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Evidence from Mexico**

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January 2016

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ABSTRACT

Soda Taxes and the Prices of Sodas and Other Drinks: Evidence from Mexico*

To combat a growing obesity problem, Mexico imposed a nationwide tax on drinks with added sugar, popularly referred to as a “soda tax,” effective January 2014. Since the tax took effect nationwide, there is no conventional control group that can be used as a baseline to estimate how the tax affected prices. Instead, I make use of control commodities, that is, untaxed goods that are not substitutes for the taxed drinks. I analyze data from Mexico’s Consumer Price Index program, using the synthetic control method and a time-series intervention analysis. I employ a placebo inference approach, akin to permutation inference, in both cases. The estimates show that soda prices rose by more than the amount of the tax. There is less evidence that the prices of potential substitutes rose, possibly indicating that consumers did not switch to those products after the tax took effect. Some simple calculations suggest that the soda price increase could lead to a two- to four-pound reduction in mean weight. This in turn amounts to roughly 1.6 to 2.7 percent of mean body mass, which compares to weight reductions that analysts have argued would have meaningful health consequences in the U.S.

JEL Classification: H22, I10

Keywords: soda taxes, overshifting, obesity

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I. Introduction

Obesity is a major health problem. It is strongly linked to diabetes, heart disease, and other forms of chronic illness, which are leading causes of death in much of the world (Malnick & Knobler, 2006; World Health Organization, 2014). In the U.S., 69 percent of adults are overweight, meaning that their body mass index (the ratio of weight in kilograms to the square of height in meters) is over 25. Thirty-five percent are obese, meaning their BMI is over 30 (Ogden, Carroll, Kit, & Flegal, 2014). Olshansky et al. (2005) argue that recent obesity trends may reduce the life expectancy of future generations of Americans.

Obesity is also a pressing problem elsewhere. Over three-fifths of the world's obese individuals live in low- or middle-income countries (Ng et al., 2014). In Mexico, 73 percent of adults are overweight and 33 percent are obese (Gutierrez, Rivera, Shamah, Oropeza, & Avila, 2012). Analysts estimate that obesity-related disease accounted for 13 percent of Mexican health expenditures in 2008, and project that those costs will double by 2017 (Martinez, Lopez-Espinoza, & Lopez-Uriarte, 2015).

Obesity has been linked to sugar consumption, particularly to the consumption of sodas and other drinks with added sugar (Malik, Schulze, & Hu, 2006). Such beverages deliver many calories without simultaneously reducing appetite. Thus consumers who drink sugary beverages tend not to offset their calories by reducing their consumption of other food or drink (DiMaggio & Mattes, 2000).

The link between sugary drinks and obesity has led many governments to impose taxes on drinks with added sugar. The theory is simple: a tax should raise the price paid by

consumers, which in turn should reduce consumption. Beyond that, theory provides only guidelines about the amount by which prices should rise. In a competitive market, price should rise by no more than the tax. In monopoly markets, however, price may rise by less than the tax, by the amount of the tax, or even by more than the tax, depending on the shape of the demand curve. Models of intermediate market structure make a similarly broad range of predictions (Anderson, Palma, & Kreider, 2001; Delipalla & Keen, 1992; Hamilton, 2015; Stern, 1987). Since the health benefits of a soda tax depend strongly the extent to which the tax discourages consumption, it is important to quantify how the tax affects prices.

The health benefits of a soda tax also depend on consumers' substitution patterns. Reductions in soda consumption could have substantial effects on weight if consumers substitute toward low-calorie beverages such as water. If instead they substitute toward high-calorie beverages such as milk, weight may not fall much.

In this paper I analyze how Mexico's so-called soda tax has affected the prices of both taxed beverages and untaxed substitutes. The tax, which amounted to roughly nine percent of the mean pre-tax price of sodas, was imposed beginning January 2014. It covers not just sodas, but almost all drinks that contain added sugar. I estimate the effects of the tax on the price of such drinks by tracking the change in prices across 46 Mexican cities.

Figure 1 provides strongly suggestive evidence that the tax raised the price of sodas, an important class of taxable drinks. It plots the Mexican Consumer Price Index (CPI) for

sodas (*refrescos* in Spanish) by month for the period January 2010 to March 2015. Prices jumped sharply in January 2014, the month that the tax took effect.

I also analyze the prices of other drinks with added sugar, as well as the prices of potential substitutes that are not subject to the tax, such as diet sodas, bottled water, pure fruit juice, and milk. Basic economic theory predicts that if consumers substitute toward these products as the price of taxed drinks rises, and the supply curve of untaxed drinks is upward sloping, then the price of untaxed drinks should rise as well. Thus changes in the price of untaxed substitutes may provide indirect evidence on consumer substitution patterns.

A challenge for estimation is that the soda tax took effect at the same time nationwide. If other economy-wide factors were putting pressure on prices in early 2014, then the change in drink prices that I attribute to the tax may instead be the result of those other factors. I take two approaches to deal with this problem. The first is to utilize the synthetic control method of Abadie, Diamond, and Hainmueller (2010, hereafter ADH). This approach constructs a synthetic control product based on pre-tax data and estimates the effect of the tax from the post-tax difference between the soda price and the price of the synthetic control product. The synthetic control product is selected as a convex combination of a large number of untaxed comparison products so as to most closely track the pre-tax path of soda prices.

The second approach is based on intervention analysis, also known as interrupted time-series analysis, a technique first proposed by Box and Tiao (1975). This approach proceeds in two steps. One first estimates an ARIMA model to pre-tax data on soda

prices, then uses that model to estimate a simple transfer function allowing for a level shift in prices once the tax takes effect.

For both approaches, I use placebo methods, akin to permutation inference, to test hypotheses about the effect of the tax. ADH argue that this approach accounts for model uncertainty, that is, uncertainty about the adequacy of the underlying model to reflect the counterfactual. This may be more important than uncertainty related to sampling error when dealing with aggregate data such as national price indexes. Donald and Lang (2007) and Conley and Taber (2011) have also argued that standard asymptotic inference is not well suited to studies in which the number of sampling units subject to a policy intervention, such as a tax, is small.

The basic idea underlying the placebo inference approach is that the tax on drinks with added sugar should have no effect on the price of untaxed products that are not substitutes for the taxed drinks. I have price data for over 100 such products. I estimate placebo treatment effects for each of these comparison products, as if they too had become subject to tax at the beginning of 2014. I then use the distribution of these placebo treatment effects to construct confidence intervals for the effect of the tax on the taxable products.

In the case of the intervention analysis, the permutation-based approach can be compared to conventional large-sample inference. In several cases, the two approaches disagree. Confidence intervals based on asymptotic theory are overly optimistic compared to those based on the distribution of placebo treatment effects.

Finally, I provide some rough calculations designed to gauge the extent to which the soda tax may contribute to weight loss. These are based on existing estimates of the elasticity of demand for sodas in Mexico and standard formulas relating calorie intake to steady-state weight changes. Not surprisingly, a nine-percent tax on sodas is not enough to eliminate obesity. At the same time, the weight-loss calculations are comparable to amounts that have been argued to have meaningful effects on health.

In the next section of the paper, I provide more information about Mexico's soda tax and about previous studies on the links between soda taxes, soda prices, and consumption. In section III I discuss the data; Section IV takes up estimation and inference. Section V presents results, Section VI translates the estimated price effects into effects on consumption and weight, and Section VII concludes.

II. Background

A. Mexico's tax on drinks with added sugar and its soft-drink market

Mexico's tax on drinks with added sugar (DWAS) was passed in the fall of 2013 and took effect on January 1, 2014. It imposes a specific tax of 1 peso/liter on non-alcoholic drinks that include added sugar. Thus regular sodas, which contain sugar, are taxed, whereas artificially sweetened diet sodas are not. Likewise, juice and water drinks that contain added sugar are taxed, whereas pure fruit juices and water drinks that do not contain sugar are not. The one exception is for milk products, which are exempt even if they include added sugar. The nominal incidence of the tax falls on producers and importers, who remit monthly payments to Mexico's tax authority (Procuraduria de la Defensa del Contribuyente, 2013).

In 2013 the average liter price of soda was about 11.4 pesos, or \$0.86 US at the then-current exchange rate of 13.9 pesos/\$US. Thus the tax amounts to about 9 percent of the average pre-tax price of soda. In conjunction with the soda tax, the Mexican legislature passed an ad valorem junk-food tax of eight percent on calorie-dense foods, defined as non-essential foods with more than 275 kcal per 100 grams. I limit my attention here to the tax on drinks with added sugar.

Table 1 compares Mexico's soda tax with similar taxes elsewhere in the world. Panel A describes key features of soda taxes imposed by countries outside the U.S. Panel B lists sales tax rates in U.S. states for regular sodas sold in retail outlets such as grocery stores. Panel B is limited to states that tax sodas at a higher rate than other grocery products. With the exception of Illinois, these states impose no sales tax on food, so the tax on sodas represents the difference between sales taxes imposed on sodas and food. In international comparison, Mexico's tax is on the low side, similar to soda taxes in Australia and Finland. At the same time, however, Mexico's tax is higher in relative terms than that imposed by any US state.

B. Previous research on soda taxes and soda prices

Only a handful of studies have analyzed how soda taxes affect soda prices. The earliest may be Besley & Rosen (1998), who studied longitudinal data across cities to estimate how sales taxes affected the price of Coca Cola, among other products. They found evidence of overshifting, that is, evidence that the price rose by more than amount of the tax. Bergman & Hansen (2010) analyzed price data collected by Statistics Denmark to compute the Danish CPI. They studied soda tax increases that took effect in 1998 and

2001 and a tax cut that took effect in 2003. They found overshifting in response to the tax increases, but undershifting in response to the tax cut. Berardi, Sevestre, Tepaut, & Vigneron (2013) estimate the effects of the French soda tax imposed in January 2012 using data provided by an online firm that intermediates drive-through purchases by consumers from existing brick-and-mortar retail outlets. They report that, six months after the tax took effect, it had been fully passed through to soda prices. Taxes on other sugar-sweetened beverages were only partly passed through to consumers. Cawley and Frisvold (2015) report that Berkeley's soda tax had little effect on soda prices. Since consumers can avoid that tax simply by purchasing sodas outside the city limits, retailers may have limited ability to pass the tax through to consumers.

A related literature analyzes the relationship between soda prices or taxes, soda consumption, and in some cases, the consumption of potential substitute goods. Block, Chandra, McManus, & Willett (2010) experimentally manipulated soda prices in a large hospital and found that consumption fell 26 percent in response to a 35 percent price increase. Andreyeva, Long, & Brownell (2010) metaanalyzed 14 studies, published between 1938 and 2007, that estimated the own-price elasticity of demand for soft drinks in the US. They reported a mean elasticity of -0.79. Another metaanalysis, covering studies published between 2007 and 2012, estimated the own-price elasticity for sugar-sweetened sodas in the US to be -1.25 (Powell, Chriqui, Khan, Wada, & Chaloupka, 2013). Fletcher, Frisvold, & Tefft (2010) focused on youths and related consumption of soft drinks and other beverages to state-level taxes on sodas. They reported that higher taxes led to moderate reductions in soda consumption, but also to substitution toward whole milk. Ritter (2015) analyzed the effects of sharp reductions in soda prices that

resulted from the entry of a low-cost producer into the Peruvian market for sodas. She estimated the own-price elasticity of demand for sodas to be -1.3. She found no evidence that consumers substituted for juice, milk, or bottled water. Finally, Instituto Nacional de Salud Publica (2014) summarizes results from an unpublished study of the Mexican soda tax based on data from January to March 2014, that is, the first three months after the tax took effect. According to the summary, that study analyzed the effect of the tax on consumption based on data from a consumer panel and found that consumption of sodas fell by about 10 percent during the first quarter of 2014 relative to the first quarter of 2013. It also reported that consumption of untaxed beverages rose by about 7 percent during that same period, with consumption of plain water rising by 13 percent.

III. Data

A. Monthly product prices by city

The data I analyze are collected by Mexico's Consumer Price Index program. These price data are collected from retail outlets on an ongoing basis, following procedures spelled out by the ILO's Consumer Price Index Manual. Prices are obtained for 235,000 specific items each month from products in 283 product categories. Price data are collected in 46 different cities across the country (Instituto Nacional de Estadística y Geographica, 2013).

Each month, Mexico's National Institute for Statistics and Geography publishes the average price of each product in each city.¹ The products are specified in detail, including the brand, flavor (if relevant), container, and size of the package. Prices are

¹ The data are available at http://www.inegi.org.mx/sistemas/preciospromedio_inpc/ for the period January 2011 to the present.

generally quoted per standard unit, that is, per liter or per kilogram. Thus, for example, one record indicates that, in January 2015 in the greater Mexico City area, the average liter price of Coca Cola purchased in a six-pack of 12-ounce (355 ml) cans was 22.77 pesos. No information is provided about the number of observations underlying the published averages, nor about the variance of the underlying item prices.

B. Product categories

I use price data from the INPC product categories sodas, bottled water, juice, and milk.² Some of these categories consist of a mix of taxed and untaxed products. For example, the sodas category includes both regular and diet sodas, as well as a few bottled water products. The bottled water category contains mostly plain water, but also a few flavored water products that are sweetened with sugar. Likewise, the juice category includes both 100 percent juice products, which are untaxed, plus juice drinks, which are taxed because they contain added sugar.

In order to distinguish between taxed goods and untaxed substitutes, I created six product categories from the original four. These are regular sodas, other drinks with added sugar, diet sodas, bottled water, milk, and pure juice. Regular sodas consist of sugar-sweetened carbonated beverages. Other drinks with added sugar consist of juice drinks and flavored water products that are sweetened with sugar. Diet sodas consist of artificially sweetened carbonated beverages. Bottled water consists of plain water products plus flavored water products that are not sweetened with sugar. Milk contains all milk products and pure juice contains all juices that do not contain added sugar.

² These correspond to the categories *refrescos envasados*, *agua embotellada*, *jugos o néctares envasados*, and *leche pasteurizada y fresca*.

To determine the sugar content of the various products, I relied partly on naming conventions and also conducted a combination of automated and manual searches of several Mexican online shopping sites that provide product ingredient lists.³ These searches identified the sugar content of various products with varying degrees of certainty. Some naming conventions revealed the sugar content of the product with certainty, such as the word “diet” in a product name. Likewise, the great majority of products could be identified with certainty online. However, I inferred some products’ sugar content from that of a closely related product with the same brand name. For a few products, I was unable to find any information. I exclude this last group of products from the analysis.

C. Descriptive statistics

I used the price data to construct price indexes for each of the six product categories for the period January 2011 to June 2015. I then used the monthly Mexican CPI for all products to convert nominal to real values, setting the base period to December 2013. Table 1 reports means of these real price indexes for the periods before and after the soda tax took effect.

Before the tax was imposed, the mean real price index for regular sodas was 100.6 with relatively little variation. It jumped by about 13 percent after the tax was imposed. Real prices of other drinks changed little after the tax. This may indicate that there was little substitution between regular sodas and untaxed drinks such as diet sodas, pure water, milk, and pure juices. However, one would have expected the prices of other drinks with added sugar (DWAS) to rise, since those drinks were also subject to the tax. Further

³ These sites include www.walmart.com.mx, www.superama.com.mx, and www.tudespensa.com/supermercado.

inspection showed that the nominal prices of those other DWAS indeed rose after the tax took effect. However, the nominal prices of those drinks had been roughly constant during the pre-tax period, meaning that they were falling in real terms. Thus despite the price increase at the time the tax was imposed, mean real prices in the pre-tax period were higher on average than mean real prices post-tax. This suggests that it is important to take pre-tax price trajectories into account in estimating the effect of the tax.

IV. Estimation and inference

I employ two estimation methods that deal differently with pre-tax prices. I discuss the synthetic control method and the intervention analysis in turn.

A. Synthetic control method

As discussed in the introduction, the soda tax was imposed nationwide all at the same time. This means there is no comparison group of untaxed markets, for example, that could be compared to taxed markets in order to identify the effect of the tax. However, there are many untaxed products that are neither substitutes nor complements for drinks with added sugar. Thus I estimate the effects of the tax by comparing the prices of taxed goods and potential substitutes, which I refer to collectively as treatment products, to the prices of untaxed comparison products.

In principle, one could assign each treatment product to a single comparison product. This would raise questions as to how the comparison product should be chosen. Instead, I adapt the approach of ADH and construct a synthetic control product as a convex combination of comparison products. The comparison goods consist of all untaxed non-durables whose prices are available from the Mexican Consumer Price Index system and

which are not potential substitutes for taxed drinks. This includes roughly 120 products, mostly food, beverage, and clothing items.⁴ The synthetic control is that convex combination of comparison goods whose pre-tax price most closely tracks that of the treatment product.

To be more precise, let the number of time periods be $T = T_B + T_A$, where there are T_B periods before the tax is imposed and T_A periods afterwards. Denote the number of comparison products by J . Let $Y_1 = \begin{bmatrix} Y_{1B} \\ Y_{1A} \end{bmatrix}$ denote the $T \times 1$ vector of prices for one of the treatment goods, where Y_{1B} is the $T_B \times 1$ vector of pre-tax prices and Y_{1A} is the $T_A \times 1$ vector of post-tax prices. Likewise, let $Y_0 = \begin{bmatrix} Y_{0B} \\ Y_{0A} \end{bmatrix}$ be the $T \times J$ matrix of prices of the comparison goods, where Y_{0B} is the $T_B \times J$ matrix of pre-tax prices and Y_{0A} is the $T_A \times J$ matrix of post-tax prices. Let W be a $J \times 1$ vector of weights. The synthetic comparison product is chosen by selecting the elements of W to solve

$$\min (Y_{1B} - Y_{0B}W)'V(Y_{1B} - Y_{0B}W) \quad (1)$$

subject to the constraints that the elements of W all be non-negative and sum to one. The matrix V is diagonal and non-negative and may place more weight on some observations than others. The estimated treatment effect, that is, the effect of the tax, is given by

$$\widehat{\Delta} = \frac{1}{T_A} \sum_{t=T_B+1}^T (Y_{1At} - Y_{1At}^*) \quad , \text{ where } Y_{1At} \text{ is a typical element of } Y_{1A}, Y_{1At}^* \text{ is a typical}$$

element of $Y_{1A}^* = Y_{0A}W^*$, and W^* is the solution to (1).

⁴ A list of these goods appears in Appendix Table 1. In principle one would want to exclude complements as well as substitutes. None of the goods in Appendix Table 1 is an obvious complement to taxed drinks.

This can be viewed as a special case of ADH's original model. They envision a set-up where there are treatment and comparison units of observation, such as states, and where the quadratic form in (1) would involve not only pre-treatment values of comparison-unit outcomes Y_{0B} , but also other variables that predict the outcome in the treatment unit. Lacking such variables, I restrict attention to pre-tax prices of the comparison goods. I also impose $V=I$, which treats all pre-tax time periods similarly.⁵ Thus the synthetic comparison good is chosen so as to minimize the sum of squared differences over the pre-tax period between the treatment-good price and the price of the synthetic control good. Figure 2 plots the price trajectory of the synthetic control good along with the real price index for regular sodas.⁶ Prices of the synthetic comparison good track soda prices closely prior to the imposition of the tax.

ADH propose using placebo methods, akin to permutation inference, to assess significance. Their argument is that, with aggregate data, relatively little of the uncertainty about the estimated treatment effect stems from sampling error. In contrast, there is considerable model uncertainty, that is, uncertainty about the adequacy of the estimated model to reproduce the counterfactual post-treatment outcomes that would have been observed in the absence of treatment.

The intuition underlying placebo inference is straightforward. The large jump in soda prices in Figure 1 might lead one to believe that the tax increased soda prices. However, that belief would be undermined if the prices of randomly chosen untaxed goods rose similarly at the same time. Conversely, one's belief that the tax increased soda prices

⁵ The estimates reported below were not sensitive to this restriction.

⁶ The weights used to construct the synthetic comparison product from the untaxed comparison products appear in Appendix Table 2.

would be reinforced if the observed change in post-tax soda prices were a sufficiently extreme event compared to contemporaneous changes in the prices of untaxed goods.

To formalize this idea, ADH propose estimating placebo treatment effects for every unit in the comparison sample. For each comparison product, I estimate the placebo treatment effect by treating the product as if it became subject to tax in January 2014, and shifting the treatment product to the comparison group. The density of the placebo treatment effects is displayed with dark bars in Figure 3.

ADH had a small number of comparisons, and so reported the percentile of their estimated treatment effect within the distribution of placebo treatment effects. With a large number of comparison products, I compute confidence intervals, which facilitate the comparison of precision across estimators. To do so, denote the empirical CDF of placebo treatment effects by F and let F_p denote its p th percentile. For some hypothesized value of the treatment effect Δ_0 , confidence intervals can be derived from the expression

$$P(F_{\alpha/2} \leq \widehat{\Delta} - \Delta_0 \leq F_{1-\alpha/2}) = 1 - \alpha$$

where α is the desired confidence level.⁷

B. Intervention analysis

The idea underlying intervention analysis is to specify a time series model that adequately describes the evolution of pre-treatment outcomes, then to use that model in

⁷ With more than 100 comparison products that no ties among the estimated placebo treatment effects, $F_{\alpha/2}$ and $F_{1-\alpha/2}$ can be computed uniquely for $\alpha = .10$, which I report below.

estimating the effect of treatment via a transfer function. Letting Y_{1t} denote the price of the treatment good at date t , I estimate an ARIMA model of the form

$$(1 - \phi(L))(1 - L)^d Y_{1t} = (1 - \theta(L))\varepsilon_t \quad t=1, \dots, T_B,$$

where L is the lag operator such that $L^d Y_t = Y_{t-d}$. The autoregressive term $\phi(L)$ is a p th-order polynomial in the lag operator, that is, $\phi(L) = 1 - \rho_1 L - \dots - \rho_p L^p$. The moving-average term $\theta(L)$ is a q th-order polynomial in the lag operator, that is, $\theta(L) = 1 - \theta_1 L - \dots - \theta_q L^q$. The disturbance term ε_t is assumed to be i.i.d. I select p , d , and q so as to minimize Bayes' Information Criterion (BIC).⁸

Predicted values from the model estimated from pre-tax soda prices are shown in Figure 2.⁹ The ARIMA model fits soda prices well over the pre-tax estimation period. Its post-tax predictions are somewhat higher than those from the synthetic control model, but still well below actual post-tax prices.

Once the ARIMA parameters p , d , and q have been established based on the pre-tax data, they are used to estimate the effect of treatment via a transfer function of the form

$$Y_{1t} = \beta_0 + \beta_1 D_t + \frac{(1 - \theta(L))}{(1 - \phi(L))(1 - L)^d} \varepsilon_t \quad t=1, \dots, T \quad (2)$$

where D_t is a dummy variable equal to zero before the intervention and equal to one beginning January 2014. The term β_0 is a constant, which may equal zero, and β_1 gives the effect of treatment, assuming that the effect takes the form of a level shift in Y_{1t} . The

⁸ Models were selected by means of the `auto.arima()` function of R. Results were similar when I followed the approach of Box and Jenkins (1970).

⁹ The selected values of p , d , and q , and the estimated coefficients themselves, appear in Appendix Table 2.

level-shift assumption seems warranted here by the behavior of soda prices in Figures 1 and 2.

The parameters of equation (2) are estimated by maximum likelihood, assuming ε_t to be normally distributed. This allows for conventional asymptotic inference based on the estimated covariance matrix of the coefficients. Since I have only 36 pre-tax observations and 18 post-tax observations, one might question whether asymptotic inference procedures are appropriate. Furthermore, the conventional approach to inference does not account for model uncertainty. Although minimizing the BIC provides an objective approach to model building, there may nevertheless be other models that provide a reasonable fit to the data, yet yield different estimates of the effects of the tax. Under such circumstances, it seems desirable to account for model uncertainty in assessing the precision of the estimated treatment effects.

To do so I apply placebo inference to the intervention analysis. The intuition here is exactly the same as above: the more extreme is the estimated treatment effect in comparison to the placebo treatment effects, the greater confidence one has that the tax raised the price of the taxed good. To estimate the distribution of placebo treatment effects, I proceed for the comparison goods as for the treatment goods: I first find the ARIMA model that minimizes the BIC over the pre-tax period, then use that model to estimate the placebo treatment effect of the tax via the transfer function (2). The density of the estimated placebo treatment effects is displayed with hollow bars in Figure 3. Denoting the corresponding CDF by G with p th percentile G_p , I construct confidence intervals for a hypothesized value of the treatment effect β_{10} from the expression

$$P(G_{\alpha/2} \leq \widehat{\beta}_1 - \beta_{10} \leq G_{1-\alpha/2}) = 1 - \alpha.$$

IV. Results

A. Main results

Table 3 presents estimates of the effect of the tax on the real prices of the treatment goods. The estimates in the first column are $\widehat{\Delta}$ from the synthetic cohort approach. The estimates in the second column are maximum likelihood estimates of β_1 from equation (2). Because the price indexes all equal 100 in December 2013, the estimates can be interpreted as the proportionate change in price due the tax, relative to the price in the last month before the tax took effect.

The first row presents estimates for the price of regular sodas. The estimates from the synthetic control method and the intervention analysis are fairly close. The former indicates that soda prices rose 14.09 percent in response to the tax, whereas the latter shows that the tax raised soda prices by 12.33 percent. The placebo confidence intervals in parentheses correspond to the null hypothesis that the true effect of the tax equals zero and a 90 percent confidence level. Neither confidence interval includes zero, indicating that both estimates are significant at the 10 percent level.¹⁰

The confidence interval in column (1) is wider than that in column (2), suggesting that the synthetic control method is subject to greater uncertainty than the intervention analysis. This idea is confirmed in Figure 3, which plots the frequency distributions of the placebo treatment effects obtained by each method. The density from the intervention

¹⁰ Both estimates were at the 97th percentile of their placebo treatment effect distributions.

analysis has much more mass around zero, and less mass in the tails, than the density from the synthetic control method.¹¹

One potential explanation for this is that the synthetic control method generally involves more estimated parameters than the intervention analysis. Another explanation may be more intuitive. Both methods estimate the placebo treatment effect at least heuristically as the difference between the actual post-tax price and the forecasted post-tax price, where the forecast is based on pre-tax data. The synthetic control product is chosen to match the price of the (placebo) treatment product, whereas the pre-tax ARIMA model used in the intervention analysis is designed to capture the dynamics of the price series. The ARIMA method may have an advantage in forecasting, which results in placebo treatment effects consistently closer to zero for products not subject to tax.

For the intervention analysis, 90 percent confidence intervals based on standard asymptotic theory appear in brackets below the placebo confidence interval. The standard confidence interval is much narrower than its placebo counterpart. However, the standard asymptotics do not account for model uncertainty. Judging from the relative widths of the two confidence intervals, model uncertainty seems to be a large component of the overall uncertainty surrounding the estimated effect of the tax.

Moving beyond significance levels, both the synthetic control and the intervention analysis estimates indicate that prices rose by more than the amount of the tax, which was one peso/liter. Relative to the 2013 average price of 11.4 pesos, the synthetic control estimate of the price change due to the tax is 1.61 pesos, whereas the intervention

¹¹ To construct Figure 3, I deleted one synthetic-control placebo effect with a value of 35.17 in order to make the differences between the densities more apparent. However, I included it in the calculation of the confidence interval.

analysis estimate is 1.41 pesos. Such overshifting of the tax is inconsistent with competitive models of market behavior, but may arise in models of imperfect competition, as mentioned above. Considering that Coca-Cola has roughly a 70 percent share of Mexico's soda market, and PepsiCo accounts for another 15 percent (Smolinski & Yuk, 2013), overshifting may not seem so surprising.

The next estimates in Table 3 show the effect of the tax on other drinks with added sugar. Both estimates are positive, but the intervention analysis estimate is about four times larger than the synthetic control estimate. Neither estimate is significant based on the placebo confidence intervals.

Both estimates of the effect of the tax on diet sodas are similar. Both are positive, consistent with consumers' substituting from regular toward artificially sweetened sodas. However, neither estimate is significant based on the placebo confidence intervals. There is no evidence that the tax had much effect on the prices of either pure water or milk, as shown in the next two lines of the Table.

The final set of estimates pertains to pure fruit juices. Both estimates are positive, but the estimate based on intervention analysis is 10 times larger than the estimate based on the synthetic control method. Neither estimate is significant based on the placebo inference procedure. The intervention analysis estimate is significant based on standard asymptotics, but that approach fails to account for model uncertainty.

Before proceeding, it is worthwhile to summarize the evidence and make note of some limitations. Whereas the analysis shows clearly that the tax raised soda prices, it shows little if any effect on the other taxed drinks. One might have expected a smaller rise there

than for sodas, since the market for sweetened drinks other than sodas is less concentrated than the market for sodas (Euromonitor 2015). Nonetheless, economic theory generally predicts that taxes should raise prices, irrespective of market structure.

The puzzle only deepens when one looks in more detail at the estimate from the intervention analysis. Although this estimate is fairly large, it comes from an ARIMA (0, 1, 0) model (see Appendix Table 2), meaning that the estimate is based on the change in price between two months, December 2013 and January 2014. Recall from above that the price of other drinks with added sugar jumped as the tax was imposed, but then fell in real terms thereafter. This suggests that the intervention analysis probably overstates the effect of the tax on these drinks.

This case highlights a potential weakness of intervention analysis: depending on the model that provides the best pre-intervention fit, it can actually exacerbate an existing small-numbers problem. At the same time, this example underscores the importance of adopting an approach to inference that is not reliant on conventional asymptotic theory.

As for the other drinks in Table 3, there is little evidence that the tax raised prices, which one would have expected if consumers had switched from the taxed drinks to untaxed substitutes. Indeed, three of the eight estimates are negative rather than positive. The largest positive estimate, for pure juices from the intervention analysis, is again based on an ARIMA (0, 1, 0) model and thus the change in price between December 2013 and January 2014. On the whole, the estimates suggest either that consumers did not substitute toward untaxed drinks, or that the supply curve for those products is flat.

B. Robustness

I address three issues here that bear on the robustness of the estimates. The first involves the level of certainty with which I was able to assess the sugar content of some products, particularly those in the other DWAS, pure water, and pure juice categories. As mentioned above, I excluded from the estimation sample all products about whose sugar content I could find no information. I also experimented with dropping products whose sugar content was gleaned indirectly from similar products. This had no material effect on the results.

Second, some Mexican consumers may be able to circumvent the tax by crossing the border and purchasing drinks in the United States. To check against this possibility, I reestimated the models above after dropping cities near the border from the sample. This likewise had little effect on the results.

Finally, I reestimated synthetic control models after dropping the clothing items from the set of comparison products. ADH argue that restricting attention to comparison units that share characteristics with the treatment units may help reduce bias. Although beverages, food, and clothing are all non-durable goods, one could take the view that clothing is different from the other two because it is typically purchased less frequently. I therefore reestimated the treatment effects and the distributions of the placebo treatment effects after dropping the clothing items from the comparison goods. This had very little effect on the treatment effects and none on inference. For symmetry, I also recomputed the confidence intervals for the treatment effects from the intervention analysis after

dropping the placebo treatment effects for the clothing items. This likewise had no effect on significance levels.

V. From prices to pounds

In this section I provide a rough estimate of how the price changes estimated above may affect consumption and ultimately weight. To estimate the consumption change, I use data on pre-tax consumption levels and existing estimates of Mexico's demand elasticity for sodas. To estimate steady-state weight changes that stem from the estimated consumption change, I use the Harris-Benedict formula.

According to the market research firm Euromonitor (2015), Mexicans consumed 139.4 liters of soda per person in 2013. Recent estimates of the demand elasticity for sodas in Mexico fall in a range between -1 and -1.3 (Valero 2006; Barquera, et al 2008; Cahuana et al 2012; Castro-Carrillo, et al 2014). I calculate estimated consumption changes based on both of these elasticities and on both estimates from above of the effect of the tax on soda prices. The results appear as the top entries in each cell of Table 4. They show that the soda tax could lead to a decrease in consumption of somewhere between 16.7 and 25.4 liters per person per year.

To calculate the mean weight change resulting from that reduction, I use the Harris-Benedict formula. That formula first calculates the basal metabolic rate, or BMR, also known as resting energy expenditure, which is the daily caloric expenditure of the human body at rest. This expression can be written as

$$\text{BMR} = \alpha + \delta W,$$

where W is weight; the constant term α is a function of age, height, and sex; and the weight coefficient δ is a function of sex. Roza and Shizgal (1984) report that $\delta=13.4$ for men and $\delta=9.3$ for women.¹²

To determine actual energy expenditure, BMR is multiplied by an activity factor γ . For persons with a sedentary lifestyle, $\gamma =1.2$. For persons with a moderately active lifestyle, $\gamma =1.5$ (Douglas et al 2007).

In steady state, energy intake I equals energy expenditure. This yields the steady-state relationship between daily calorie intake and weight

$$I = \gamma (\alpha + \delta W),$$

from which the steady-state change in weight ΔW owing to a change in calorie intake ΔI is $\Delta W = \Delta I/(\gamma\delta)$.

To calculate the weight change resulting from the consumption changes in Table 4, I assume that each liter of soda contains 400 calories and choose the moderate activity factor $\gamma =1.5$. If the Mexican population is actually more sedentary, on average, weight loss would be greater than what I calculate; if it is more active, then weight loss would be less. I also assume that half the Mexican population is male and half female. Finally, I further assume that calorie reductions due to decreases in soda consumption are not offset by increases in calories from other sources. This may be justified by the evidence in Table 3, which showed no significant evidence of substitution between regular sodas and other caloric drinks. However, if some of those calorie reductions are offset, then weight loss would be less than my calculations suggest.

¹² The corresponding values from the original Harris and Benedict (1919) study were 13.8 and 9.6.

The steady-state weight loss calculations appear as the bottom entries in each cell of Table 4. With a 12-percent increase in soda prices and a demand elasticity of -1, mean steady-state weight loss is 2.5 pounds. At the other end of the spectrum, with a 14 percent price increase and a demand elasticity of -1.3, steady-state weight loss is 3.7 pounds.

Is weight loss of this magnitude meaningful? It is clearly insufficient to eliminate obesity or overweight. However, Wang et al (2007) and Levi et al. (2012), using U.S. data, suggest that a reduction in mean BMI on the order of 1 to 5 percent may be sufficient to generate meaningful improvements in health. Mexico is not the US, but the similarity of weight distributions in the two countries might lead one to expect that a similar reduction in mean BMI in Mexico could have important effects on health there.

Calculations based on data from Mexico's National Health and Nutrition Survey show that mean adult BMI would fall by 1 percent if every Mexican adult were to lose about 1.6 pounds. Thus the weight loss calculations in Table 4 range from 1.6 to 2.7 percent of mean BMI. Subject to the caveats discussed above, weight loss due to the soda tax could result in weight loss within the range of 1 to 5 percent of mean BMI.

V. Summary and conclusions

Obesity and its consequences represent a pressing public health problem. To staunch the rise in obesity, Mexico imposed a tax, effective January 2014, on drinks that contain added sugar, commonly referred to as a soda tax. Several other countries have imposed similar taxes, and they are currently under discussion in countries as diverse as Colombia and the United Kingdom.

Analyzing the effect of the tax on prices is complicated by the fact that Mexico's tax was imposed nationwide all at once. This means there is no conventional control group that one could use as a baseline for estimating the effect of the tax. Instead, I make use of control commodities, that is, untaxed comparison goods that are not substitutes for the taxed products.

I take two approaches to estimation, one based on the synthetic control method and the other based on intervention analysis. In both cases I employ placebo methods for inference. Comparing the placebo approach to conventional inference methods (in the case of the intervention analysis) suggests that much of the imprecision in the estimates stems not from conventional sampling error, but from model uncertainty. The intervention analysis also seems to yield somewhat more precise estimates than the synthetic control method.

Both sets of estimates show that soda prices rose by more than the amount of the tax. Such overshifting has also been found in other studies of soda taxes and is consistent with the considerable level of concentration found in Mexico's soda market. At the same time, the price of other taxed drinks rose little if at all. There is little evidence that the price of untaxed drinks rose, which could have happened if consumers had substituted away from sodas and toward those drinks.

Under some assumptions, one can predict how population weight should respond to the price increase for sodas. Those calculations show that mean weight among adults could fall by roughly two to four pounds. At first glance this seems small. However, recent research suggests that reducing mean BMI by 1 to 5 percent could have meaningful

effects on health. The predicted weight reductions stemming from the soda tax are within that range.

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Figure 1
National price index for sodas

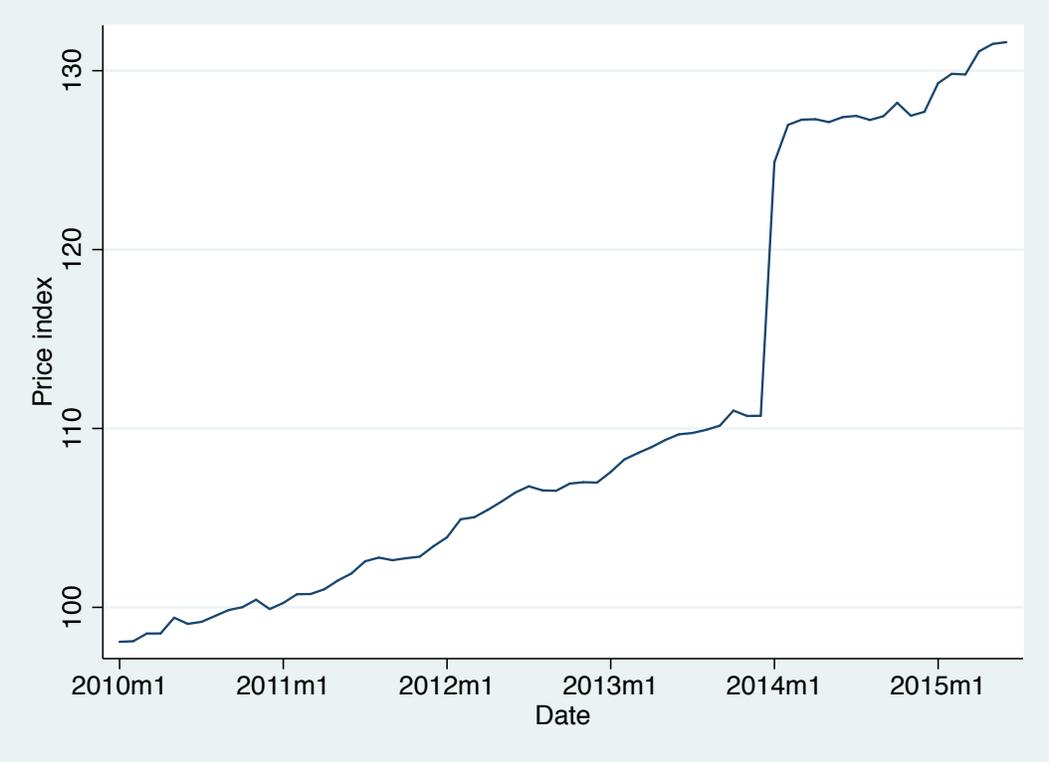


Figure 2
Real price index for sodas, actual and predicted

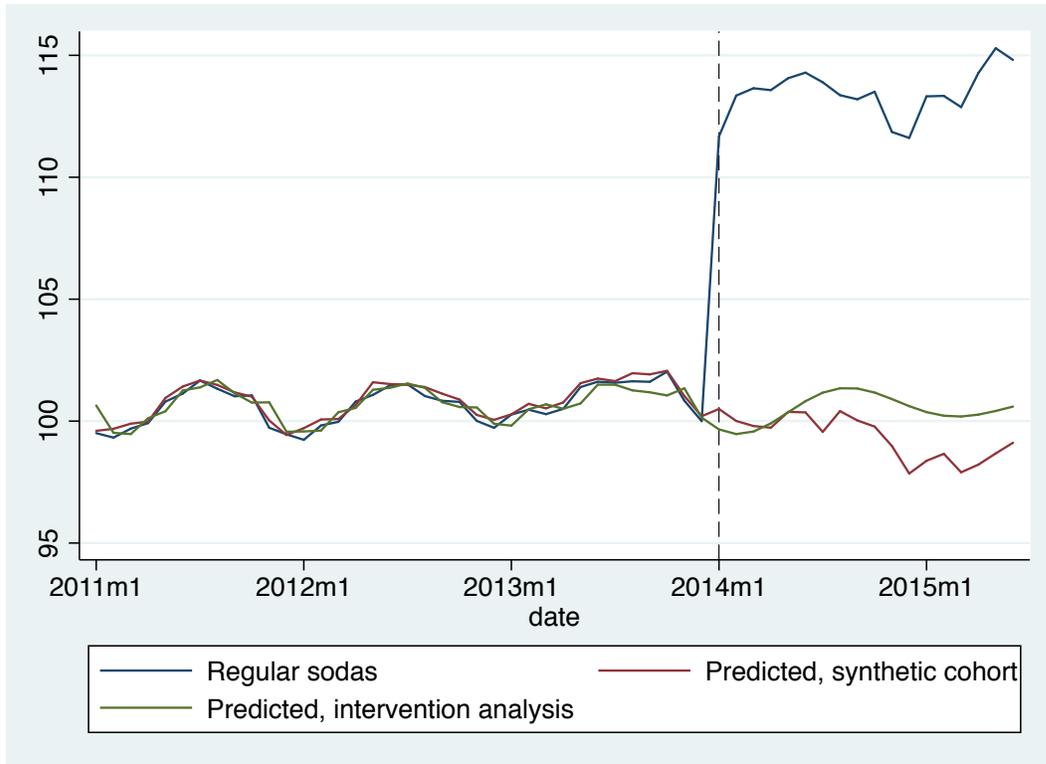
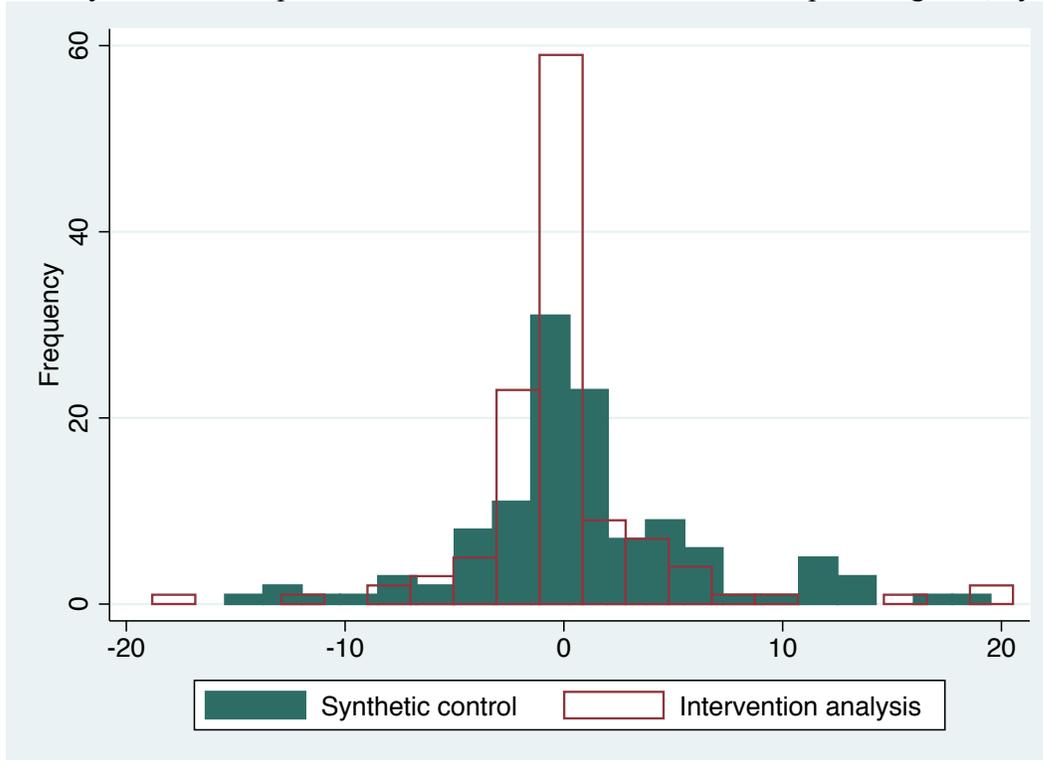


Figure 3
Density of estimated placebo effects of the tax on untaxed comparison goods, by method



Note: A synthetic control estimate for one product, equal to 35.17, was dropped in order to enhance the visual comparison between the two densities.

Table 1: Soda taxes by country and US state

Panel A: Countries outside the US

Country	Year	Tax in % or \$US
Norway	1981	VAT 25% + production tax at 0.23 \$US/liter
Samoa	1984	0.18 \$US/liter
Denmark	1998	0.17 \$US/liter
Denmark	2001	0.28 \$US/liter
Denmark	2003	0.19 \$US/liter
Australia	2000	10%
French Polynesia	2002	0.42 \$US/liter (local) or 0.63 \$US/liter (imported)
Fiji	2006	5% import excise tax
Nauru	2007	30% on imported products
Finland	2011	0.09 \$US/liter
France	2012	0.90 \$US/liter
Mexico	2014	0.072 \$US/liter

Panel B: US states that tax sodas at higher rates than other grocery items

State	Sales tax on regular soda sold at retail (%), 2014
California	6.50
Colorado	2.91
Connecticut	6.35
District of Columbia	5.75
Florida	6.00
Illinois	6.25
Indiana	7.00
Iowa	6.00
Kentucky	6.00
Maine	5.50
Maryland	6.00
Minnesota	6.88
New Jersey	7.00
New York	4.00
North Carolina	4.75
North Dakota	5.00
Ohio	5.75
Pennsylvania	6.00
Rhode Island	7.00
Texas	6.25
Washington	6.50
West Virginia	6.00
Wisconsin	5.00

Notes: Panel A is drawn from Mytton, Clarke, & Rayner (2012), Thow et al. (2011), Gustavsen and Rickertsen (2011) and Bergman and Hansen (2010). Local currency values in the original sources have been converted to \$US using 2014 exchange rates. Panel B is from Bridging the Gap (2014).

Table 2

Mean real price indexes for taxed and substitute drinks, before and after imposition of the tax on drinks with added sugar

Product	Pre-tax	Post-tax
Regular sodas	100.6 (0.8)	113.4 (1.0)
Other drinks with added sugar	104.7 (3.1)	102.2 (1.4)
Diet sodas	98.2 (1.3)	102.8 (1.4)
Pure water	104.0 (2.3)	100.8 (1.1)
Milk	100.0 (1.5)	99.7 (0.5)
Pure juices	104.1 (2.9)	101.4 (2.7)

Note: All real price indexes equal 100 in December 2013. Numbers in parentheses are standard deviations.

Table 3

Estimated effects of the tax on the price indexes of taxed and substitute goods

Product	Synthetic control method	Intervention analysis
Regular sodas	14.09 (1.64, 21.77)	12.33 (5.97, 17.64) [11.51, 13.15]
Other drinks with added sugar	1.22 (-11.23, 8.90)	5.31 (-1.05, 10.63) [3.25, 7.37]
Diet sodas	2.12 (-10.32, 9.80)	1.72 (-4.64, 7.03) [0.24, 3.20]
Pure water	-0.30 (-12.75, 7.39)	-0.03 (-6.39, 5.28) [-1.48, 1.42]
Milk	0.64 (-11.81, 8.32)	-0.98 (-7.34, 4.33) [-1.59, -0.37]
Pure juices	0.43 (-11.93, 8.11)	4.63 (-1.73, 9.94) [0.95, 8.31]

Notes: All real price indexes equal 100 in December 2013. Figures in parentheses are 90 percent confidence intervals based on the distribution of placebo treatment effects. Confidence intervals in brackets (intervention analysis only) are based on standard asymptotic theory.

Table 4

Estimated reductions in regular soda consumption and weight under different assumptions about the effect of the tax on price and the elasticity of demand for sodas

Demand elasticity	Increase in price due to tax (%)	
	12	14
-1	16.7	19.5
	2.5	2.9
-1.3	21.7	25.4
	3.2	3.7

Note: Top figure in each cell gives the reduction in annual consumption in liters per capita. Bottom figure gives steady-state weight reduction in pounds.

Appendix Table A1: List of comparison products and their weights in the synthetic control good for each treatment product

Comparison product	Regular sodas	Other DWAS	Diet sodas	Pure water	Milk	Pure juice
Corn tortilla	0	0	0	0	0	0
Corn dough and flour	0.065	0	0.027	0	0.03	0
Corn	0	0	0	0	0	0
White bread	0	0	0	0	0	0
Sliced bread	0	0	0	0	0	0
Pasta soup	0	0	0	0	0	0
Wheat flour tortillas	0	0	0.113	0.011	0.169	0
Wheat flour	0.029	0	0	0.023	0	0
Rice	0	0	0	0	0	0
Chicken	0	0	0	0	0	0.037
Pork	0	0.204	0	0.139	0	0
Beef	0	0	0	0	0	0
Beef offal	0	0	0	0	0	0.059
Sausage	0	0	0	0	0	0
Ham	0	0	0	0	0	0
Sausages	0	0	0	0	0	0
Other dried meats and sausages	0	0	0	0	0	0
Bacon	0	0	0	0	0	0
Fish	0	0	0	0	0	0
Shrimp	0.006	0	0.055	0	0.066	0
Other seafood	0	0	0	0	0	0
Canned tuna and sardine	0	0	0.037	0	0.175	0
Other seafood	0.041	0	0	0	0	0
Milk powder	0	0	0.065	0	0	0
Yogurt	0	0	0	0.105	0	0
Fresh cheese	0	0	0	0	0	0
Other cheeses	0	0	0	0	0	0
Asadero or Queso Oaxaca	0	0	0	0	0	0
Cream	0.009	0.052	0	0	0	0
Manchego cheese or Chihuahua	0.046	0	0	0	0	0
Butter	0	0	0	0	0	0
Yellow cheese	0.002	0	0	0.161	0.151	0.125
Egg	0	0	0	0	0	0
Eat vegetable oils and fats	0	0	0	0	0	0
Apple	0	0.036	0	0	0	0.159
Bananas	0	0.011	0.012	0	0	0.033
Avocado	0.006	0.032	0.018	0.018	0.001	0.014
Other Fruits	0	0	0	0.022	0	0
Papaya	0	0	0	0	0	0
Orange	0	0	0	0	0	0
Lemon	0	0.01	0	0.001	0	0
Cantaloupe	0.004	0.005	0	0.002	0	0.047
Grape	0	0.02	0	0	0.01	0.038

Pear	0	0	0	0.021	0	0
Guava	0	0.03	0	0	0	0.11
Peach	0.004	0	0	0	0	0
Watermelon	0	0	0.004	0	0.008	0.002
Pineapple	0.001	0	0	0	0	0
Tomato	0	0.015	0.003	0	0.003	0
Potatoes and other tubers	0	0	0.016	0	0	0.04
Onion	0.006	0	0	0	0.005	0
Other vegetables	0.022	0	0	0	0.023	0.198
Other fresh chilies	0	0	0	0	0	0
Green tomato	0	0	0	0	0	0
Lettuce and cabbage	0.011	0	0	0	0	0
Zucchini	0	0	0	0	0	0
Carrot	0	0.055	0	0.041	0.017	0
Serrano chile	0	0	0	0	0	0
Nopales	0	0.002	0.027	0.007	0	0.014
Squash	0	0	0	0	0	0
Poblano chile	0	0	0.028	0	0	0.044
Cucumber	0.001	0	0	0	0.002	0
Green beans	0	0	0	0	0	0
Pea	0.002	0	0	0	0.012	0
Bean	0	0.007	0	0	0	0
Other pulses	0	0	0	0	0	0
Dried chili	0	0	0	0.086	0.07	0
Canned vegetables	0	0.481	0	0.31	0	0
Other preserved fruits	0	0	0	0	0	0
Fruits and vegetables prepared	0.003	0	0	0	0	0
Instant soups and mashed	0	0	0.13	0	0	0
Sugar	0	0.039	0	0.053	0	0.08
Soluble coffee	0.102	0	0	0	0	0
Roasted coffee	0	0	0	0	0	0
Mayonnaise and mustard	0	0	0	0	0	0
Chicken and salt concentrates	0.031	0	0	0	0	0
Other seasonings	0	0	0	0	0	0
Powdered gelatin	0	0	0	0	0.089	0
Other foods cooked	0.024	0	0	0	0	0
Roasted chicken	0.006	0	0	0	0	0
Barbecue or rubbish	0	0	0	0	0	0
Pizzas	0	0	0.014	0	0	0
Carnitas	0	0	0	0	0	0
Tequila	0.041	0	0	0	0	0
Brandy	0	0	0	0	0	0
Table wine	0.004	0	0	0	0.02	0
Other spirits	0.011	0	0	0	0	0
Rum	0.368	0	0	0	0	0
Cigarettes	0.053	0	0.316	0	0.147	0
Shirts	0	0	0	0	0	0
Mens Underwear	0	0	0	0	0	0

Socks	0	0	0	0	0	0
Mens Pants	0	0	0	0	0	0
Clothing	0	0	0	0	0	0
Other men's clothing	0	0	0	0	0	0
Women blouses and shirts	0	0	0	0	0	0
Underwear for women	0	0	0	0	0	0
Stockings and pantyhose	0.104	0	0	0	0	0
Womens Pants	0	0	0	0	0	0
Dresses and skirts for women	0	0	0	0	0	0
Other Apparel for women	0	0	0	0	0	0
Trousers for children	0	0	0	0	0	0
Shirts and t-shirts for children	0	0	0	0	0	0
Underwear for infants	0	0	0	0	0	0
Socks and stockings	0	0	0.028	0	0	0
Baby clothes	0	0	0	0	0	0
Shirts Baby	0	0	0.108	0	0	0
Outerwear	0	0	0	0	0	0
School Uniforms	0	0	0	0	0	0
Tennis shoes	0	0	0	0	0	0
Shoes for children	0	0	0	0	0	0
Womens Shoes	0	0	0	0	0	0
Mens Shoes	0	0	0	0	0	0
Plastic shoes	0	0	0	0	0	0
Other expenses footwear	0	0	0	0	0	0
Dry Cleaning	0	0	0	0	0	0
Laundry service	0	0	0	0	0	0

Appendix Table 2
 ARIMA models and estimated parameters from pre-tax data

Product	Model	Parameters			lnL
		AR(1)	AR(2)	MA(1)	
Regular sodas	(2,0,1)	1.656 (0.091)	-0.888 (0.080)	-0.728 (0.131)	-17.86
Other drinks with added sugar	(0,1,0)				-57.69
Diet sodas	(0,1,1)			0.386 (0.184)	-36.05
Pure water	(0,1,0)				-45.24
Milk	(0,1,1)			0.411 (0.163)	-21.33
Pure juices	(0,1,0)				-78.15