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Does BMI Predict the Early Spatial Variation and Intensity of COVID-19 in Developing Countries? Evidence from India

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Brandeis University and IZA

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ABSTRACT

Does BMI Predict the Early Spatial Variation and Intensity of COVID-19 in Developing Countries? Evidence from India*

This paper studies BMI as a correlate of the early spatial distribution and intensity of Covid-19 across the districts of India and finds that conditional on a range of individual, household, and regional characteristics, adult BMI significantly predicts the likelihood that the district is a hotspot, the natural log of the confirmed number of cases, the case fatality rate, and the propensity that the district is a red zone. Controlling for air-pollution, rainfall, temperature, demographic factors that measure population density, the proportion of the elderly, and health infrastructure including per capita health spending, the proportion of respiratory cases, and the number of viral disease outbreaks in the recent past, does not diminish the predictive power of BMI in influencing the spatial incidence and spread of the virus. The association between adult BMI and measures of spatial outcomes is especially pronounced among educated populations in urban settings, and impervious to conditioning on differences in testing rates across states. We find that among women, BMI proxies for a range of comorbidities (hemoglobin, high blood pressure and high glucose levels) that affects the severity of the virus while among men, these health indicators are less important and exposure to risk of contracting the virus as measured by work propensities is explanatory. We conduct heterogeneity and sensitivity checks and control for differences that may arise due to variations in timing of onset. Our results provide a readily available health marker that may be used to identify especially at-risk populations in developing countries like India.

JEL Classification: I15, I18, O12, D83

Keywords: BMI, COVID-19, spatial variation, intensity, India

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* The usual disclaimer applies.

1. Introduction and background

As Covid-19 spreads across the world, there is rising consensus that given weak health infrastructure, constrained resources, and a disproportionate incidence of non-communicable diseases such as diabetes, cardio-vascular disease, and high blood pressure, developing countries will bear the brunt of the burden associated with the pandemic (Bansal 2020). Given this, and in the interests of mitigating negative health consequences before they deepen further, is it possible to leverage a health marker that might reasonably predict the spatial variation and severity of the virus in poor countries? This research demonstrates that individual body mass index (BMI) of adults is an important correlate that may be utilized for this purpose as net of a comprehensive set of characteristics, BMI is significantly associated with early measures of the regional spread and intensity of the pandemic in India.

The heterogeneity in the spread of the virus across areas may reflect two factors as noted in Desmet & Wacziarg (2020). The first is differences in timing: some regions contract the virus earlier because they are located near international airports for example, or near borders adjacent to countries where the disease is rampant. However, over time, the disease spreads and most regions will experience similar rates of infections, hospitalizations and mortality. The second factor underlines that heterogeneity in the spread of the virus is linked to variations in regional fundamentals that ensure that area-specific differences persist despite controls for elapsed time since onset. These fundamentals include risk factors such as the incidence of pollution, weather, variations in demographic factors (population density, the number of urban agglomerations, and the proportion of the elderly) and health capacity (per capita health expenditures, the number of doctors, and previous experience with respiratory and viral illnesses). We find evidence that supports this second point of view. Given India's decentralized political set-up where states in particular have considerable power in deciding the lay of the land when it comes to a variety of civic, economic and

social facets, this is in keeping with expectations.

Using nationally representative data and (validated) crowdsourced information on the early spatial variation and intensity of Covid-19 in India, we find that the BMI of adults aged 15-54 significantly predicts the likelihood that a district is denoted a hotspot district (districts with high growth rates of cases or clusters of cases), the natural log number of confirmed cases at the district-level, the case fatality rate at the district-level, and the likelihood that a districts is a red zone (where growth rates are exceptionally high or where there are multiple clusters). The predictive power of BMI is evident even conditional on a set of individual and household characteristics that measure socio-economics and risk factors such as sanitation and access to drinking water, as well as differences in state-specific demographic and health infrastructure measures noted above. We consider impacts by regional locations where the southern states (Kerala in particular) have been particularly successful in containing the pandemic in the early stages. We also consider specifications that control for migration. The association between adult BMI and the spatial distribution of Covid-19 remains strong. Other factor that we control for include differences in testing rates across states, alternative specification of BMI in its non-linear form (indicator for overweight or obese) and differences in timing of onset as in Desmet & Wacziarg (2020). Again, BMI remains a significant correlate of the severity and spatial variation of the disease in India.

Since there is evidence of gender differences in various facets related to this pandemic (Galasso *et al.* 2020, Papageorge *et al.* 2020, Scavini and Piemonti 2020), we estimate specifications for adult women and men separately in order to understand whether this is true in our case as well. We find that while BMI is a significant predictor for women, including health indicators such as hemoglobin (HBA), a measure for high blood pressure, and a control for high glucose levels absorbs the significance of BMI in the women-only sample. This is strongly consistent with the view that these non-communicable disease indicators are mechanisms for why BMI matters for women in

predicting spatial incidence and severity of the virus. For men however, BMI remains measured with precision even on inclusion of the individual disease measures and becomes statistically zero only upon inclusion of a measure of work propensity, which we argue proxies for exposure to risk of contracting the virus. These results in the aggregate sample and in those demarcated by gender mostly remain the same when we collapse the data to the district-level and implement district-counterparts of the individual specifications. We do lose significance in some cases however, given the smaller sample sizes. Finally, we find no evidence that for children (aged 0-14), BMI matters in any systematic way. This could be reflective of evidence that among children, the impacts of the virus has so far been mild (Centers for Disease Control 2020). It could also underline the fact that in child populations, BMI is an erratic indicator of health given growth spurts and rapidly evolving physiology (Vanderwall *et al.* 2017). Our research demonstrates that BMI among adults in particular is a significant correlate of the incidence and spread of the virus in countries such as India.

2. Empirical framework

2.1. Specifications

We leverage an empirical specification that builds on the commonly used Susceptible-Infectious-Recovered-Deceased (SIRD) epidemiological model that outlines pathways for a specific infectious disease and given population, based on Desmet and Wacziarg (2020). For a given outcome such as the log number of confirmed cases at a point in time, the rate of infection at the district-level is influenced by a wide variety of individual (and household), district and state-specific factors. Consider the following:

$$y_{jk} = \beta_0 + \sum_{m_1=1}^{n_1} \beta_{m_1} x_{ijkm_1} + \sum_{m_2=1}^{n_2} \beta_{m_2} x_{jkm_2} + \sum_{m_3=1}^{n_3} \beta_{m_3} x_{km_3} + \varepsilon_{jk} \quad (1)$$

where i denotes an individual, j denotes a district, and k denotes a state, and y_{jk} are the district-level outcomes considered including an indicator for a hotspot district, the natural log number of

confirmed cases in the district, the case fatality rate in the district and a red zone district (these outcomes are defined in detail below).¹ x_{ijk} , x_{jk} , and x_k are individual, district and state-specific factors (enumerated below) and ϵ_{jk} is the district specific error term. Equation (1) is a fully saturated model and represents our preferred specification. We build up to this model however by sequentially adding regressors at different regional levels starting from a framework that includes only individual and district controls but no state-specific variables except for state fixed-effects. This specification is:

$$y_{jk} = \beta_0 + \sum_{m_1=1}^{n_1} \beta_{m_1} x_{ijkm_1} + \sum_{m_2=1}^{n_2} \beta_{m_2} x_{jkm_2} + \gamma_k + \epsilon_{jk} \quad (2)$$

where γ_k denotes state fixed-effects and ϵ_{jk} is the corresponding district-level disturbance. Finally, we consider the district-level version of equation (2) as follows:

$$y_{jk} = \beta_0 + \sum_{m_1=1}^{n_1} \beta_{m_1} \bar{x}_{jkm_1} + \sum_{m_2=1}^{n_2} \beta_{m_2} x_{jkm_2} + \alpha_k + \vartheta_{jk} \quad (3)$$

where $\bar{x}_{jk}$ are the district-level means of the individual controls in x_{ijk} , α_k denotes state fixed-effects, and ϑ_{jk} is the district-level error term.²

2.2. Timing and sample selection

We begin by estimating equations (1), (2) and (3) on our data as of a specific point in time (April 27, 2020). An issue to be cognizant of is that in this combined sample, spatial variation and measures of intensity of the disease could be correlated with timing. That is, regions where the disease arrived earlier will naturally evolve on a different trajectory as compared to those where the disease arrived relatively more recently. In order to account for this, we include a comprehensive set of state-specific factors that have been noted to importantly influence the evolution of the disease.

¹ Following Desmet and Wacziarg (2020), we consider the natural log of (1+number of confirmed cases) so that we do not lose the extensive margin (districts and states where there are no cases, especially in the early days of the pandemic).

² We discuss the results of equation (3) below but do not report these results in the paper. They are available on request.

Some of these include testing rates and demographic and health infrastructure variables including the natural log of per capita health expenditure, natural log of the number of doctors, proportion of the population that is male, and the proportion of the population that is elderly (60 years and above); the full set of factors is discussed below.

Next, in order to directly address variation in the timing of onset, we consider samples of states that have the *same* elapsed time since onset. Onset is defined as the point (day) when the state reached a certain benchmark in the number of confirmed cases. The benchmark we use is the same as in Desmet and Wacziarg (2020) and which is commonly used in the epidemiological literature that defines onset as when the state reported at least 1 case per 100,000 people on any specific day. We then compare estimates in samples where all states experienced the same number of elapsed days since the threshold was reached. More specifically, we begin by examining the influence of BMI on outcomes in all states just before onset (days since onset = 0). Then we consider different cut-offs for these thresholds and examine results in samples in states one day after onset, five days after onset and then finally, 15 days after onset. Evaluating such samples in which states have exactly the same number of elapsed days minimizes the impact of time in influencing cross-state variation in the intensity and spread of the disease. However, there is a trade-off. Using earlier benchmark cut-offs allows a larger sample for estimation in which selection concerns are fewer. Using later cut-offs results in smaller samples where selection may be more of an issue since states with earlier onset are more likely to appear. We consider the full range of cut-offs that our data allow and report these results below. In our case, the consistency in magnitude of the parameter estimates of BMI across these thresholds strongly suggests that selection is less of a concern.

3. Data

We use a variety of data sources in this study. First, district-wise information on the number of confirmed cases, the case fatality rate, and testing rates at the state-level are obtained from the

crowdsourced data publicly available at <https://www.covid19india.org/>. Other recent papers using this source includes Joe *et al.* (2020) which notes that these data are consistent with official information from the Government of India's Ministry of Health and Family Welfare as well as international sources on India's statistics such as those from Johns Hopkins University and online databases like Medicine available at <https://ourworldindata.org/coronavirus>.³ Cases are confirmed following the administration of tests, and the testing rate is defined as the number of tests given per 100 people. The case fatality rate is estimated as the ratio of confirmed deaths in total confirmed cases, and is a widely used measure of risk of mortality (Joe *et al.* 2020). The natural log of confirmed cases and the case fatality rate are two of the four outcome measures we study to understand the spatial variation of Covid-19 in India.

In addition to these measures, we use two more variables to estimate the incidence of the pandemic. These include an indicator for a “hotspot” district and an indicator for a “red zone” district. “Hotspot” districts were denoted by the Government of India on April 15, 2020 as those that contributed to more than 80% of the caseload for the state, or districts in which the doubling rate was below 4 days (Ministry of Health and Family Welfare 2020). “Non-hotspot” districts are those where cases are present but lower than the thresholds above. Of India's 735 districts, 170 were hotspots, 207 were non-hotspots, and 358 districts had no cases, as of mid-April 2020 (Khanna and Kochhar 2020). The 170 hotspot districts were further demarcated into “red zones” and “orange zones”, where the former denotes districts with a cluster of more than 15 cases or a district that has multiple clusters. Correspondingly, “orange zones” are hotspot districts with fewer than 15 cases. We analyze red zone districts separately to emphasize differences in intensity within all districts denoted as hotspots. Further, since these classifications of districts are as of April 15, 2020, we use data from the crowd-sourced site on cases and the case fatality rate until April 27, 2020, in order to

³ Roser *et al.* (2020).

span a time that is closest to the casting of these definitions.⁴

Next, our individual and household level determinants are obtained from the National Family Health Surveys of India from 2015-2016 (NFHS-4). We use a variety of individual controls in the adult samples including measures of BMI (constructed as weight in kilograms divided by height in meters squared), age, height (as a measure of long-term health), educational level, age at first marriage and age at first birth (women only) and number of children below five years. Household characteristics include religion, caste, type of cooking fuel used, ownership of assets, measures of the age and gender of the household head, household size, quality of the floor, wall and roof of the home, rural/urban status, presence of electricity, type of toilet facility, primary sources of drinking water, and a measure of migration (years lived in current place of residence). We discuss the summary statistics of these variables in detail below.

The socio-economic and demographic variables above are not from the same time period as the Covid-19 data – there is no contemporaneous nationally representative survey available for India in the first quarter of 2020 as yet. Hence, is BMI in 2015-2016 a good predictor of BMI during the pandemic in early 2020? In order to answer this, we estimate state-level models where we regress an indicator for overweight or obese status in NFHS-4 on an indicator for overweight or obese in NFHS-3 (from 2005-2006), clustering standard errors at the state-level. In both the rural and urban samples, the coefficient on overweight-obese is positive and highly significant (coefficient = 0.618, p -value = 0.000 in the rural sample; coefficient = 1.117, p -value = 0.000 in the urban sample). That is, BMI in 2005-2006 is a stronger predictor of BMI almost a decade later in 2015-2016.

Furthermore, Dang *et al.* (2019) notes that there is strong persistence in these measures across space and time in India; in particular, transition matrices reveal that in the decade between NFHS-3 and NFHS-4, there has been rapid movement into the overweight-obese categories at the individual

⁴ Another important reason is that the case fatality rate at the district-level is reported only until April 27, 2020.

level, but hysteresis in movement out of these groupings. Hence, yes, it is very likely that BMI in 2015-2016 is a good predictor of BMI 4-5 years later in the early months of 2020.

In terms of regional measures, we include time-varying district-level nightlights from 2016 in our models in order to control for variations in economic growth at these disaggregate levels. Source of the nightlights data is <https://datainspace.org/index.php/global-nighttime-lights-at-adm2-level-1992-2013/> and the World Bank at <https://datacatalog.worldbank.org/dataset/india-night-lights>. We control for air-pollution at the district-level as measured by PM_{2.5}, particulate matter of size 2.5 micrometers, a widely accepted measure of pollution in developed and developing contexts. This is in response to evidence that mortality risk from such pollution is particularly severe during the pandemic (Cole *et al.* 2020), and because of recent evidence that social distancing and the slowing of economic activity has reduced premature deaths attributable to air pollution (Muller *et al.* 2011; Cicala *et al.* 2020). The source of the PM_{2.5} data are satellite measurement estimates generated from aerosol optical depth information collected using techniques developed in Dey *et al.* (2012). Given that the impact of air-pollution may be mediated by rainfall and temperature, we include district-level measures of these weather variables in all models. The source is ERA-Interim daily data that is publicly available at <https://apps.ecmwf.int/datasets/data/interim-full-daily/levtype=sfc/>.

Finally, we collect information from the *Handbook of Urban Statistics, 2019* (Ministry of Housing and Urban Affairs 2019) on state-level measures of the number of urban agglomerations in 2011, population density in 2011 (2011 values from the most recent census is what is available), the proportion of men in 2018, and the proportion of the population that is 60 years and above in 2017. Additional data from the *National Health Profile, 2019* (Ministry of Health and Family Welfare 2019) is obtained on state-level measures of per capita health expenditure in 2015-2016, the number of doctors in 2018, the proportion of respiratory cases in 2018, the proportion of pneumonia cases in 2017, and the number of viral and other disease outbreaks in 2018. The last measure includes

diarrheal disease, encephalitis, anthrax, chickenpox, cholera, dengue, diphtheria, dysentery, H1N1 influenza, H3N2 influenza, malaria, measles and rubella, nipah viral encephalitis, viral fever, viral hepatitis A, B, and C, zika, and others, and captures a state's experience in dealing with diseases in the recent past. These controls together constitute a set of measures of a state's demographic and health infrastructure and reflect variables that have been found to importantly influence the evolution of Covid-19.

Data from the crowdsourced site on the spatial distribution and severity of cases is merged with individual and household level information from NFHS-4 at the district-level. These are then matched with the pollution and weather variables on the basis of districts. Lastly, the demographic and health capacity measures are merged at the state-level to create the complete dataset for analysis. The total number of adults aged 15-54 in the sample is 804,284 of which 694,060 (86.3%) are women and 110,224 (13.7%) are men. Sample sizes for the regressions vary from these numbers depending on the completeness of information in the controls included.

The summary statistics of all variables are presented in Table 1. The table is organized by outcomes, controls that vary at the individual and household levels, the district-level, and finally, at the state-level. Statistics are reported for the aggregate adult sample as well as samples demarcated by gender. We discuss estimates for all adults mainly but note differences between women and men (denoted in column (7)) when these are of particular interest.

The first column indicates that as of end April 2020, about 31.8% of districts were hotspots and among these, 30.5% were red zones. The mean natural log number of confirmed cases is about 3.0 (20.1 cases) in the combined sample and slightly higher for men. The mean case fatality rate in the aggregate sample is 43.3% and disaggregated statistics reveal a slightly higher rate for women (43.5%) as compared to men (42.1%), consistent with evidence in Joe *et al.* (2020).

Average BMI is 21.8 kilograms/square meters (kg/m^2) for adults which is in the normal

range.⁵ These levels translate into 20.1% of women and 19.1% of men being classified as overweight or obese. The mean altitude adjusted hemoglobin level (HBA) in the sample is about 12.0 g/dl, the threshold for being classified as anemic for women. Gender disaggregated values of HBA reveal that adult women are on average anemic in India (whereas men are not – the threshold for men is about 13.0 g/dl). Almost 50% of the aggregate sample has a glucose level that is higher than the median value (relatively higher for men), consistent with the fact that India has one of the highest number of diabetics in the world (Gupta 2016). Other individual health characteristics that we condition on include the proportion of people who are medically diagnosed as having high blood pressure (8.80%), among whom women report higher values than men (9.0% versus 7.1%).

Considering other individual level characteristics, average age is 30.0 years and 72.1% of the sample is married while 24.6% is uneducated. Approximately 80.0% of households are Hindus whereas scheduled castes and scheduled tribes together make up 31.0%. The vast majority of households use unclean sources of cooking fuel and ownership of assets varies widely across the items considered. Most households are headed by men (87.1%), are rural (66.2%), lack access to sanitation (38.3%), and about 47.9% have access to clean drinking water. The average years lived in the place of residence is approximately 16.0 years consistent with evidence that (permanent) migration rates in India are relatively low (Munshi and Rosenzweig 2009).

The remaining descriptive statistics in Table 1 reveal that average natural log of $PM_{2.5}$ is 3.6 micrograms per cubic meter (a $PM_{2.5}$ level of 37.0 micrograms per cubic meter – more than double the United States Environmental Protection Agency (EPA) standard).⁶ Other summary statistics reported at this level include those for weather and the natural log of the sum of annual nightlights. We end this section by briefly noting descriptive estimates of the state-level measures on testing

⁵ BMI less than 18.5 denotes underweight, between 18.5 and 25 denotes normal weight, above 25 but below 30 denotes overweight and 30 and above denotes obese. Cut-offs are slightly lower for Asian populations but applying these did not change the results overall.

⁶ See <https://www.epa.gov/criteria-air-pollutants/naaqs-table>. Accessed on June 26, 2020.

rates and health capacity. The average testing rate across states was about 33.2% by end April 2020, with significant variation across states in this measure. Kerala stands out for its early success in containing the disease due to its relatively high testing rates (Vibhute and Chattopadhyay 2020). Mean log per capita health expenditure in 2016 is approximately Rupees 1,156 (US dollars 17) and the mean log number of doctors at the state-level is about 11.1 (this translates into 63,000 doctors but there is a large literature on quality of doctors, see Das (2007)). Approximately 4.0% of all states have experienced respiratory and pneumonia, and around 89.0 disease outbreaks in the last few years. Proportion of males in 2018 was 51.7% and the mean proportion of the elderly (60 years and above) is 8.4%. In summary, these measures indicate that while Indian states do not have an especially vulnerable population in terms of the elderly, their health infrastructure (as measured by per capita health expenditure and testing rates) is, with a few exceptions, relatively low.

4. Results

We discuss results in Tables 2-7 in this section where only the key parameter of interest (BMI) is noted. The full set of results for all controls are reported in Appendix Tables 1, 2 and 3.

4.1. Hotspot districts

The association between BMI and districts denoted as hotspots is shown in Table 2. As noted above, hotspot districts are those with significant numbers or significant growth rate of cases as of mid-April 2020. Panel A reports results for all adults aged 15-54 whereas Panel B and Panel C report results demarcated by gender. Each column in Table 2 reflects the inclusion of different sets of controls as noted at the bottom of Table 2 with column (8) reporting the most saturated specification that includes pollution, weather, individual, household and state-specific controls.

Focusing on Panel A first, it is clear that adult BMI has a positive and significant influence on the district being denoted as a hotspot across all specifications. In the most parsimonious model that includes only state fixed-effects in column (1), the coefficient on BMI indicates that a one-unit

increase in BMI results in a 0.8 percentage point rise in the probability that the district is a hotspot. Inclusion of the district specific pollution and weather specific measures reduces the magnitude of this effect to 0.3 percentage points, but restricting the sample to the southern states (that have better health structures) or to the sample that controls for migration, does not affect this parameter subsequently. This remains true even when we condition on state differences in testing rates and demographic and health infrastructure measures, as well as individual health conditions such as hemoglobin levels, and indicators for high blood pressure and high glucose levels that are often associated with unhealthy levels of BMI.

Panel B reports the results for women aged 15-49 and in general, many of the patterns in Panel A resonate here. The estimate in column (1) indicates that for a unit increase in BMI, the probability that the district is a hotspot is 0.9 percentage points. The coefficient declines in size with the inclusion of controls in column (3) but again note that inclusion of subsequent variables for testing rates and state-level measures of health capacity barely affects this measure. Interestingly, inclusion of the individual health conditions for women absorbs the significance of the BMI variable in the most complete model of column (8) suggesting that for them, these variables are mechanisms that explain the association between BMI and hotspot districts. Patterns for men in Panel C are similar except that BMI loses significance in the southern states and among those who have not migrated in the last decade. The significance of the parameter estimate on BMI in column (8) for men indicates that unlike in the case of women, hemoglobin, high blood pressure and glucose levels are not explanatory factors that link BMI and hotspot districts. This is consistent with evidence that beyond basic health, men appear to be in general more susceptible to Covid-19 (Richardson *et al.* 2020; Scavini and Piemonti 2020).

4.2. Log number of confirmed cases

We use an alternate lens to examine the spatial intensity of Covid-19 by focusing next on the

district-level measure of confirmed cases. These results are reported in Table 3 that has an organization structure similar to that in Table 2. Conditioning only on state-fixed effects, the estimate in column (1) of Panel A indicates that for a unit increase in BMI, the number of confirmed cases increases by 2.9 percent. Including the pollution and weather controls reduces the magnitude of this association to 1.7 percent and conditioning on state testing rates results in a further decline to 0.7 percent. The last columns of Table 3 in Panel A indicate that controlling for statewide differences in population and age-structure variables as well as measures of health capacity renders the effect of BMI insignificant. That is, the initial association between BMI and number of confirmed cases in Panel A is likely reflective of state-level differences of demographic and health infrastructure aspects as well as individual level measures of health denoted by hemoglobin, blood pressure and glucose levels.

Disaggregating the combined sample by gender reveals that in general, impacts of BMI on number of confirmed cases is stronger among adult men. In particular, in the specification that conditions on test rates and measures of health capacity at the state-level, a unit increase in male BMI generates a 1.4 percent increase in the number of confirmed cases (about 1.0 additional case at the mean). The corresponding estimate for women is 0.9 percent (1.0 additional case at the mean). Further, unlike in the women's sample, including health indicators for hemoglobin, blood pressure and glucose, does not absorb the significance of BMI in the male regression in column (8). The estimate here indicates that a unit increase in male BMI raises the number of cases by 1.5 percent (slightly above 1.0 additional case at the mean). The corresponding estimate for women is statistically zero, underlining, as in Table 2, that men are especially prone to the virus.

4.3. The case fatality rate

Next, we examine the influence of BMI on the case fatality rate which has been argued to be a better measure of disease severity as compared to the mortality rate (Battegay *et al.* 2020). Table 4

reports these results and indicates that many of the estimates measured with precision are present mainly in the full sample of adults in Panel A. The estimate in column (8) indicates that for a unit increase in BMI, the case fatality rate rises by 0.1% for all adults. Given that the average CFR in India near end April 2020 in our data is about 43.0%, this denotes approximately a 0.2% increase. Disaggregation by gender reveals estimates that are mostly measured with error or in the unexpected direction. Overall, it is possible that the lack of significance in Table 4 reflects India's age-structure which has a low proportion of elderly people and under-reporting of deaths in the early days of the pandemic (Malani *et al.* 2020). While the case fatality rate is not the same as the death rate, we note that recent evidence for the United States also finds little correlation between BMI (obesity) and death rates (Knittel and Ozaltun 2020).

4.4. Red zones

Table 5 shows results for the association between BMI and red zones. Considering impacts in Panel A and focusing on the fully saturated model in column (8) reveals that a unit increase in BMI generates a 0.3 percentage point increase in the likelihood that the district will be a red zone. Disaggregating by gender reveals that much of this influence arises from the women's sample. In comparison to the results in Table 2, there is little evidence that BMI is an important determinant of red zone status among southern states indicating that even among hotspots, intensity is markedly higher among the northern regions of the country. Finally, restricting the sample to those who have been resident in the same place for ten or more years indicates that in all three cases, BMI continues to be a precisely measured factor associated with a district that is flagged as a red zone.

In summary, these results underline that net of a comprehensive set of controls, BMI is a significant correlate of the early spatial variation of Covid-19 across districts in India. Interestingly, including variables for individual health measures that BMI influences (hemoglobin, high blood pressure, elevated glucose levels), while significant in their own right, does not absorb the

significance of BMI's effect in the case of spatial distribution of districts demarcated as hotspots or red zones, or in the case of the case fatality rate. Disaggregation by gender reveals that this is particularly true for men; conditioning on individual disease measures mostly renders BMI insignificant in the women's sample. The full set of results in Appendix Table 2 and Appendix Table 3 shows that these comorbidities are significant in the women's sample; they are not predictive of Covid-19 in the men's sample net of the inclusion of the BMI measure. We conclude that comorbidities such as high blood pressure, anemia, and high glucose levels are correlated with BMI mainly for women, less so for men.

5. Mechanisms and heterogeneity checks

5.1. Mechanisms

It is clear that the explanatory power of BMI in determining early spatial variation in Covid-19 for women is because BMI is correlated with the health comorbidities noted above, as is expected. However, why are these individual health measures less effective in explaining patterns for men? In order to analyze this more deeply, we consider differences in smoking rates by gender. Estimates reveal that while 32.4% of men smoke, only 1.9% of women do.⁷ Further, the number of cigarettes (and other things) smoked in the last 24 hours is highly correlated with BMI in men (coefficient = 0.026, p -value < 0.05), but uncorrelated with BMI in women. In order to ascertain whether smoking is the omitted variable in the male sample, we re-ran the male regressions including this measure of smoking. Results for men in column (8) of Tables 2 and 3 remain virtually unchanged although the smoking measure in of itself is a strongly positive and significant correlate of hotspot districts and the natural log number of confirmed cases.⁸

If differential smoking rates are not informative about the differences in the strength of BMI

⁷ This includes smoking cigarettes, pipes, cigars, bidis (less sophisticated/domestic form of a cigarette) or other – cigarettes and bidis make up the largest proportions.

⁸ These results are available on request.

as a correlate, could exposure to risk as proxied by men's propensity to work be the reason? The data reveal that while 91.0% of men are currently working, the comparable proportion for women is only 26.1%. We find that including this measure of work in the men's sample does indeed absorb the significance of the BMI variable. That is, men have greater exposure to risk of contracting the virus given their higher work propensities, and in the absence of this control, BMI, which is positively correlated with work for men, reflects these associations.⁹ Of course, these are correlation alone and it is hard to state anything causal given absence of exogenous variation for identification. However, there is evidence in favor of gender differentials in other countries as well (Papageorge *et al.* 2020; Galasso *et al.* 2020), although importantly, these papers document differentials in response behaviors whereas we note gender variations in an underlying factor that is strongly correlated with the incidence and evolution of the regional spread of this disease.

5.2. Overweight/obese and differences in testing rates

The specifications above use a linear form of BMI. In Panel A of Table 6, we report results when an indicator variable for being overweight or obese (defined as BMI greater than or equal to 25.0 kg/m²) is utilized instead. We report results for the comprehensive model that includes all controls only (column (8) in the preceding tables). It is clear that this indicator variable also has significant predictive power when it comes to measuring the spatial variation in the incidence of Covid-19. In particular, the estimate in column (1) indicates that being overweight or obese produces a 2.4 percentage point increase in the likelihood that the district will be demarcated a hotspot. In keeping with this, overweight or obese generates a 6.2 percent increase in the number of confirmed cases. The estimates in columns (3) and (4) are not measured with significance but in each instance, the t-statistic is larger than 1.0 indicating that overweight or obese is an important correlated even in these cases.

⁹ The pair wise correlation coefficient of BMI and an indicator for currently working the male sample = 0.045 with a p -value < 0.05. The regression results that include the work variable for men are available on request.

A factor that is important in the case of India is variation in state-level testing rates. For example, much of Kerala's early success in fighting Covid-19 is attributable to its high testing rate (Chatterjee and Jain 2020; Vibhute and Chattopadhyay 2020). Although we condition on the state's testing rate in the models above, we explicitly examine this factor in detail in Panel B of Table 6. We accomplish this by creating an indicator variable for states that have a testing rate that is at the 90th percentile or higher, and then interacting the BMI variable with this indicator to analyze the differential influence of testing in such states. The results in Panel B of Table 6 indicate that while BMI in of itself continues to exert a significant positive influence on the four outcomes we consider, the influence in states that have relatively high testing rates is lower (except for in red zones). Considering the net effect of BMI in states that have high testing rates, we find that in the case of red zones in particular, BMI continues to remain a significant predictor. Further, there is some weak evidence that the net effect of BMI is negative in column (3). That is, an increase in BMI reduces the case fatality rate (on net) in states that have relatively high testing rates. The results in Table 6 underline that there are differential impacts of BMI conditional on state testing rates.

5.3. Conditioning on days from onset

As noted above, part of the district-level variation in outcomes may be reflective of timing issues. That is, the severity of the disease appears higher in some districts perhaps because cases began there earlier. To address variation in timing of onset, we consider sample of states that have the same length of elapsed time since onset. As before, we note that using a benchmark just before onset allows a larger number of observations that are less likely to be selected. Alternatively, samples are smaller and more likely to be selected along unobservable dimensions the longer the time window since onset. We present results for adults for various days since onset for the most complete specification in Table 7. Results in Panel A underline the positive influence of BMI on the spatial variation and severity of the disease, and are reflective of those reported earlier. Results in

the subsequent panels of Table 7 report coefficient estimates that are remarkably similar in magnitude to those in Panel A, but measured with more noise given the smaller sample sizes. For example, the parameter in column (1) of Panel A (just before onset) indicates that a unit increase in BMI is associated with a 0.3 percentage point increase in the likelihood that the district is a hotspot. The magnitude of this parameter remains the same when we consider 1 day since onset or 5 days since onset (measured imprecisely), and rises slightly to 0.4 percentage points on considering 15 days since onset (again, measured imprecisely). The stability in the size of the estimate is evident in outcomes listed in columns (2) and (4) and only slightly different in column (3) when we analyze case fatality rates 15 days after onset. We conclude that while timing may be a factor as in Desmet and Wacziarg (2020), in our case, its influence is of less significance perhaps because we consider samples from a relatively early period of the disease outbreak in India.

5.4. Lockdown orders

India was ordered into a nation-wide lockdown from March 25, 2020 onwards. Although this was sudden, strict and largely unanticipated, it is hard to identify impacts of this policy legislation as there is no variation in timing across states.¹⁰ The first phase of the lockdown extended until mid-April, and there have been four extensions thus far affecting different states (the latest extends to end June 2020). However, it is not possible to exploit differentials in lockdown removals to identify impacts either since it is the worst affected regions that are under extended stay-at-home rules. This simultaneity invalidates empirical exercises given the endogeneity inherent in evaluating regions where lockdown orders were lifted. But, given evidence that such laws have resulted in fewer cases and a slower rise in the number of cases in the United States and overseas (Dave *et al.* 2020; Fang *et al.* 2020), we hypothesize that India's nation-wide lockdown too must have resulted in a similar pattern. This implies that we have a conservative bias in the estimates

¹⁰ In terms of its stringency, India's lockdown scored 100/100 in terms of the Government Response Stringency Index developed by the University of Oxford (Chatterjee and Jain 2020).

reported in Table 2 through Table 7, that is, in the absence of this lockdown, BMI would be an even stronger correlate of the early spatial variation and intensity of the disease in India.

5.5. Differences by education, caste status, rural/urban

We evaluate differences in the above results by education, caste and rural/urban status. These results are reported in Table 8 and demonstrate that in general, BMI is a strong predictor of the outcomes we consider primarily among those with some level of education living in urban areas. This is as expected since BMI is highest in urban areas of India among those with some level of schooling (and thus higher levels of income – see Dang *et al.* 2019). BMI in the early days of the pandemic is mostly not measured with precision among the uneducated, among those of lower caste status, or among those resident in rural areas. The only outcome in which BMI is consistently a significant predictor along all dimensions in Table 8 is in the case of red zone districts.

5.6. Falsification/sensitivity checks

We cannot implement a standard falsification test given the nature of the variables in this study, but we check to ascertain that the predictive power of BMI varies as expected conditional on the relative anchoring point in the underlying distribution of the outcome variables. The outcome variables we focus on here are those that measure intensity – natural log of the confirmed number of cases and the case fatality rate – as the outcomes that measure incidence are binary in nature. In the absence of omitted variables that are simultaneously correlated with BMI and these outcomes that measure intensity, the predictive power of BMI should be relatively greater at points in the distribution where intensity is higher. We report results in Table 9 that confirm that this is the case. Columns (1) and (3) report the full sample results for the natural log of the confirmed number of cases and the case fatality rate (these are the same estimates as in column (8) of Table 3 and Table 4). It is clear that in comparison to the estimate in column (1) that is statistically zero, the coefficient in column (2) specific to the upper quartile of the distribution of the log number of cases is larger in

magnitude and measured without error. Similarly, in comparison to the parameter in column (3), the coefficient in column (4) is three times in size and measured with significance. We conclude from the results in Table 9 that the effect of BMI on measures of disease intensity varies as expected, thus indicating that the influence of omitted variables is likely minimal.¹¹

5.7. Children's sample (ages 0-14 years) and district-level estimates

We note that the same framework of linear models was applied to a sample of children aged 0-14 years in order to evaluate the effect of BMI on the spatial distribution of Covid-19 in India. In general, estimates were uniformly measured with little significance. A noteworthy issue here is that given growth patterns and rapidly changing body weight and height, BMI is not a reliable indicator in these young ages (Vanderwall *et al.* 2017). Further, there is evidence that so far, this disease largely spares children (Centers for Disease Control 2020).

We end by noting that we implemented these specifications for the fully saturated model that controls for the testing rate and demographic and health infrastructure at the district-level (equation (3)). This was done for the adult sample and for the samples disaggregated by gender. In general, BMI maintains its strength in predicting hotspot districts, the natural log of confirmed cases, and red zone districts. However, we lose significance when it comes to the case fatality rate because of the reduced sample size.¹²

6. Conclusion

We study BMI as a correlate of the early spatial variation and intensity of Covid-19 across the districts of India and find that net of controls for individual, household, district and state-specific characteristics that measure a wide range of risk factors, BMI significantly predicts outcomes including the likelihood that the district is a hotspot, the natural log number of confirmed cases, the

¹¹ We cannot estimate results in column (4) of Table 9 when we restrict the sample to the upper quartile of the case fatality rate, as there are too few observations for this specification to be identified. Hence, we focus on the sample that is above the median value instead for this outcome.

¹² These results as well as those for the children's sample are available on request.

case fatality rate and the propensity that the districts is a red zone. The predictive power of BMI is especially pronounced among educated populations in urban settings, impervious to conditioning on differences in testing rates across states, and primarily evident among adults. These results mostly hold when we consider influences at the district-level as well. We find little evidence that BMI is a significant correlate of the spatial variation and severity of the disease among children.

Disaggregation of adult results by gender reveals that on average, a unit increase in BMI results in about 1.0 additional case at the mean for men. This influence on the number of cases is approximately the same for women. We find that for women, BMI proxies for a range of comorbidities that predict the incidence of the pandemic including HBA, high blood pressure and high glucose levels. For men, exposure to risk as proxied by the likelihood of currently working is the explanatory factor for why BMI is significantly associated with the outcomes we analyze. Our results remain essentially unaltered when we condition on variations in time elapsed since onset, are robust to inclusion of a variety of measures that control for demographic and health capacity at the state-level, and follow expected patterns in falsification/sensitivity tests.

These results underline that adult BMI is an important predictor of the early spatial evolution and severity of the pandemic across regions of India, and it is likely that these patterns will strengthen further as the disease tightens its grip across the country. We conclude that policy makers may leverage variation in BMI across the landscape of India to identify especially vulnerable populations and to better target relief measures to counteract the current and future socio-economic havoc wreaked by the pandemic. As region specific factors also appear to have predictive power in shaping the area-specific incidence of this disease, amelioration policies tailored to local conditions and specificities may, on the whole, be more efficient than nation-wide regulations that ignore these nuances. For example, since the predictive power of BMI appears to be highest among the educated in urban areas, focusing mitigation policies (especially in terms of improving health) on this group

may be more effective than a blanket policy that ignores such distinctions. This is true even though such groups may be less deserving in terms of socio-economic relief for example. As Cheng *et al.* (2020) notes in their survey of global policy responses to this pandemic, obtaining health resources is top of the list (prioritized by 148 countries) and health monitoring has been implemented in 110 countries. The results of this study offer a readily available health marker that facilitates such monitoring and may help to improve the targeting of scarce resources to those who are especially vulnerable in developing countries.

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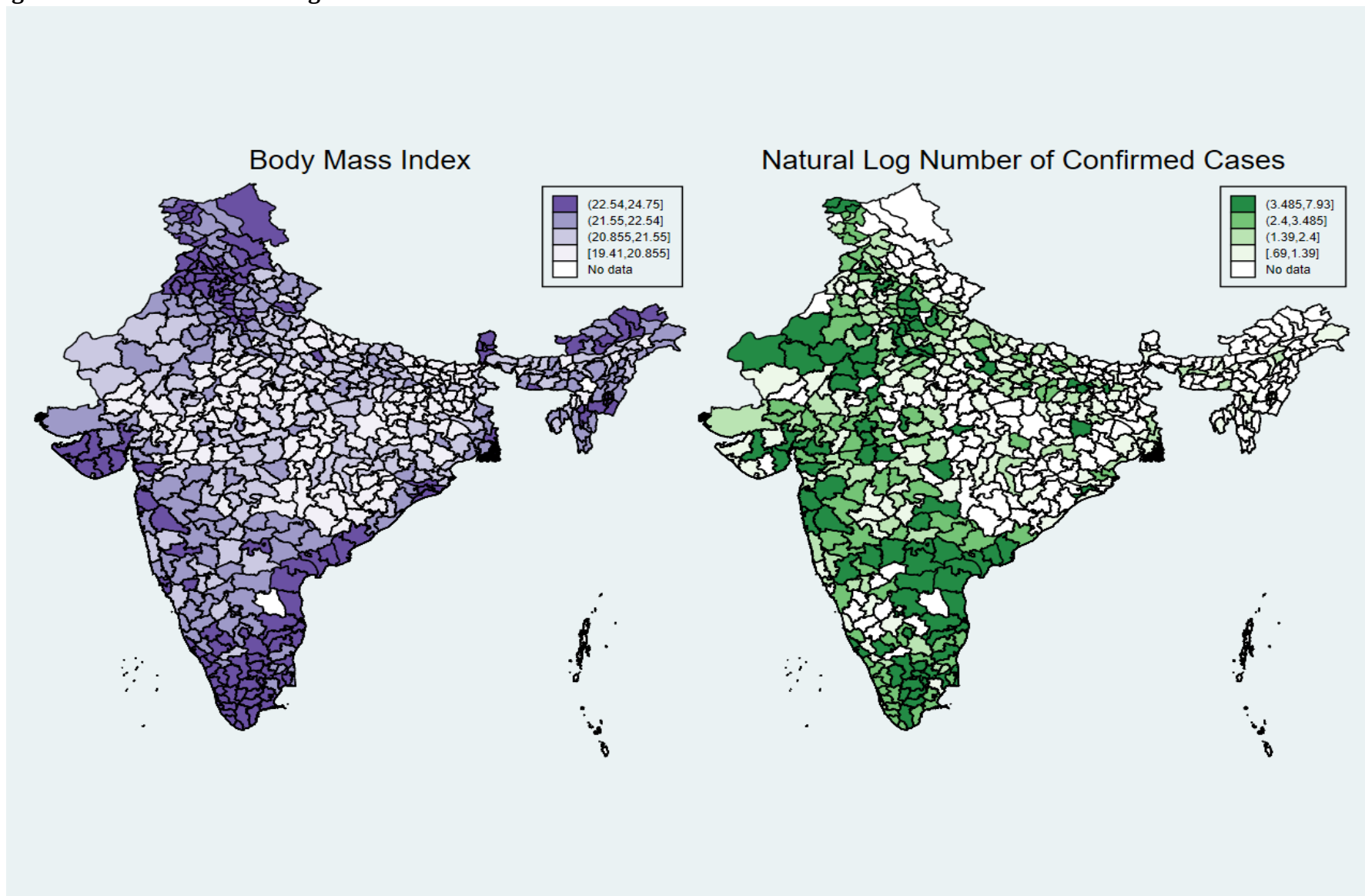
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Figure 1. BMI and Natural Log Number of Confirmed Cases at the District-level



Notes: Figures present average values of BMI at the district-level from 2015-2016, and average values of natural log number of Covid19 cases at the district-level as of April 2020. The pair-wise correlation coefficient between BMI and log number of confirmed cases in the adult sample is 0.072 with p -value < 0.05 .

Table 1 – Summary statistics

Table 1. Summary statistics							
Variable	Adults (15-54)		Women (15-49)		Men (15-54)		Diff.
	Mean	SD	Mean	SD	Mean	SD	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)
Outcomes							
Hotspot district	0.318	0.466	0.316	0.465	0.332	0.471	***
Natural log number of confirmed cases	2.979	1.637	2.966	1.635	3.058	1.649	***
Case fatality rate	0.433	0.439	0.435	0.440	0.421	0.433	***
Red zone	0.305	0.444	0.304	0.444	0.311	0.445	***
Individual level controls							
Body mass index	21.849	4.253	21.845	4.311	21.878	3.871	***
Overweight/obese	0.200	0.400	0.201	0.401	0.191	0.393	***
Altitude adjusted hemoglobin level (g/dl)	11.966	1.845	11.638	1.623	14.040	1.818	***
Glucose level is greater than median value	0.497	0.500	0.492	0.500	0.529	0.499	***
Told has high blood pressure on two or more occasions by doctor or health professional	0.088	0.283	0.090	0.287	0.071	0.256	***
Height in centimeters	153.511	7.442	151.927	6.104	163.560	7.307	***
Age in years	30.146	9.964	29.885	9.751	31.799	11.081	***
Male	0.136	0.343	0.000	0.000	1.000	0.000	
Married	0.721	0.448	0.734	0.442	0.639	0.480	***
Not educated	0.246	0.431	0.265	0.442	0.125	0.331	***
Has some or all primary school	0.134	0.340	0.135	0.341	0.128	0.334	***
Has some secondary school	0.399	0.490	0.389	0.488	0.461	0.498	***
Completed secondary school or higher	0.221	0.415	0.211	0.408	0.286	0.452	***
Number of children below 5 years	0.584	0.898	0.591	0.902	0.537	0.871	***
Hindu	0.804	0.397	0.803	0.398	0.814	0.389	
Muslim	0.139	0.346	0.141	0.348	0.130	0.336	
Christian	0.024	0.152	0.024	0.152	0.024	0.153	***
Scheduled tribe	0.095	0.294	0.095	0.294	0.095	0.293	
Scheduled caste	0.215	0.411	0.216	0.411	0.210	0.407	
Other backward caste	0.450	0.497	0.449	0.497	0.453	0.498	
Fuel for cooking: electricity or other	0.007	0.083	0.007	0.082	0.009	0.094	***
Fuel for cooking: lpg, natural gas, biogas	0.421	0.494	0.418	0.493	0.441	0.497	***
Fuel for cooking: kerosene, coal, lignite, charcoal, wood, straw/shrubs/grass, ag crop, animal dung	0.572	0.495	0.575	0.494	0.550	0.498	***
Food is cooked in a separate building, outdoors, other	0.187	0.390	0.187	0.390	0.185	0.388	***
Radio	0.085	0.279	0.085	0.279	0.088	0.283	***
TV	0.686	0.464	0.682	0.466	0.708	0.455	***
Fridge	0.313	0.464	0.310	0.463	0.332	0.471	***
Bicycle	0.576	0.494	0.577	0.494	0.570	0.495	***
Motorcycle	0.420	0.494	0.414	0.493	0.456	0.498	***
Car	0.060	0.238	0.059	0.237	0.066	0.249	***

Telephone	0.034	0.181	0.034	0.181	0.035	0.184	***
Age of household head	47.570	12.731	47.551	12.724	47.689	12.780	***
Household head is male	0.871	0.335	0.866	0.341	0.906	0.292	***
Household size	5.697	2.686	5.728	2.702	5.504	2.579	***
House has raw floor	0.351	0.477	0.355	0.479	0.323	0.468	***
House has raw wall	0.183	0.387	0.185	0.388	0.170	0.376	***
House has raw roof	0.080	0.271	0.081	0.273	0.070	0.256	***
Rural	0.662	0.473	0.665	0.472	0.641	0.480	***
Electricity	0.893	0.309	0.891	0.311	0.906	0.292	***
Toilet facility: flush toilet	0.536	0.499	0.532	0.499	0.559	0.497	***
Toilet facility: pit toilet/latrine	0.071	0.257	0.072	0.258	0.069	0.253	***
Toilet facility: no facility/bush/field	0.383	0.486	0.386	0.487	0.364	0.481	***
Toilet facility: other	0.009	0.097	0.009	0.097	0.009	0.095	***
Source of drinking water: piped water	0.479	0.500	0.474	0.499	0.509	0.500	***
Source of drinking water: ground water	0.414	0.492	0.418	0.493	0.383	0.486	***
Source of drinking water: well water	0.076	0.265	0.076	0.265	0.078	0.268	**
Source of drinking water: surface water	0.014	0.118	0.014	0.118	0.015	0.120	**
Source of drinking water: rainwater, tanker truck, other	0.017	0.131	0.018	0.132	0.016	0.124	***
Years lived in place of residence	16.285	12.008	16.320	12.015	16.046	11.959	***
District-level controls							
Natural log of PM _{2.5}	3.611	0.521	3.613	0.521	3.597	0.519	***
Natural log of rainfall in millimeters	2.910	1.719	2.903	1.711	2.956	1.764	***
Natural log of temperature in centigrade	3.371	0.165	3.369	0.166	3.384	0.153	***
Natural log of sum of annual nightlights	10.191	1.064	10.182	1.067	10.250	1.043	***
State-level controls							
Southern states	0.226	0.418	0.224	0.417	0.241	0.428	***
Testing rate	0.332	0.247	0.329	0.247	0.349	0.247	***
Number of urban agglomerates in 2011	37.242	22.329	37.368	22.418	36.442	21.739	***
Natural log of population density in 2011	6.188	0.776	6.190	0.775	6.178	0.778	***
Natural log of per capita health expenditure in 2016	7.053	0.343	7.049	0.341	7.080	0.351	***
Natural log of number of doctors in 2018	11.051	0.811	11.052	0.807	11.046	0.837	***
Proportion of the population that is male in 2018	0.517	0.012	0.517	0.012	0.517	0.012	***
Proportion of respiratory cases in 2018	0.039	0.041	0.039	0.041	0.041	0.042	***
Proportion of pneumonia cases in 2017	0.001	0.001	0.001	0.001	0.001	0.001	***
Natural log of the number of disease outbreaks in 2018	4.498	0.743	4.501	0.744	4.484	0.732	***
Proportion of the population that is 60 years and above in 2017 (in percentage)	8.429	1.480	8.413	1.474	8.531	1.508	***

Notes: Author's calculations. Table reports weighted summary statistics. The last column denotes differences in the women and men samples. *** Denotes significance at the 1% level, ** at the 5% level and * at the 1% level.

Table 2 – Influence of BMI on hotspots

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Panel A: Adults (15-54)								
BMI	0.008*** (0.001)	0.005** (0.002)	0.003* (0.001)	0.003* (0.001)	0.002* (0.001)	0.004* (0.002)	0.003* (0.001)	0.003* (0.001)
Observations	804,284	95,237	79,998	29,011	51,814	78,682	76,396	75,817
R-squared	0.271	0.428	0.446	0.460	0.443	0.386	0.442	0.442
Panel B: Women (15-49)								
BMI	0.009*** (0.002)	0.006*** (0.002)	0.004** (0.002)	0.004* (0.002)	0.004** (0.001)	0.004* (0.002)	0.004* (0.002)	0.002 (0.003)
Observations	447,737	55,080	49,330	17,808	29,903	48,521	47,192	10,173
R-squared	0.280	0.424	0.445	0.455	0.439	0.388	0.441	0.460
Panel C: Men (15-54)								
BMI	0.008*** (0.001)	0.005** (0.002)	0.003* (0.002)	0.002 (0.002)	0.002 (0.002)	0.005 (0.003)	0.003* (0.002)	0.004* (0.002)
Observations	110,224	13,084	10,252	3,919	6,560	10,075	9,621	9,569
R-squared	0.262	0.449	0.473	0.498	0.495	0.416	0.467	0.469
Includes PM _{2.5} and rainfall, temperature	NO	YES	YES	YES	YES	YES	YES	YES
Includes controls	NO	NO	YES	YES	YES	YES	YES	YES
Sample restricted to southern states	NO	NO	NO	YES	NO	NO	NO	NO
Sample restricted to non-movers	NO	NO	NO	NO	YES	NO	NO	NO
Include control for testing rate	NO	NO	NO	NO	NO	YES	YES	YES
Include controls for demographic/health infrastructure	NO	NO	NO	NO	NO	NO	YES	YES
Includes controls for HBA, BP and glucose levels	NO	NO	NO	NO	NO	NO	NO	YES
Includes state fixed-effects	YES	YES	YES	YES	YES	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Southern states include Andhra Pradesh, Karnataka, Kerala, Tamil Nadu and Goa. “Non-movers” include those who have been resident in the area for 10 years or more. Testing rate is measured at the state-level. State-level measures on

demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (6)-(8) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Table 3 – Influence of BMI on natural log number of confirmed cases

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Panel A: Adults (15-54)								
BMI	0.029*** (0.005)	0.017** (0.008)	0.006 (0.004)	0.006 (0.006)	0.005 (0.005)	0.007* (0.004)	0.006 (0.004)	0.007 (0.004)
Observations	509,292	68,566	58,380	26,973	36,916	58,380	58,380	57,894
R-squared	0.246	0.321	0.475	0.284	0.474	0.391	0.475	0.474
Panel B: Women (15-49)								
BMI	0.033*** (0.006)	0.019** (0.008)	0.009* (0.004)	0.009 (0.008)	0.009 (0.005)	0.011** (0.004)	0.009* (0.004)	0.003 (0.006)
Observations	282,066	39,588	35,787	16,649	21,123	35,787	35,787	7,504
R-squared	0.261	0.304	0.474	0.270	0.467	0.392	0.474	0.500
Panel C: Men (15-54)								
BMI	0.032*** (0.007)	0.027** (0.011)	0.014** (0.006)	0.011 (0.010)	0.015** (0.005)	0.014** (0.006)	0.014** (0.006)	0.015* (0.007)
Observations	71,212	9,335	7,441	3,579	4,648	7,441	7,441	7,401
R-squared	0.229	0.369	0.501	0.330	0.521	0.440	0.501	0.501
Includes PM _{2.5} and rainfall, temperature	NO	YES	YES	YES	YES	YES	YES	YES
Includes controls	NO	NO	YES	YES	YES	YES	YES	YES
Sample restricted to southern states	NO	NO	NO	YES	NO	NO	NO	NO
Sample restricted to non-movers	NO	NO	NO	NO	YES	NO	NO	NO
Include control for testing rate	NO	NO	NO	NO	NO	YES	YES	YES
Include controls for demographic/health infrastructure	NO	NO	NO	NO	NO	NO	YES	YES
Includes controls for HBA, BP and glucose levels	NO	NO	NO	NO	NO	NO	NO	YES
Includes state fixed-effects	YES	YES	YES	YES	YES	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Southern states include Andhra Pradesh, Karnataka, Kerala, Tamil Nadu and Goa. “Non-movers” include those who have been resident in the area for 10 years or more. Testing rate is measured at the state-level. State-level measures on

demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (6)-(8) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Table 4 – Influence of BMI on the case fatality rate

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Panel A: Adults (15-54)								
BMI	0.001 (0.001)	-0.001 (0.001)	0.001* (0.001)	-0.000 (0.001)	0.002** (0.001)	-0.004*** (0.001)	0.001* (0.001)	0.001* (0.001)
Observations	267,902	40,069	34,083	12,044	21,434	34,083	34,083	33,819
R-squared	0.458	0.554	0.594	0.418	0.611	0.254	0.594	0.596
Panel B: Women (15-49)								
BMI	0.001 (0.002)	-0.001 (0.001)	0.001 (0.001)	-0.000 (0.002)	0.001* (0.001)	-0.004*** (0.001)	0.001 (0.001)	-0.001 (0.001)
Observations	148,010	22,965	20,842	7,504	12,216	20,842	20,842	4,419
R-squared	0.467	0.555	0.602	0.422	0.616	0.259	0.602	0.642
Panel C: Men (15-54)								
BMI	0.001 (0.001)	-0.001 (0.003)	0.001 (0.003)	-0.003 (0.002)	0.000 (0.003)	-0.005 (0.004)	0.001 (0.003)	0.001 (0.003)
Observations	38,490	5,455	4,312	1,542	2,709	4,312	4,312	4,294
R-squared	0.455	0.564	0.620	0.489	0.622	0.255	0.620	0.622
Includes PM _{2.5} and rainfall, temperature	NO	YES	YES	YES	YES	YES	YES	YES
Includes controls	NO	NO	YES	YES	YES	YES	YES	YES
Sample restricted to southern states	NO	NO	NO	YES	NO	NO	NO	NO
Sample restricted to non-movers	NO	NO	NO	NO	YES	NO	NO	NO
Include control for testing rate	NO	NO	NO	NO	NO	YES	YES	YES
Include controls for demographic/health infrastructure	NO	NO	NO	NO	NO	NO	YES	YES
Includes controls for HBA, BP and glucose levels	NO	NO	NO	NO	NO	NO	NO	YES
Includes state fixed-effects	YES	YES	YES	YES	YES	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Southern states include Andhra Pradesh, Karnataka, Kerala, Tamil Nadu and Goa. “Non-movers” include those who have been resident in the area for 10 years or more. Testing rate is measured at the state-level. State-level measures on

demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (6)-(8) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Table 5 – Influence of BMI on red zones

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Panel A: Adults (15-54)								
BMI	0.007*** (0.001)	0.005*** (0.000)	0.003*** (0.001)	0.002 (0.002)	0.003*** (0.001)	-0.001 (0.001)	0.003** (0.001)	0.003** (0.001)
Observations	792,615	95,237	79,998	29,011	51,814	78,682	76,396	75,817
R-squared	0.149	0.416	0.437	0.205	0.432	0.250	0.435	0.435
Panel B: Women (15-49)								
BMI	0.008*** (0.001)	0.006*** (0.001)	0.003** (0.001)	0.003 (0.002)	0.003** (0.001)	-0.000 (0.001)	0.003** (0.001)	0.001 (0.001)
Observations	441,556	55,080	49,330	17,808	29,903	48,521	47,192	10,173
R-squared	0.156	0.404	0.435	0.188	0.428	0.247	0.433	0.464
Panel C: Men (15-54)								
BMI	0.007*** (0.001)	0.006*** (0.001)	0.003 (0.002)	0.003 (0.003)	0.004** (0.002)	0.000 (0.002)	0.003 (0.002)	0.003 (0.003)
Observations	108,755	13,084	10,252	3,919	6,560	10,075	9,621	9,569
R-squared	0.140	0.445	0.465	0.279	0.466	0.272	0.462	0.462
Includes PM _{2.5} and rainfall, temperature	NO	YES	YES	YES	YES	YES	YES	YES
Includes controls	NO	NO	YES	YES	YES	YES	YES	YES
Sample restricted to southern states	NO	NO	NO	YES	NO	NO	NO	NO
Sample restricted to non-movers	NO	NO	NO	NO	YES	NO	NO	NO
Include control for testing rate	NO	NO	NO	NO	NO	YES	YES	YES
Include controls for demographic/health infrastructure	NO	NO	NO	NO	NO	NO	YES	YES
Includes controls for HBA, BP and glucose levels	NO	NO	NO	NO	NO	NO	NO	YES
Includes state fixed-effects	YES	YES	YES	YES	YES	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Southern states include Andhra Pradesh, Karnataka, Kerala, Tamil Nadu and Goa. “Non-movers” include those who have been resident in the area for 10 years or more. Testing rate is measured at the state-level. State-level measures on

demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (6)-(8) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Table 6 – Influence of overweight/obese and differences in testing rates

	Hotspots (1)	Natural log number of confirmed cases (2)	Case fatality rate (3)	Red zones (4)
Panel A: Adults (15-54)				
Overweight or obese	0.024** (0.009)	0.062* (0.030)	0.012 (0.008)	0.017 (0.012)
Observations	75,817	57,894	33,819	75,817
R-squared	0.442	0.474	0.596	0.434
Panel B: Adults (15-54)				
BMI	0.004** (0.002)	0.011** (0.004)	0.002*** (0.000)	0.003* (0.001)
BMI*high testing rate state	-0.004** (0.001)	-0.016*** (0.003)	-0.004*** (0.001)	0.001** (0.001)
Net effect of BMI in high testing rate states	0.000 [0.650]	-0.005 [0.263]	-0.002 [0.066]	0.004 [0.008]
Observations	75,817	57,894	33,819	75,817
R-squared	0.443	0.475	0.596	0.435
Includes PM _{2.5} and rainfall, temperature	YES	YES	YES	YES
Includes controls	YES	YES	YES	YES
Include control for testing rate	YES	YES	YES	YES
Include controls for demographic/health infrastructure	YES	YES	YES	YES
Includes controls for HBA, BP and glucose levels	YES	YES	YES	YES
Includes state fixed-effects	NO	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Testing rate is measured at the state-level. State-level measures on demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects

cannot be included in columns (1)-(4) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level. *p*-values in square brackets.

Table 7 – Influence of BMI in samples that condition on days from onset

	Hotspots (1)	Natural log number of confirmed cases (2)	Case fatality rate (3)	Red zones (4)
Panel A: Adults (15-54)				
BMI: Sample in which days from onset=0	0.003* (0.001)	0.007 (0.004)	0.001* (0.001)	0.003** (0.001)
Observations	75,817	57,894	33,819	75,817
R-squared	0.442	0.474	0.596	0.435
Panel B: Adults (15-54)				
BMI: Sample in which days from onset=1	0.003 (0.002)	0.006 (0.004)	0.001 (0.001)	0.003 (0.002)
Observations	53,775	48,691	27,890	53,775
R-squared	0.309	0.440	0.608	0.469
Panel C: Adults (15-54)				
BMI: Sample in which days from onset=5	0.003 (0.002)	0.007 (0.005)	0.002 (0.001)	0.003 (0.002)
Observations	35,207	35,207	17,894	35,207
R-squared	0.178	0.357	0.542	0.476
Panel D: Adults (15-54)				
BMI: Sample in which days from onset=15	0.004 (0.002)	0.005 (0.008)	-0.001 (0.003)	0.003 (0.002)
Observations	23,347	23,347	9,144	23,347
R-squared	0.333	0.247	0.516	0.197
Includes PM _{2.5} and rainfall, temperature	YES	YES	YES	YES
Includes controls	YES	YES	YES	YES
Include control for testing rate	YES	YES	YES	YES
Include controls for demographic/health infrastructure	YES	YES	YES	YES
Includes controls for HBA, BP and glucose levels	YES	YES	YES	YES
Includes state fixed-effects	NO	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste

identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Testing rate is measured at the state-level. State-level measures on demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (1)-(4) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. Onset day is defined as the day at which the number of confirmed cases reaches 1 per 100,000 people (Desmet and Wacziarg 2020). *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Table 8 – Influence of BMI by SES and rural/urban

	Hotspots (1)	Natural log number of confirmed cases (2)	Case fatality rate (3)	Red zones (4)
<i>Panel A: Adults (15-54) - Uneducated</i>				
BMI	0.002 (0.001)	0.005 (0.004)	0.001 (0.002)	0.003** (0.001)
Observations	17,905	12,440	6,917	17,905
R-squared	0.474	0.454	0.643	0.372
<i>Panel B: Adults (15-54) – Educated</i>				
BMI	0.003* (0.002)	0.007 (0.004)	0.002* (0.001)	0.003** (0.001)
Observations	57,912	45,454	26,902	57,912
R-squared	0.439	0.485	0.579	0.444
<i>Panel C: Adults (15-54) – SC/ST/OBC</i>				
BMI	0.003 (0.002)	0.004 (0.005)	0.001 (0.001)	0.003** (0.001)
Observations	59,151	46,434	26,267	59,151
R-squared	0.431	0.418	0.574	0.378
<i>Panel D: Adults (15-54) - Rural</i>				
BMI	0.003 (0.002)	0.006 (0.006)	0.001 (0.001)	0.003** (0.001)
Observations	50,981	36,240	19,587	50,981
R-squared	0.424	0.457	0.642	0.373
<i>Panel E: Adults (15-54) - Urban</i>				
BMI	0.002* (0.001)	0.005 (0.003)	0.001 (0.001)	0.002* (0.001)
Observations	24,836	21,654	14,232	24,836
R-squared	0.453	0.503	0.557	0.499
Includes PM _{2.5} and rainfall, temperature	YES	YES	YES	YES
Includes controls	YES	YES	YES	YES

Include control for testing rate	YES	YES	YES	YES
Include controls for demographic/health infrastructure	YES	YES	YES	YES
Includes controls for HBA, BP and glucose levels	YES	YES	YES	YES
Includes state fixed-effects	NO	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Testing rate is measured at the state-level. State-level measures on demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (1)-(4) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Table 9 – Falsification/sensitivity checks

	Natural log number of confirmed cases		Case fatality rate	
	Full sample (1)	Above 75 th percentile value (2)	Full sample (3)	Above 50 th percentile value (4)
Panel A: Adults (15-54)				
BMI	0.007 (0.004)	0.004*** (0.000)	0.001* (0.001)	0.003** (0.001)
Observations	57,894	20,802	33,819	21,534
R-squared	0.474	0.603	0.596	0.610
Includes PM _{2.5} and rainfall, temperature	YES	YES	YES	YES
Includes controls	YES	YES	YES	YES
Include control for testing rate	YES	YES	YES	YES
Include controls for demographic/health infrastructure	YES	YES	YES	YES
Includes controls for HBA, BP and glucose levels	YES	YES	YES	YES
Includes state fixed-effects	NO	NO	NO	NO

Notes: OLS regression results presented. Models include a constant term which is not reported. Controls include a set of individual (height, age at first birth (women only), age at marriage (women only), educational level, and number of children less than 5 years in the household) and household characteristics (religion and caste identifiers, type of cooking fuel used, whether the kitchen is located in a separate room of the house, ownership of assets such as radio, television, refrigerator, bicycle, motorcycle, car, and telephone, controls for age of the household head, gender of the household head, household size, type of floor material of the house, wall material of the house, roof material of the house, rural/urban status, presence of electricity, type of toilet facility, primary source of drinking water and years lived in place of residence), and a set of district specific time-varying controls on the natural log of night lights. Testing rate is measured at the state-level. State-level measures on demographic/health infrastructure include the number of urban agglomerates in 2011, natural log of population density in 2011, natural log of per capita health expenditure in 2016, natural log number of doctors in 2018, proportion of the population that is male in 2018, proportion of respiratory cases in 2018, proportion of pneumonia cases in 2017, natural log of the number of disease outbreaks in 2018, and proportion of the population that is 60 years and above in 2017. State fixed-effects cannot be included in columns (1)-(4) as these variables are at the state-level. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. Cut-off values are for the outcome variable in each case. *** Denotes significance at the 1% level, ** at the 5% level and * at the 1% level.

Online Supplementary Material

Appendix Table 1. All results for adult sample

Variable	Hotspot district		Log number of cases		Case fatality rate		Red zone	
	Coefficient	SE	Coefficient	SE	Coefficient	SE	Coefficient	SE
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
BMI	0.003*	0.001	0.007	0.004	0.001*	0.001	0.003**	0.001
Altitude adjusted hemoglobin level (g/dl)	-0.005*	0.003	-0.008	0.006	0.002	0.002	0.000	0.001
Glucose level is greater than median value	-0.009***	0.003	-0.038**	0.012	0.001	0.005	-0.007*	0.004
Told has high blood pressure on two or more occasions by doctor or health professional	-0.034	0.021	0.018	0.058	-0.053*	0.026	0.002	0.027
Height in centimeters	0.000	0.000	0.001	0.001	0.002*	0.001	0.001	0.001
Age in years	0.000	0.000	0.001**	0.000	0.000	0.001	0.000	0.000
Male	0.013	0.013	0.034	0.024	-0.025	0.028	-0.004	0.009
Married	-0.018**	0.006	-0.073***	0.016	0.005	0.011	-0.020**	0.008
Has some or all primary school	0.015	0.013	0.029	0.027	0.001	0.016	0.014*	0.007
Has some secondary school	-0.012	0.011	-0.082**	0.027	-0.014	0.025	-0.009	0.009
Completed secondary school or higher	-0.007	0.009	-0.048	0.037	-0.008	0.023	-0.019*	0.010
Number of children below 5 years	-0.005	0.004	-0.008	0.013	-0.001	0.006	-0.003	0.005
Hindu	0.006	0.024	-0.140	0.085	0.046***	0.008	-0.025	0.025
Muslim	-0.021	0.031	-0.182	0.173	0.068*	0.029	-0.022	0.039
Christian	0.108***	0.026	0.200**	0.081	0.024	0.051	0.035	0.081
Scheduled tribe	-0.005	0.047	-0.046	0.108	-0.004	0.021	0.036	0.026
Scheduled caste	-0.017	0.021	-0.060	0.038	-0.013	0.033	0.008	0.013
Other backward caste	-0.056*	0.025	-0.094	0.054	-0.014	0.022	0.001	0.010
Fuel for cooking: electricity or other	-0.066*	0.032	-0.114	0.158	0.025	0.039	0.010	0.031
Fuel for cooking: lpg, natural gas, biogas	0.010	0.016	0.050	0.040	0.005	0.020	0.025	0.018
Food is cooked in a separate building, outdoors, other	-0.001	0.024	-0.053	0.030	-0.016	0.038	-0.020	0.024
Radio	0.050**	0.020	0.060*	0.032	-0.021	0.018	-0.014	0.012
TV	0.006	0.011	0.053	0.035	0.000	0.008	0.010	0.010
Fridge	0.025	0.026	0.054	0.109	-0.017	0.012	0.047	0.034
Bicycle	0.003	0.043	-0.059	0.099	-0.013	0.020	-0.028	0.025
Motorcycle	-0.006	0.011	-0.068	0.052	-0.007	0.008	-0.025*	0.012

Car	0.022	0.017	0.040	0.033	0.014	0.009	-0.019**	0.006
Telephone	-0.048***	0.014	-0.144**	0.048	0.046**	0.016	0.028	0.042
Age of household head	-0.001	0.001	-0.002	0.002	0.000	0.000	-0.001	0.000
Household head is male	0.005	0.006	0.019	0.022	0.012	0.014	0.019*	0.009
Household size	0.003	0.003	0.009	0.007	0.005	0.003	0.006***	0.001
House has raw floor	0.001	0.016	-0.054	0.068	-0.011	0.017	-0.038***	0.009
House has raw wall	-0.052**	0.024	-0.199***	0.046	-0.006	0.020	-0.032*	0.015
House has raw roof	0.056**	0.021	0.163*	0.088	0.087**	0.033	0.038	0.029
Rural	-0.095**	0.037	-0.244*	0.129	0.044*	0.021	-0.030***	0.009
Electricity	-0.038	0.043	-0.050	0.033	-0.015	0.013	0.024	0.023
Toilet facility: pit toilet/latrine	-0.014	0.009	-0.004	0.131	0.065	0.059	0.009	0.062
Toilet facility: no facility/bush/field	-0.007	0.016	0.029	0.044	0.004	0.024	-0.016	0.034
Toilet facility: other	0.036	0.077	-0.088	0.179	0.077*	0.040	0.049	0.031
Source of drinking water: ground water	-0.010	0.030	-0.171*	0.085	0.020	0.027	-0.022	0.015
Source of drinking water: well water	0.056	0.038	0.020	0.135	0.021	0.028	0.039	0.044
Source of drinking water: surface water	0.082**	0.032	0.095	0.053	-0.044	0.048	0.160	0.113
Source of drinking water: rainwater, tanker truck, other	-0.119	0.095	-0.034	0.125	0.044	0.071	0.135	0.105
Years lived in place of residence	-0.001***	0.000	-0.004***	0.001	0.000	0.000	-0.001*	0.000
Natural log of PM _{2.5}	-0.157***	0.030	-0.274**	0.099	0.056	0.070	-0.093	0.083
Natural log of rainfall in millimeters	-0.022	0.029	-0.189**	0.066	-0.027	0.032	-0.029	0.022
Natural log of temperature in centigrade	-0.132	0.503	1.056	2.239	0.677	0.602	0.905	0.631
Natural log of sum of annual nightlights in district	0.091	0.140	1.281*	0.642	-0.184	0.132	0.127	0.084
Testing rate	-2.635*	1.210	15.162**	6.325	-6.386***	0.591	-12.094***	1.839
Number of urban agglomerates in 2011	0.004	0.003	0.019**	0.007	-0.006***	0.002	0.000	0.002
Natural log of population density in 2011	-0.130	0.139	0.587**	0.190	-0.935***	0.177	-0.960***	0.180
Natural log of per capita health expenditure in 2016	-1.036***	0.182	-2.920***	0.213	-0.481***	0.143	-1.072***	0.272
Natural log of number of doctors in 2018	-0.998***	0.232	1.648	1.400	-1.591***	0.176	-3.022***	0.483
Proportion of the population that is male in 2018	-12.766***	2.002	-14.855	22.877	0.000	-	-15.750**	6.320
Proportion of respiratory cases in 2018	-10.192***	3.041	33.333***	6.984	0.000	-	-23.014***	4.420
Proportion of pneumonia cases in 2017	0.000	-	0.000	-	0.000	-	0.000	-
Natural log of the number of disease outbreaks in 2018	0.735***	0.130	-0.163	1.238	1.473***	0.156	2.413***	0.296

Proportion of the population that is 60 years and above in 2017	1.238***	0.381	-3.349**	1.425	2.388***	0.260	3.872***	0.654
Constant	13.778***	4.015	15.668***	3.611	2.130	3.266	12.926	7.828

Notes: OLS regression results presented. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 1% level.

Appendix Table 2. All results for women sample.

Variable	Hotspot district		Log number of cases		Case fatality rate		Red zone	
	Coefficient	SE	Coefficient	SE	Coefficient	SE	Coefficient	SE
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
BMI	0.002	0.003	0.003	0.006	-0.001	0.001	0.001	0.001
Altitude adjusted hemoglobin level (g/dl)	0.006*	0.003	-0.001	0.007	-0.009*	0.004	0.002	0.002
Glucose level is greater than median value	-0.007	0.007	-0.058***	0.018	-0.020***	0.004	-0.018**	0.006
Told has high blood pressure on two or more occasions by doctor or health professional	-0.018	0.024	0.119	0.065	-0.040	0.036	-0.001	0.019
Height in centimeters	-0.034	0.026	-0.038	0.035	0.039	0.023	0.021	0.025
Age at first birth	0.004	0.003	0.008	0.011	-0.003	0.002	-0.004***	0.001
Age at first marriage	0.003	0.002	0.016**	0.005	-0.002	0.002	0.003	0.002
Has some or all primary school	0.026	0.019	-0.006	0.059	-0.021	0.018	-0.003	0.011
Has some secondary school	0.007	0.025	-0.151*	0.075	-0.025	0.034	-0.022	0.023
Completed secondary school or higher	-0.019	0.011	-0.186*	0.091	-0.021	0.036	-0.055**	0.023
Number of children below 5 years	0.003	0.005	-0.009	0.043	0.020**	0.007	0.008	0.007
Hindu	-0.034**	0.014	-0.291***	0.030	0.045**	0.015	-0.026	0.024
Muslim	-0.020	0.020	-0.166*	0.080	0.017	0.023	-0.007	0.059
Christian	0.060	0.044	0.007	0.171	0.033	0.089	0.039	0.104
Scheduled caste/scheduled tribe	0.045	0.025	0.153*	0.077	-0.022	0.027	0.034	0.020
Other backward caste	-0.011	0.022	0.114	0.075	-0.017	0.029	0.019	0.011
Fuel for cooking: electricity or other	0.008	0.040	0.032	0.048	0.030	0.019	-0.051	0.080
Fuel for cooking: lpg, natural gas, biogas	0.035*	0.016	0.082**	0.027	0.007	0.013	0.026	0.017
Food is cooked in a separate building, outdoors, other	-0.001	0.011	-0.075	0.043	-0.001	0.015	-0.020*	0.010
Radio	0.076**	0.028	0.148*	0.079	-0.011	0.031	-0.024	0.018
TV	0.004	0.020	0.053***	0.013	0.001	0.011	0.026***	0.007
Fridge	-0.003	0.017	-0.022	0.102	-0.016	0.010	0.032	0.028
Bicycle	0.013	0.032	-0.025	0.082	0.007	0.018	-0.023	0.025
Motorcycle	0.006	0.008	-0.026	0.067	-0.027**	0.011	-0.021	0.026
Car	0.022	0.025	0.036	0.050	0.006	0.018	0.017	0.020
Telephone	-0.029	0.023	-0.245***	0.039	0.038	0.026	-0.005	0.034
Age of household head	-0.001	0.001	-0.003	0.002	0.000	0.000	0.000	0.000
Household head is male	-0.019	0.020	-0.053	0.049	0.039*	0.019	0.024	0.013

Household size	0.003	0.002	0.016**	0.005	0.002	0.002	0.005**	0.002
House has raw floor	-0.012	0.018	-0.059	0.062	0.005	0.022	-0.024***	0.007
House has raw wall	-0.050	0.031	-0.242**	0.077	-0.056**	0.021	-0.051**	0.024
House has raw roof	0.067**	0.028	0.143	0.088	0.080**	0.028	0.036	0.029
Rural	-0.078*	0.035	-0.167	0.111	0.029	0.020	-0.033**	0.012
Electricity	-0.073**	0.031	-0.252**	0.109	0.002	0.021	0.016	0.018
Toilet facility: pit toilet/latrine	0.015	0.028	0.049	0.093	-0.006	0.029	0.014	0.033
Toilet facility: no facility/bush/field	-0.016	0.023	-0.028	0.069	-0.008	0.028	-0.024	0.036
Toilet facility: other	0.019	0.065	-0.200	0.201	0.104**	0.044	0.074	0.041
Source of drinking water: ground water	-0.021	0.034	-0.195	0.120	0.013	0.024	-0.017	0.021
Source of drinking water: well water	0.047	0.043	-0.028	0.094	0.032	0.019	0.032	0.040
Source of drinking water: surface water	0.029	0.036	0.021	0.086	-0.015	0.068	0.045	0.077
Source of drinking water: rainwater, tanker truck, other	-0.155*	0.074	-0.258	0.238	0.052	0.065	0.073	0.123
Years lived in place of residence	-0.002**	0.001	-0.007***	0.001	-0.001	0.001	-0.001**	0.001
Natural log of PM _{2.5}	-0.140***	0.042	-0.228	0.160	0.047	0.077	-0.083	0.072
Natural log of rainfall in millimeters	-0.028	0.028	-0.204**	0.073	-0.027	0.029	-0.026	0.024
Natural log of temperature in centigrade	-0.077	0.466	1.216	2.280	0.648	0.520	0.777	0.573
Natural log of sum of annual nightlights in district	0.078	0.131	1.232*	0.613	-0.200	0.133	0.107	0.084
Testing rate	-3.789***	1.100	13.431	7.939	-6.112***	0.691	-12.118***	1.523
Number of urban agglomerates in 2011	0.004	0.003	0.017**	0.007	-0.009***	0.001	0.000	0.002
Natural log of population density in 2011	-0.232**	0.100	0.485**	0.211	-0.912***	0.182	-0.986***	0.159
Natural log of per capita health expenditure in 2016	-1.086***	0.156	-2.842***	0.356	-0.249*	0.112	-1.092***	0.250
Natural log of number of doctors in 2018	-1.276***	0.213	1.458	1.850	-1.407***	0.184	-3.016***	0.408
Proportion of the population that is male in 2018	-13.818***	2.663	-11.647	27.157	0.000	-	-15.191**	5.350
Proportion of respiratory cases in 2018	-12.011***	2.479	28.392**	8.896	0.000	-	-23.413***	3.671
Proportion of pneumonia cases in 2017	0.000	-	0.000	-	0.000	-	0.000	-
Natural log of the number of disease outbreaks in 2018	0.952***	0.149	-0.069	1.580	1.304***	0.164	2.397***	0.242
Proportion of the population that is 60 years and above in 2017	1.608***	0.302	-2.855	1.928	2.210***	0.266	3.905***	0.560
Constant	14.519***	3.413	12.330*	6.192	1.272	2.820	13.424*	7.058

Notes: OLS regression results presented. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.

Appendix Table 3. All results for men sample.

Variable	Hotspot district		Log number of cases		Case fatality rate		Red zone	
	Coefficient	SE	Coefficient	SE	Coefficient	SE	Coefficient	SE
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
BMI	0.004**	0.002	0.015*	0.007	0.001	0.003	0.003	0.003
Altitude adjusted hemoglobin level (g/dl)	-0.003	0.004	-0.013	0.010	0.001	0.003	0.000	0.004
Glucose level is greater than median value	-0.005	0.011	-0.006	0.030	-0.037**	0.013	-0.020	0.014
Told has high blood pressure on two or more occasions by doctor or health professional	-0.036	0.025	0.056	0.075	-0.044	0.042	-0.013	0.032
Height in centimeters	0.000	0.001	0.000	0.001	0.002	0.002	0.002	0.001
Age in years	0.000	0.000	0.000	0.001	0.000	0.001	0.000	0.000
Married	-0.031***	0.007	-0.074**	0.032	0.001	0.003	-0.016	0.020
Has some or all primary school	0.021	0.016	0.051	0.043	0.010	0.030	-0.008	0.010
Has some secondary school	-0.011	0.018	-0.092	0.097	-0.008	0.031	-0.020	0.025
Completed secondary school or higher	-0.008	0.023	-0.032	0.087	0.012	0.033	-0.024	0.022
Number of children below 5 years	-0.013	0.007	-0.011	0.018	-0.010	0.009	-0.004	0.009
Hindu	0.133***	0.040	0.241	0.159	0.063**	0.024	-0.005	0.055
Muslim	0.079	0.053	0.107	0.335	0.142***	0.022	0.002	0.073
Christian	0.217***	0.046	0.597***	0.038	-0.008	0.099	0.040	0.087
Scheduled tribe	-0.024	0.051	-0.086	0.114	0.041**	0.013	0.021	0.025
Scheduled caste	-0.034	0.024	-0.073	0.048	-0.009	0.030	0.017	0.009
Other backward caste	-0.061*	0.029	-0.098	0.086	-0.042*	0.019	-0.005	0.019
Fuel for cooking: electricity or other	0.082	0.119	-0.079	0.052	0.079*	0.036	0.111	0.073
Fuel for cooking: lpg, natural gas, biogas	0.009	0.035	0.112	0.067	-0.003	0.021	0.041**	0.018
Food is cooked in a separate building, outdoors, other	-0.006	0.034	-0.017	0.052	-0.019	0.030	-0.008	0.025
Radio	0.019	0.029	-0.028	0.050	-0.038**	0.016	-0.022	0.017
TV	-0.026	0.019	-0.064	0.049	-0.007	0.008	0.004	0.010
Fridge	0.020	0.021	0.012	0.082	-0.007	0.006	0.063	0.042
Bicycle	-0.001	0.050	-0.104	0.122	0.003	0.027	-0.019	0.033
Motorcycle	-0.009	0.012	-0.045	0.037	0.019	0.013	-0.024*	0.013
Car	0.038	0.033	0.063	0.069	0.018	0.012	-0.045*	0.023
Telephone	-0.025	0.017	-0.086	0.096	0.110***	0.024	0.033	0.024
Age of household head	-0.001	0.001	-0.003***	0.001	-0.002**	0.001	-0.001**	0.000

Household head is male	0.007	0.017	-0.015	0.026	0.019	0.027	-0.011	0.018
Household size	0.003	0.004	0.009	0.016	0.008	0.007	0.008**	0.003
House has raw floor	-0.026	0.025	-0.175	0.041	0.015	0.026	-0.039***	0.009
House has raw wall	-0.043	0.023	-0.189***	0.047	-0.036	0.054	-0.037	0.026
House has raw roof	0.062**	0.023	0.256***	0.052	0.110*	0.048	0.048*	0.026
Rural	-0.075***	0.021	-0.179*	0.086	0.057**	0.021	-0.004	0.017
Electricity	-0.040	0.039	-0.129*	0.065	-0.015	0.013	-0.008	0.032
Toilet facility: pit toilet/latrine	-0.018	0.017	-0.062	0.181	0.095*	0.046	0.011	0.058
Toilet facility: no facility/bush/field	-0.016	0.011	0.019	0.046	0.012	0.017	-0.032	0.041
Toilet facility: other	0.091	0.066	0.121	0.208	0.125	0.078	0.058	0.066
Source of drinking water: ground water	-0.018	0.031	-0.162*	0.080	0.007	0.023	-0.007	0.006
Source of drinking water: well water	0.077	0.056	0.155	0.169	0.012	0.041	0.045	0.037
Source of drinking water: surface water	0.114**	0.040	0.363***	0.069	-0.004	0.019	0.326*	0.161
Source of drinking water: rainwater, tanker truck, other	-0.198	0.147	0.177	0.111	0.120***	0.016	0.196*	0.091
Years lived in place of residence	-0.001*	0.000	-0.003***	0.001	0.000	0.000	-0.001	0.000
Natural log of PM _{2.5}	-0.205***	0.016	-0.411***	0.098	0.099	0.079	-0.148*	0.075
Natural log of rainfall in millimeters	-0.047	0.029	-0.257***	0.077	0.015	0.037	-0.022	0.023
Natural log of temperature in centigrade	-0.175	0.600	1.624	2.170	0.964	0.607	1.456	0.830
Natural log of sum of annual nightlights in district	0.081	0.140	1.211	0.675	-0.195	0.104	0.144*	0.071
Testing rate	-0.522*	1.698	14.145*	6.785	-6.317***	0.207	-13.533***	2.132
Number of urban agglomerates in 2011	0.005	0.003	0.017**	0.008	-0.006***	0.001	-0.001	0.002
Natural log of population density in 2011	-0.020	0.118	0.119	0.188	-0.966***	0.119	-1.092***	0.118
Natural log of per capita health expenditure in 2016	-1.026***	0.149	-3.029***	0.271	-0.350*	0.154	-0.895***	0.232
Natural log of number of doctors in 2018	-0.524	0.314	1.224	1.619	-1.580***	0.114	-3.283***	0.424
Proportion of the population that is male in 2018	-6.303	3.626	-13.115	24.858	0.000	-	-18.529**	5.891
Proportion of respiratory cases in 2018	-5.018	3.677	37.830***	6.043	0.000	-	-25.090***	5.337
Proportion of pneumonia cases in 2017	0.000	-	0.000	-	0.000	-	0.000	-
Natural log of the number of disease outbreaks in 2018	0.410*	0.213	0.189	1.442	1.512***	0.131	2.607***	0.267
Proportion of the population that is 60 years and above in 2017	0.634	0.450	-2.863	1.586	2.382***	0.166	4.222***	0.590
Constant	10.427***	2.969	17.146**	5.554	-0.089	3.473	11.628*	5.548

Notes: OLS regression results presented. Standard errors clustered at the state-level. All regressions are weighted with weights provided in the DHS. *** Denotes significance at the 1% level, ** at the 5% level and * at the 10% level.