4.414 (5.182)	1.402 (4.287)	6.111 (6.935)
TOLS	22.183 (19.729)	14.443 (15.538)	23.256 (25.323)	11.729 (13.227)	5.320 (10.999)	32.227 (20.823)
OLS	1.579 (0.544)	1.100 (0.442)	1.119 (0.727)	1.474 (0.578)	1.237 (0.480)	1.118 (0.783)
F statistic	5.386	5.57	5.498	7.533	7.844	7.682
P-Value Joint	0.020	0.018	0.019	0.006	0.005	0.006
Mean	104.10	80.24	85.43	104.70	80.50	86.29
SD	15.64	11.75	19.70	15.35	11.71	19.17
Observations	4,349	4,355	4,333	3,687	3,691	3,676

Notes: Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column and the estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TOLS denotes two-stage least squares; OLS denotes ordinary least squares). Control variables include those listed in Tables 2 and B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total). In panel A the exclusion restriction from the second-stage regressions is exposure to weekend while in Panel B is the cubic polynomial in hour. F statistic and P-value correspond to the null hypothesis that the coefficient(s) on the excluded variable(s) is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

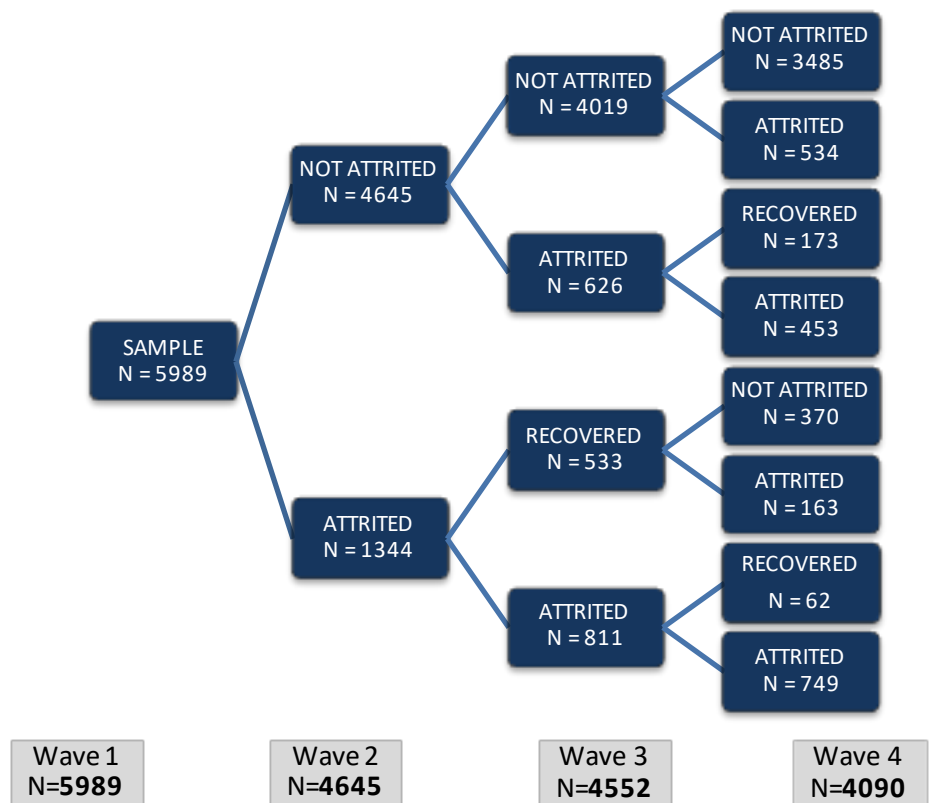


FIGURE E1. ATTRITION AND RECOVERY BY WAVE FOR LOW EDUCATED MOTHERS

Notes: The figure shows how the initial sample of 5,989 children born naturally (excludes C-sections) who have not been in intensive care and whose mother is low educated (NVQ level 2 or less, or unknown NVQ level but left school before age 17) have attrited and recovered. Attrition is defined as equal to 1 if child was not observed in the subsequent wave and 0 otherwise.

Appendix F: Additional Tables & Figures

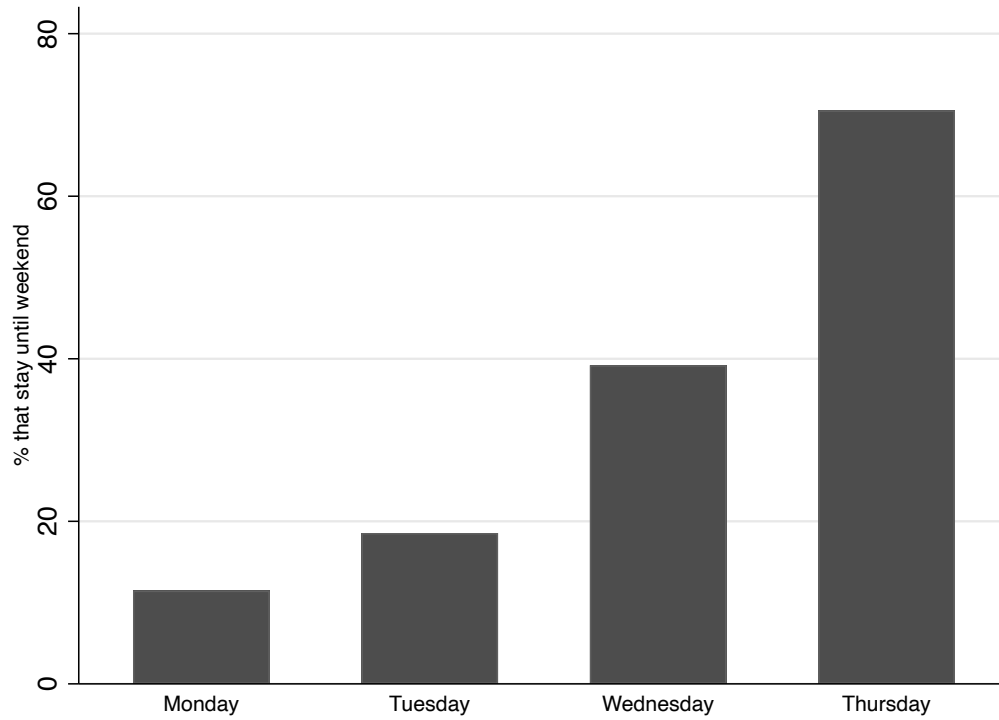


FIGURE F1. ACTUAL EXPOSURE TO WEEKEND FOR THOSE BORN ON MONDAY-THURSDAY

Notes. The figure shows the percentage of children who spent at least part of the weekend in hospital, according to their day of birth. Weekend is defined as the period from Friday 8am to Sunday 11.59pm. Sample comprises low educated mothers, but excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care.

Source: Millennium Cohort Study.

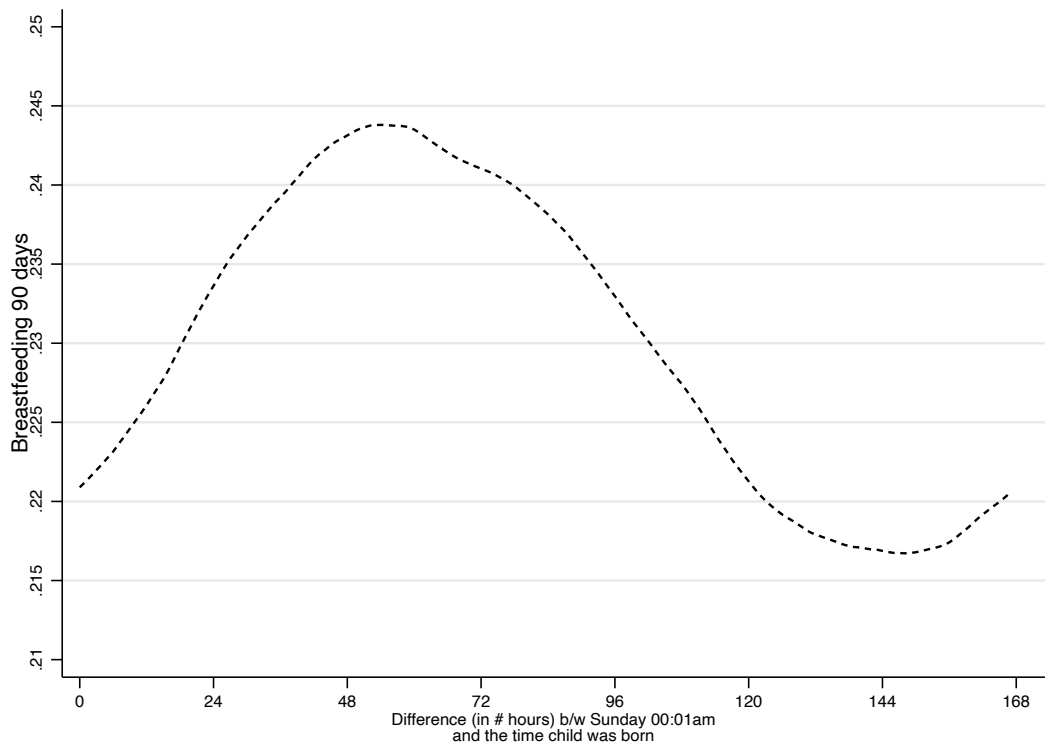


FIGURE F2. BREASTFEEDING BY HOUR OF BIRTH (NON-PARAMETRIC)

Notes: The horizontal axis shows the hour of birth within the week (0 corresponds to Sunday 00:01-00:59 and 163 to 23:00-23:59 on Saturday). The dashed lines is the estimate of the function $F(\text{hour})$ on the partially linear regression defined as $Y = F(\text{hour}) + X\beta + \epsilon$, where hour is the variable in the horizontal axis, X is a set of control variables (those in Tables 2 and B2) and Y is defined as equal to 1 if the child was breastfed for at least 90 days, and 0 otherwise. $F(\text{hour})$ is estimated following Robinson (1988) using Kernel regression (triangular Kernel with bandwidth of 72). Sample comprises low educated mothers (NVQ level 2 or less, or unknown NVQ level but left school before age 17), but excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care.

Source: Millennium Cohort Study.

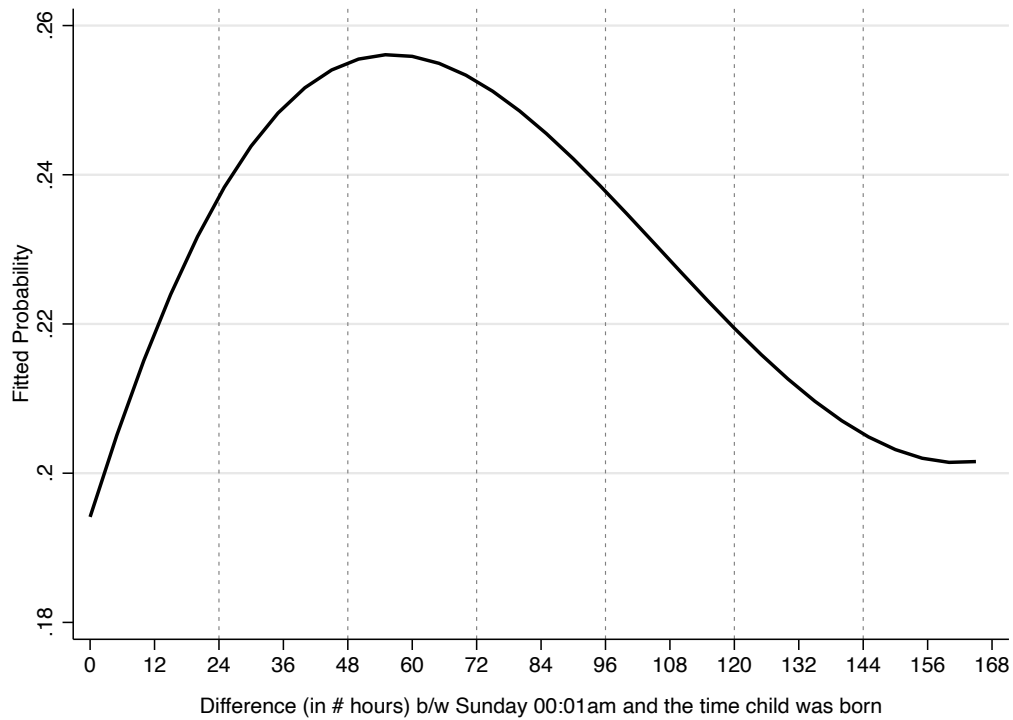


FIGURE F3. BREASTFEEDING BY HOUR OF BIRTH (CUBIC POLYNOMIAL)

Notes: The horizontal axis shows the hour of birth within the week (0 corresponds to Sunday 00:01- 00:59 and 163 to 23:00-23:59 on Saturday). The vertical axis shows the predicted probability that a child will be breastfed for at least 90 days computed using a Probit model estimated using a cubic polynomial on the variable in the horizontal axis and the variables listed in Table 2 and B2 as control variables. The probability is estimated for the average value of the control variables. Sample comprises low educated mothers (NVQ level 2 or less, or unknown NVQ level but left school before age 17), but excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care.

Source: Millennium Cohort Study.

TABLE F1 — BREASTFEEDING SUPPORT AND BREASTFEEDING RATES BY DAY OF BIRTH

	[1]	[2]	[3]	[4]	[5]	[6]
	High Educated					
Data Source →	MUS 2007			MCS 2000-01		
Day of Birth ↓	Received consistent advice	Received practical help	Received active support	Mixed feeding in the first few days	Some breastfeeding in the first few days	Breastfed for at least 90 days
Sun	-0.013 (0.014)	0.002 (0.014)	0.000 (0.014)	0.010 (0.012)	0.002 (0.012)	-0.043 (0.027)
Tue	-0.007 (0.014)	-0.013 (0.014)	-0.006 (0.013)	0.006 (0.012)	0.017 (0.012)	-0.017 (0.026)
Wed	0.009 (0.014)	-0.004 (0.014)	0.003 (0.013)	0.02 (0.012)	0.005 (0.012)	-0.045 (0.026)
Thurs	-0.007 (0.014)	-0.009 (0.014)	-0.011 (0.013)	-0.004 (0.012)	0.003 (0.012)	-0.036 (0.026)
Fri	-0.008 (0.014)	-0.005 (0.014)	-0.002 (0.013)	0.001 (0.012)	-0.010 (0.012)	-0.04 (0.026)
Sat	0.006 (0.014)	0.007 (0.014)	0.006 (0.013)	0.006 (0.012)	0.007 (0.012)	-0.043 (0.026)
Monday Mean	0.776	0.793	0.799	0.162	0.832	0.544
P-value Joint	0.654	0.824	0.883	0.524	0.422	0.537
P-value Fri-Sun	0.520	0.858	0.928	0.852	0.518	0.292
Observations	12,946	12,580	12,820	13,765	13,765	5,354

Notes: The table reports coefficients from an OLS regression over day of week dummies (Monday omitted). The dependent variable is listed at the top of the column. Columns 1-5 are from the Maternity Users Survey (MUS). Column 6 is from the Millennium Cohort Study (MCS). All columns exclude emergency and planned C-sections, and column 6 additionally exclude babies placed in intensive care. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE F2 — FIRST STAGE. BREASTFED FOR AT LEAST 90 DAYS. COEFFICIENT ESTIMATES

	High Educated Mothers					
	[1]	[2]	[3]	[4]	[5]	[6]
	PROBIT	OLS	OLS	PROBIT	OLS	OLS
Exposure to Weekend	0.035 (0.049)	0.013 (0.017)	0.012 (0.017)			
Hour				-0.002 (0.004)	-0.001 (0.001)	-0.001 (0.001)
(Hour ²)/100				0.003 (0.005)	0.001 (0.002)	0.001 (0.002)
(Hour ³)/10000				-0.001 (0.002)	-0.000 (0.001)	-0.001 (0.001)
P-value	0.481	0.453	0.484	0.866	0.842	0.840
F-stat		0.563	0.490		0.277	0.280
Hospital FE	No	No	Yes	No	No	Yes
Observations	5,354	5,354	5,354	5,354	5,354	5,354

Notes: Each column reports the coefficients from a regression in which the dependent variable is whether the child was breastfed for at least 90 days, and the independent variables include the exclusion restrictions listed in the first column (exposure to weekend or cubic polynomial in hour), and all of the variables listed in Tables 2 and Appendix Table B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy if highest qualification is missing but left school before age 17), month of birth, interview months, country dummies, and whether the baby was born on a bank holiday (137 covariates in total). The model (Probit or OLS) is noted at the top of the column. The P-value and F-stat refer to the null hypothesis that the coefficient(s) of the instrument is zero or jointly zero. Sample excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Low educated mothers are those with NVQ level 2 or less, or unknown NVQ level but that left school before 17), High educated mothers are those with NVQ level 3 or higher. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE F3 — OLS REGRESSIONS OF BREASTFEEDING AND COGNITIVE DEVELOPMENT ON COVARIATES

Covariates	Dependent vble:		Covariates	Dependent vble:	
	Breastfeeding	Cognitive index		Breastfeeding	Cognitive index
[1]	[2]	[3]	[4]	[5]	[6]
Expected educ. at age 16	-0.068 (0.0156)	-0.094 (0.0207)	Gestational period	0.001 (0.000738)	0.000 (0.000946)
Overseas qualification	-0.080 (0.0147)	-0.154 (0.0211)	Premature baby	-0.041 (0.0321)	-0.040 (0.0452)
Worked during pregnancy	-0.023 (0.0138)	0.081 (0.0183)	Father present at birth	0.022 (0.0172)	0.059 (0.0235)
Child Tax Credit	0.021 (0.0200)	0.041 (0.0240)	Friend present at birth	-0.026 (0.0273)	0.014 (0.0370)
Working Families Tax Credit	-0.013 (0.0160)	-0.063 (0.0201)	Grandmother present at birth	0.003 (0.0149)	0.035 (0.0199)
Income Support	-0.036 (0.0214)	-0.128 (0.0283)	Someone else present at birth	-0.003 (0.0187)	0.000 (0.0254)
Jobseekers Allowance	0.005 (0.0299)	-0.057 (0.0393)	Labor induction	-0.013 (0.0129)	-0.051 (0.0168)
Housing Benefit	0.036 (0.0332)	-0.052 (0.0397)	Forceps	0.015 (0.0340)	-0.041 (0.0397)
Council Tax Benefit	-0.045 (0.0324)	0.064 (0.0386)	Vacuum extraction	-0.010 (0.0264)	-0.034 (0.0338)
Invalid Care Allowance	-0.062 (0.0431)	-0.010 (0.0661)	Other non-natural delivery	0.022 (0.0778)	0.026 (0.105)
Live in house	-0.018 (0.0253)	-0.083 (0.0321)	Pain relief: gas	0.006 (0.0200)	0.039 (0.0259)
# rooms	0.011 (0.00574)	0.001 (0.00670)	Pain relief: pethidine	-0.007 (0.0132)	0.001 (0.0167)
Own house outright	-0.003 (0.0430)	-0.002 (0.0461)	Pain relief: epidural	-0.040 (0.0165)	0.053 (0.0222)
Rent from Local Authority	-0.037 (0.0194)	-0.0276 (0.0265)	Pain relief: general anaesthesia	0.0861 (0.105)	-0.165 (0.170)
Rent from Housing Association	-0.019 (0.0251)	-0.012 (0.0328)	Pain relief: tens machine	0.038 (0.0245)	0.047 (0.0299)
Rent privately	0.005 (0.0245)	-0.004 (0.0314)	Pain relief: other	-0.027 (0.0335)	0.071 (0.0455)
Live with parents	-0.041 (0.0285)	-0.026 (0.0390)	Pain relief: none	0.019 (0.0283)	-0.002 (0.0361)
Live rent free	-0.091 (0.0446)	0.046 (0.0553)	Mother did not have labor	-0.0151 (0.0784)	-0.0801 (0.0892)
Own garden	0.030 (0.0249)	0.044 (0.0313)	Labor duration	0.000 (0.000606)	0.001 (0.000807)
Shared garden	-0.010 (0.0297)	-0.035 (0.0398)	Complications: none	-0.024 (0.0348)	0.058 (0.0428)
Heating: Open fire	0.061 (0.0362)	-0.083 (0.0443)	Complications: breech	-0.046 (0.120)	0.187 (0.144)
Heating: Gas/electric fire	-0.013 (0.0156)	-0.009 (0.0193)	compl_abn_lie_m	0.024 (0.0502)	0.125 (0.0602)
Central Heating	0.008 (0.0222)	0.009 (0.0281)	Complication: very long labor	-0.026 (0.0373)	0.018 (0.0470)
No Heating	0.001 (0.0607)	0.153 (0.0796)	Complication: very rapid labor	0.004 (0.0439)	0.005 (0.0542)
Damp or condensation at home	0.025 (0.0162)	0.019 (0.0215)	Complication: foetal distress (heart)	0.003 (0.0344)	0.068 (0.0428)
Telephone	0.009 (0.0221)	0.029 (0.0335)	Complication: foetal distress (meconium)	-0.007 (0.0379)	0.047 (0.0460)
Dishwasher	0.027 (0.0181)	0.025 (0.0212)	Complication: other	0.004 (0.0351)	0.031 (0.0442)
Own computer	0.032 (0.0139)	0.047 (0.0171)	Received fertility treatment	-0.028 (0.0484)	0.003 (0.0612)
Tumble dryer	-0.028 (0.0131)	-0.028 (0.0169)	Planned fertility	0.016 (0.0135)	0.014 (0.0172)
Own/access to car	-0.007 (0.0147)	0.039 (0.0198)	First antenatal: 0-11 weeks	-0.037 (0.0295)	0.053 (0.0362)
Noisy Neighbours: fairly common	0.052 (0.0254)	0.049 (0.0357)	First antenatal: 12-13 weeks	-0.0172 (0.0297)	0.0600 (0.0368)
Noisy Neighbours: not very common	0.007 (0.0188)	-0.004 (0.0264)	First antenatal: 14 weeks or more	-0.050 (0.0305)	0.069 (0.0382)
Noisy Neighbours: not at all common	0.004 (0.0200)	0.029 (0.0279)	First antenatal: unknown	0.001 (0.0441)	0.012 (0.0584)
Rubbish in the street: fairly common	0.000 (0.0198)	-0.026 (0.0269)	Attended ante-natal classes	0.043 (0.0148)	0.064 (0.0177)
Rubbish in the street: not very common	0.005	-0.029	Longstanding illness	-0.010	-0.034

	(0.0205)	(0.0273)		(0.0203)	(0.0253)
Rubbish in the street: not at all common	0.015	-0.002	Limiting longstanding illness	-0.018	0.056
	(0.0246)	(0.0313)		(0.0259)	(0.0321)
Vandalism: fairly common	0.024	0.039	Migraine	-0.016	-0.007
	(0.0217)	(0.0304)		(0.0140)	(0.0184)
Vandalism: not very common	0.037	0.092	Hay fever or persistent runny nose	0.018	0.016
	(0.0208)	(0.0285)		(0.0145)	(0.0180)
Vandalism: not at all common	0.034	0.053	Bronchitis	-0.020	-0.036
	(0.0235)	(0.0317)		(0.0223)	(0.0285)
Roman Catholic	0.021	0.000	Asthma	0.036	0.027
	(0.0225)	(0.0288)		(0.0168)	(0.0217)
Protestant	0.081	0.032	Eczema	0.002	0.005
	(0.0408)	(0.0478)		(0.0153)	(0.0194)
Anglican	0.016	-0.050	Back Pain/lumbago/sciatica	-0.015	0.002
	(0.0180)	(0.0227)		(0.0149)	(0.0186)
Other Christian religion	0.105	-0.011	Fits/convulsions/epilepsy	-0.053	0.004
	(0.0280)	(0.0318)		(0.0352)	(0.0472)
Hindu	0.097	-0.050	Diabetes	-0.082	0.047
	(0.0861)	(0.0968)		(0.0955)	(0.136)
Muslim	0.220	0.010	Cancer	0.032	0.010
	(0.0565)	(0.0602)		(0.0567)	(0.0651)
Other non Christian religion	-0.008	-0.062	Digestive or Bowel disorders	-0.017	0.020
	(0.0772)	(0.0850)		(0.0226)	(0.0275)
Mother's age	0.005	-0.015	Diabetes during pregnancy	0.105	-0.218
	(0.00841)	(0.0105)		(0.118)	(0.166)
Mother's age (squared term)	0.00004	0.00034	Smoked during pregnancy (# avg. cig. per day)	-0.005	-0.001
	(0.000153)	(0.000188)		(0.000903)	(0.00145)
Ethnicity: mixed	0.253	-0.047	Drank during pregnancy	0.034	0.041
	(0.0678)	(0.0849)		(0.0137)	(0.0170)
Ethnicity: Indian	0.169	-0.078	Married	-0.019	-0.050
	(0.0739)	(0.0818)		(0.0219)	(0.0293)
Ethnicity: Pakistani	0.014	-0.293	Cohabiting	-0.031	-0.050
	(0.0620)	(0.0681)		(0.0188)	(0.0265)
Ethnicity: Black	0.257	-0.178	Other type of relationship	0.032	-0.030
	(0.0511)	(0.0535)		(0.0658)	(0.0772)
Ethnicity: other non-white	0.298	-0.103	Wales	-0.036	0.212
	(0.0765)	(0.0801)		(0.115)	(0.178)
Child's age	0.035	-0.080	Scotland	-0.246	-0.076
	(0.0282)	(0.0304)		(0.120)	(0.201)
Child's age (squared term)	-0.001	0.001	Mother's Mother is still alive	-0.014	0.042
	(0.000480)	(0.000519)		(0.0232)	(0.0317)
Child's age (cubic term)	0.000	0.000	Lived away from home before 17	0.053	0.040
	(2.63e-06)	(2.84e-06)		(0.0149)	(0.0194)
Girl	-0.008	0.136	Born on bank holiday	-0.008	-0.052
	(0.0116)	(0.0152)		(0.0422)	(0.0542)
Baby birth weight	-0.001	0.048			
	(0.0132)	(0.0178)			
Observations	5,015	5,015			
R-squared	0.219	0.249			

Notes: Columns 2 and 5 report coefficients of an OLS regression of breastfeeding for at least 90 days on the covariates listed in columns 1 and 4. Columns 3 and 6 report coefficients of an OLS regression of the cognitive development index on the covariates listed in columns 1 and 4. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE F4 — CHARACTERISTICS OF COMPLIERS

Characteristic (binary) ↓	[1]	[2]
	Overall mean	Mean amongst the compliers
Mother higher education (=high school diploma)	0.57	0.83
Higher SES	0.50	0.81
Had paid job during pregnancy (*)	0.51	1.03
Mother is in a relationship	0.75	0.93
Smoked during pregnancy	0.46	0.53
Drank during pregnancy	0.25	0.28
Planned fertility	0.45	0.56
Premature Baby	0.05	0.03
Father present at birth	0.79	0.91
Labour was induced	0.31	0.33
Delivery using forceps	0.04	0.10
Delivery using vacuum	0.06	0.33
Epidural	0.20	0.34
Antenatal before week 12	0.40	0.47

Notes: Column 1 reports the average in the estimating sample and Column 2 reports the average amongst the compliers, computed using the methodology by Card, Fenizia, and Silver 2018. A socio-economic index (SES) is computed using a regression of income on the socio-economic variables reported in Tables 2 and Appendix Table B2. Higher SES implies that the mother's value of the index is above the median. (*) Although theoretically, all values should be between 0 and 1, in practice the methodology does not impose the constraint and hence it might be possible to observe values outside the range due to sample variability, especially when the true value is close to 0 or 1.

Source: Millennium Cohort Study.

TABLE F5 — EFFECT OF BREASTFEEDING ON PARENTING ACTIVITIES

	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
	Age 3							
Estimation Method ↓	Home Learning Environment Summary Index	Read to child every day	Take child to library once a week	Help child to learn alphabet every day	Teach child counting every day	Teach child songs/poems/rhymes every day	Child paint/draw at home every day	Home Learning Environment
NTSLS	0.233 (0.228)	0.027 (0.173)	0.095 (0.076)	0.125 (0.146)	-0.181 (0.173)	0.231 (0.175)	0.096 (0.172)	3.233 (2.735)
TSLs	-1.032 (0.910)	-0.527 (0.671)	0.106 (0.290)	-0.276 (0.499)	-1.022 (0.806)	-0.565 (0.679)	-0.911 (0.759)	-17.510 (13.345)
OLS	0.089 (0.025)	0.067 (0.019)	0.017 (0.010)	0.017 (0.015)	0.01 (0.019)	0.047 (0.019)	0.007 (0.019)	1.014 (0.298)
F statistic	6.922	5.162	5.162	5.162	5.162	5.162	5.162	5.162
P-value	0.009	0.023	0.023	0.023	0.023	0.023	0.023	0.023
Mean	0.006	0.466	0.055	0.189	0.468	0.505	0.445	24.620
SD	0.682	0.499	0.227	0.392	0.499	0.500	0.497	7.833
Observations	5,062	4,487	4,487	4,487	4,487	4,487	4,487	4,487
	Age 5							
Estimation Method ↓		Read to child every day	Tell stories every day	Perform musical activities every day	Play physically active games every day	Play games/toys indoors every day	Child paint/draw at home every day	Home Learning Environment
NTSLS		0.046 (0.185)	-0.122 (0.123)	0.096 (0.179)	-0.034 (0.095)	-0.021 (0.159)	0.038 (0.103)	-1.685 (2.635)
TSLs		0.375 (0.549)	0.140 (0.350)	0.685 (0.580)	-0.038 (0.277)	-0.394 (0.468)	0.346 (0.331)	0.868 (7.403)
OLS		0.058 (0.019)	0.012 (0.013)	0.045 (0.018)	0.005 (0.010)	0.019 (0.016)	0.006 (0.011)	0.955 (0.277)
F statistic		6.531	6.508	6.570	6.589	6.589	6.531	6.743
P-value		0.011	0.011	0.010	0.010	0.010	0.011	0.009
Mean		0.440	0.116	0.377	0.071	0.209	0.084	24.570
SD		0.496	0.320	0.485	0.257	0.406	0.278	7.289
Observations		4,399	4,398	4,398	4,398	4,398	4,399	4,395

Notes: Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column. Columns 2-7 are coded as 0/1 dummy variables; Column 1 is the Anderson Index computed using the dummy variables across all ages; Column 8, the Home learning environment, is the sum of the frequency of each of the activities reported in columns 2-7 (where 1="occasionally"...7="7 times per week/constantly", except in the case of library where 7="once a week"), taking a maximum value of 42. The estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TSLs denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and Appendix Table B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bankholiday (137 covariates in total), as well as hospital fixed effects. Exposure to weekend is excluded from the second-stage regressions. F statistic and P-value correspond to the null hypothesis that the coefficient on the excluded variable is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE F6 — EFFECT OF BREASTFEEDING ON MATERNAL OUTCOMES

Estimation Method ↓	[1]	[2]	[3]	[4]	[5]	[6]
	Anderson (2008) Index for mother malaise	Mother's malaise index			Mother-child relationship	Mother-child conflict
		9 months old	3 years old	5 years old		
NTSLS	0.177 (0.185)	-0.191 (0.652)	-0.226 (1.301)	2.088 (1.767)	-3.16 (3.792)	-2.764 (2.627)
TSLs	0.159 (0.559)	-0.215 (1.762)	-1.764 (3.739)	0.379 (3.675)	14.04 (14.629)	6.142 (9.880)
OLS	0.026 (0.020)	-0.001 (0.060)	-0.069 (0.161)	-0.046 (0.158)	0.279 (0.381)	-0.525 (0.267)
F statistic	8.636	7.694	7.385	7.219	4.764	4.764
P-value	0.003	0.006	0.007	0.007	0.029	0.029
Mean	0.012	1.739	3.533	3.472	29.03	14.54
SD	0.629	1.857	3.987	4.032	10.93	7.606
Observations	5,809	5,812	3,537	3,949	4,517	4,517

Notes: Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is listed at the top of the column. The dependent variable in column 1 is constructed from the malaise indices collected at 9 months, 3, 5, and 7 years. The age-specific malaise index at 9 months constructed from the 9-item Malaise Inventory, and the malaise indices at 3, and 5 years are constructed from the 6-scale Kessler Inventory. The estimation method is listed in the left hand column (NTSLS denotes non-linear two-stage least squares; TSLs denotes two-stage least squares; OLS denotes ordinary least squares). Control variables are those listed in Tables 2 and Appendix Table B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total), as well as hospital fixed effects. Exposure to weekend is excluded from the second-stage regressions. F statistic and P-value correspond to the null hypothesis that the coefficient on the excluded variable is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.

TABLE F7 — EFFECT OF BREASTFEEDING ON COGNITIVE INDEX: ROBUSTNESS

	[1]	[2]	[3]	[4]	[5]	[6]	[7]
NTSLS	0.464 (0.179)	0.559 (0.213)	0.413 (0.169)	0.462 (0.176)	0.418 (0.173)	0.496 (0.204)	0.382 (0.147)
First Stage F-statistic	7.023	3.307	8.284	6.906	7.095	7.023	7.023
Observations	5,015	3,482	5,588	5,015	5,015	5,015	5,015
[1] Include labour inductions	Y	N	Y	Y	Y	Y	Y
[2] Include emergency Caesarea	N	N	Y	N	N	N	N
[3] Control for polynomial in hour within the day (0-24)	N	N	N	Y	N	N	N
[4] Control for hour of birth dummies	N	N	N	N	Y	N	N
[5] Include imputed data	N	N	N	N	N	Y	N
[6] Reduced set of covariates	N	N	N	N	N	N	N
[7] Control for hospital fixed effe	Y	Y	Y	Y	Y	Y	N

Notes: Each cell reports coefficient of breastfeeding for at least 90 days from separate regressions in which the dependent variable is Cognitive Index and the estimation method is NTSLS (non-linear two-stage least squares). Control variables of columns 1-6 and 8 are those listed in Tables 2 and Appendix Table B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bank holiday (137 covariates in total). The reduced set of control variables in column 7 are a quadratic polynomial in child's age in months, child's gender, birth weight, labor induction, epidural as pain relief, attendance to antenatal classes, quadratic polynomial in mother's age, whether mother worked during pregnancy, family tax credits, income support, two education dummies (NVQ2 and NVQ missing but left school before age 17), own/access a car, and mother's ethnicity (5 dummies). Exposure to weekend is excluded from the second-stage regressions. F statistic and P-value correspond to the null hypothesis that the coefficient on the excluded variable is zero, as estimated from an OLS regression where the dependent variable is breastfeeding for at least 90 days, and controls are as noted already. Main sample contains low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Robustness exercise is indicated in the left hand column. Standard errors in parentheses.

Source: Millennium Cohort Study

TABLE F8 — EFFECT OF BREASTFEEDING ON CHILD DEVELOPMENT: CHANGING BREASTFEEDING DURATIONS

Index ↓	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
	Exposure to weekend				Polynomial in hour			
	Was breastfed for at least 30 days	Was breastfed for at least 60 days	Was breastfed for at least 90 days	Was breastfed for at least 120 days	Was breastfed for at least 30 days	Was breastfed for at least 60 days	Was breastfed for at least 90 days	Was breastfed for at least 120 days
Cognitive Index	0.395 (0.220)	0.442 (0.196)	0.464 (0.179)	0.433 (0.171)	0.388 (0.208)	0.426 (0.181)	0.452 (0.169)	0.445 (0.165)
Non-Cognitive Inde	0.395 (0.266)	0.399 (0.241)	0.319 (0.224)	0.291 (0.213)	0.424 (0.254)	0.417 (0.225)	0.344 (0.213)	0.321 (0.207)
Health Index	-0.101 (0.094)	-0.014 (0.087)	0.009 (0.082)	0.086 (0.082)	-0.103 (0.090)	-0.037 (0.082)	-0.010 (0.078)	0.058 (0.079)

Notes: Column 3 and 7 are the same as our main results (Table 5). The other columns replicate our main results but with other breastfeeding durations (as indicated in the column heading). Estimation method is NTSLS (non-linear two-stage least squares). Control variables are those listed in Tables 2 and Appendix Table B2 (including a cubic polynomial in child's age, quadratic polynomial on mother's age and a dummy variable if highest qualification is missing but left school before age 17), month of birth dummies, interview month dummies, country dummies, and whether the baby was born on a bankholiday (137 covariates in total), as well as hospital fixed effects. Exposure to weekend [cubic polynomial in hour] is excluded from the second-stage regressions. F statistic and P-value correspond to the null hypothesis that the coefficient(s) of the excluded variable(s) are zero or jointly zero, as estimated from an OLS regression where the dependent variable is indicated in the column heading, and controls are as noted already. Sample comprises low educated mothers (NVQ level 2 or less, or NVQ level unknown but left school before 17), and excludes children born through caesarean sections (either emergency or planned) and children placed in intensive care after delivery. Standard errors in parentheses.

Source: Millennium Cohort Study.